

Young Living Essential Oils Desk Reference Guide

The Essential Oils Desk Reference
Essential Oils Desk Reference 7th Edition
Essential Oils
Essential Oils Desk Reference 3rd Edition
Essential Oils Desk Reference 6th Edition
Essential Oils Desk Reference Convention Edition
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Melissa Johnson
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an extraordinary definitive work on the therapeutic value of essential oils a book that raises the knowledge and understanding of essential oils to an entirely new level

this book describes essential oils and gives their therapeutic use

this book will provide a comprehensive reference guide listing the ten most useful and readily available essential oils the methods to use them their applications in healing the properties of each oil and the carrier oils which combine with them to promote health ease the mind clean the home care for pets protect against pets and reduce the chemical imprint on the planet page 4 of cover

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this book explores the properties benefits and uses of essential oils the author discusses the sources of essential oils and gives insight into the reasons why these oils are fast acting and the best natural method of quickly alleviating the discomfort associated with certain medical disorders the book also gives a list of everyday oils and outlines the various health benefits to be derived from the use of these oils and the ways in which these oils can be used as an alternative other methods of treating minor illnesses based on extensive research and experience the author makes recommendations on matters such as the best types and brands of essential oils and how these oils can be purchased

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