

Wide Neighborhoods

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the fourth edition of dr james rippe s classic lifestyle medicine textbook continues to lead and inform the rapidly growing field of lifestyle medicine this is the discipline that focuses on the impact of daily habits and actions on both short and long term health and quality of life the first edition of this comprehensive work named the field of lifestyle medicine in the academic medical literature the fourth edition continues to span and expand the field and offers extensive evidence based literature in virtually every aspect of lifestyle medicine this textbook edited by

cardiologist dr james rippe who is a leading lifestyle medicine researcher represents the combined wisdom and recommendations of over 325 experts in virtually every aspect of lifestyle medicine chapter authors have been chosen because of their background as leaders in various aspects of lifestyle medicine lifestyle medicine fourth edition contains extensive sections on the treatment and prevention of coronary heart disease stroke cancer diabetes obesity substance abuse dementia and many other clinical conditions key lifestyle modalities such as physical activity nutrition weight management sleep stress reduction and positive connections with other humans are supported by detailed discussion and state of the art evidence the expanded section on behavioral medicine provides an important framework for these discussions every chapter has been completely revised and many new topics added such as lifestyle medicine for nursing psychiatry and preventive neurology the fourth edition of this classic text continues to serve as the leading comprehensive textbook in lifestyle medicine the original has been called the indispensable bible of lifestyle medicine and the fourth edition of this work continues to justify this designation there is no longer any serious doubt that daily habits and actions have a significant impact on multiple aspects of health the fourth edition of lifestyle medicine provides the scientific evidence to support this assertion and will serve as an invaluable reference and guide not only to lifestyle medicine practitioners but to all primary care physicians subspecialty physicians nurses and other healthcare practitioners

public health practice in australia offers a thorough introduction to what public health practitioners do and the effort involved in improving the health of the public this second edition has been fully revised and updated in line with current policies and practice it highlights common threads that underlie seemingly disparate activities ideas and entities that comprise the organised effort of public health practice the emphasis is on securing and maintaining the conditions in society that enable people to live healthy and fulfilling lives the authors examine the impact of historical social economic environmental and political factors on the health of individuals communities and populations taking an applied multidisciplinary approach they outline the strategies and tools that public health practitioners use to improve health outcomes identifying infrastructure needs in the workforce public and private sector organisations and in regulation gathering analysing and using health data applying interventions in health policy provision of health services and health promotion public health practice in australia draws on current international and australian research and the interwoven case studies make the theories and concepts come alive it is a valuable resource for students and professionals across the health sciences including public health medicine environmental health health promotion health information management and health administration the book is impressive in the completeness clarity and consistency of the material covered and for the way in which many of the theoretical issues are related to current practice an extremely useful and valuable reference for both students and practitioners alike thomas tenkate environmental health

the key aims of early childhood education and care ecec are to offer children from all social backgrounds a good start in their lives to support parenting as well as families workforce participation and thereby to sustainably strengthen the national economy over current and future generations high quality ecec has been shown to improve child outcomes and be a buffer against developmental risk factors for these reasons governments ecec providers and researchers are placing an increasing focus on the frameworks and systems that underpin quality as well as the measures that assess quality at the same time however research on ecec as a multidisciplinary endeavor has shown that the aims and benefits of high quality ecec can only be reached when all stakeholders needs are acknowledged and sufficiently met for example recent evidence suggests that the acceptability and social validity of quality assessment and improvement methods are contested among some stakeholders and thus the sustainability of these quality efforts may be in doubt new challenges also include the ever changing nature and circumstances affecting ecec stakeholders for example the greater flows of refugee families and the impact of the covid 19 pandemic this frontiers research topic will contribute to an updated knowledge base in order to inform governments providers and the scientific community about best practices and new solutions for conceptualizing measuring and improving ecec quality the aim of the proposed research topic is to generate a worldwide kaleidoscope of research studies that explore and discuss models for gathering the perspectives of multiple stakeholders and considering the meaningfulness of stakeholder views for conceptualizing assessing and improving quality in ecec we believe that greater attention needs to be given to the diversity of stakeholders who are invested in ecec including government regulatory authorities service providers educators families communities and children we also believe that wide ranging stakeholder input will generate innovative methods for assessing and improving quality that keep pace with our rapidly changing information society two further foci are set on ecec practices 1 that support participation diversity and inclusion of all children and families and 2 that are suitable for developing countries and diverse populations within countries in this the focus is not only on best practices but also on the limitations of practices in soliciting research articles on ecec stakeholder perspectives we describe stakeholders as inclusive of government non government regulatory agencies service providers teachers and caregivers families communities and children themes of interest include but are not limited to assessment of quality in ecec including self assessment approaches the design of and use of quality frameworks in ecec effects of quality and of quality improvement on children and families drivers and indicators of quality improvement acceptance and sustainability of quality efforts among ecec stakeholders policy expectations of quality rating and improvement systems e g funding policy the role of teacher and caregiver professionalization all types of center based and home based ecec we are interested both in quantitative and qualitative research designs as well as in mixed methods research cross sectional longitudinal quasi experimental and case study designs are welcome the following article types are welcome original research empirical studies systematic reviews community case studies policy briefs articles and brief research reports

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