What Your Doctor May Not Tell You Tm Premen

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fibroid tumors are the leading reason why more than 500 000 american women have hysterectomies each year

human papilloma virus hpv is a sexually transmitted disease that is known as the silent killer because its symptoms are so ambiguous most people don t know they have it this book will raise awareness of this disease as well as other abnormal smear tests and provide much needed information and support

from a doctor who has pioneered in women s health an alternative to hrt for managing menopause symptoms christiane northrup md author of the wisdom of menopause arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do dr john lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause including osteoporosis and weight gain

from established trusted doctors comes another groundbreaking what your doctor may not tell you book on parkinson s disease a debilitating neurological disorder that affects over one million people in the u s parkinson s patients can now choose from a variety of increasingly effective treatments including new drugs revolutionary surgical techniques and cutting edge alternative treatments such as intravenous glutathione therapy the book covers not only the pros and cons of prescription drug and surgical treatments for parkinson s but discusses the latest alternative therapies including herbal treatments traditional chinese medicine ayurvedic medicine diet exercise mind body approaches like tai chi and energy work with special sections focusing on how patients can deal with persistent problems such as fatigue depression and balance problems and unique chapters that specifically address the interests of the growing number of both caregivers and young onset parkinson s patients this book is a must for anyone looking to alleviate the disabilities caused by this devastating illness

every year 350 000 men are diagnosed with prostate cancer with more and more treatments available to tackle the disease choosing the one that s right for you can be a daunting task now dr glenn j bubley an expert oncologist with twenty five years of experience in conventional and experimental prostate cancer therapies offers the latest information on the disease and the full range of therapeutic options available he explains the pioneering techniques and medications being tested in today s clinical trials including herbs and nutritional supplements so that you can weigh all the choices and make informed decisions about your health discover what the prostate is how it works and what can go wrong natural herbal and nutritional supplements that may improve prostate health new diagnostic tests and the limitations of standard psa screening the pros and cons of traditional surgery radiation and chemotherapy and how to assess promising new treatments experimental drugs and vaccines that may slow or even stop the spread of prostate cancer how to choose the right doctor and the best treatment plan for you

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