

Weiman Occupational Stress Scale

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A Comparative Study of Occupational Stress in African American and White University Faculty
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Occupational Stress and Job Satisfaction Among African American Mental Health Professionals
Occupational Stress Inventory
The Scale of Occupational Stress
Intervention in Occupational Stress
Occupational Stress
Occupational Stress
Occupational Stress in Police Work
Occupational Stress and Productivity
Occupational Stress and Alcohol Consumption - Self Report Versus Observational Data in San Francisco Bus Drivers
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Pakistan Journal of Psychology
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scale of occupational stress a further analysis of the impact of demographic factors and type of job

this volume is a detailed comparative examination of occupational stress among african american and white faculty at predominantly white institutions it is an empirical analysis of an empirical issue the demise of a significant number of african american junior faculty who are unable to make it through the tough tenure and promotion reviews as the survey shows many in fact leave the area of instruction for administration early in their careers

this research involved an epidemiological survey of 17 000 randomly selected people from the bristol electoral register a follow up survey 12 months later and detailed investigation of a cohort from the original sample the results revealed that approximately 20 of the sample reported that they had very high or extremely high levels of stress at work this effect was reliable over time related to potentially stressful working conditions and associated with impaired physical and mental health

an excellent introduction readers of this journal looking for a brief but comprehensive introduction to the field of stress management will find this book to be more than adequate for this purpose perhaps the book s greatest strength is the way it has managed to combine insights and research from both occupational psychology and clinical psychology to tackle workplace stress cary cooper would surely be pleased with the authors efforts at what he has termed clinical occupational psychology the international journal of social psychiatry this practical guide focuses on the intervention strategies which can be employed by counsellors to help individuals suffering from emotional and physiological stress

this book presents a unique theoretical and practical overview of the issues relating to stress and burnout among healthcare professionals occupational stress offers guidance and advice on many subjects including the maintenance of a healthy workforce

this volume contains the proceedings of a conference on occupational stress a subject of increasing concern the psychological causes and problems of occupational stress are examined situations leading to feelings of insecurity and inadequacy along with role incongruity are seen as stress producers recent niosh psychological stress research is reviewed these studies include stress related disease and mental health incidence rates by occupation mass psychogenic contagion reaction in industry and the relationship of machine pacing and stress a study of the health consequences of shiftwork found no evidence that shiftworkers suffered from severe health problems however shiftwork might be related to decreased psychological well being the personality profile of individuals prone to develop heart disease is discussed physicians must learn to recognize this type a behavior pattern ongoing stress management programs one in an aerospace company one in a hospital are described biofeedback as one successful approach to stress reduction is described and discussed the preceding presentations are reviewed and implications for further study and action are set forth stressors specific to the individual work situation should be identified the interaction

between job stressors and other life stressors must be considered particularly for working women physicians must be sensitized to signs of stress and managers must be made aware of their impact on the feelings of employees this report was submitted in fulfillment of agreement no 78 0647 by the institute of industrial relations university of california los angeles under the partial sponsorship of the national institute for occupational safety and health

of interest to occupational health psychologists industrial hygienists ergonomists as well as to labor and management inter alia the occupational stress index can also be integrated with objective measurements and expert observer assessment of job characteristics in particular the osi could detect areas for which in depth observational analysis is needed especially with a view to possibilities for practical improvements in the work environment

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