

Vital Judo Throwing Techniques

what do you think are the pros and cons of judo that stand out
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judo along with mma has the highest level of competition of any combat sport and has the most participating countries in international competition asymmetry

sep 6 2019 237 votes 18 comments true it's important to get the basics fundamentals and principles of judo single words techniques are good to learn a language at the beginning but you have to

jun 27 2023 sport judo largest club in the area most bodies and talent on the mat the place to be for hard fighting rounds or if you want to jump into competition asap might be hard for total

dec 24 2022 the international judo federation destroyed judo and i will tell you why
judo during its foundation in the late 1800s was a complete grappling art it was basically
submission

r/judo is a reddit for judoka and spectators to submit anything about judo

judo is judo regardless what rules you want to put in each sensei will have different takui waza and alternate ways of doing the same throws different setups grips

a question out of curiosity to judo practitioners what made you guys choose judo over bjj was it the overall culture and environment or was it just an overall passion for the art share add a comment

aug 14 2022 judo throws poster i made a poster containing all the judo throws for each belt just as a reference guide printed it out to a1 for my wall

r judo is a reddit for judoka and spectators to submit anything about judo

traditional judo schools that teach more classical judo would tend to have a deeper depth of newaza while keeping good tachi waza but the money and most of the people are in the olympic sport

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