

The Y's Way To A Healthy Back

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chuck hines enjoyed a 40 year career with the ymca during which he was a strong advocate of the olympic sport of water polo he was a three time all america player and he coached teams at three ymcas that won national championships his teams all started out at the beginning level in small pools and with insufficient equipment and fought their way to the top this book is the story of those teams and their rags to riches achievements the author has written two instructional texts on water polo and has served as chairman of national committees for the amateur athletic union american swimming coaches association and ymca of the usa he was an officer of the u s olympic water polo committee for the games of 1972 which found the american men bringing home the bronze medal his ymca girls team won the gold medal at the junior olympics and competed at the world womens water polo club championships in 1977 in recent years he has been a historian for the sport writing numerous articles for the ymcas national magazine and the water polo planet web site now retired and a member of the western north carolina sports hall of fame mr hines and his wife lee and family members reside in asheville north carolina

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