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leaders will learn the key to effectively engaging employees focus on happiness but not all types of happiness drive engagement by selecting specific strategies that activate employees inherent motivation for certain types of happiness you can simultaneously boost engagement and organizational performance everybody wins in put happiness to work karpinski draws on his deep experience at the intersection of business and psychology to lay out a step by step program that includes specific activities to enhance engagement and generate happiness at work utilizing existing work habits and meetings these dynamic yet simple tools will hardwire effective changes into leaders and employees behavior creating long term sustainable engagement based on more than 10 years of experience applying top positive psychology and neuroscience research in the workplace karpinski s strategies are easy to implement and are critical to helping leaders unlock the kind of engagement organizations need to thrive

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