

The Other 23 Hours

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among other revolutionary developments of today's world is the so called knowledge explosion so much is being written so fast about so many things that it is becoming well nigh ir retrievable one consequently can never be sure that he knows what there is to know about many kinds of phenomena or types of problems existing in the modern world due to the chance that something exists in written form that simply cannot be found so bulky is the load of literature the common idea that only the sick child and never the well needs special emotional supports and helps from the adult is simply an error for the well child is not immune from pile ups of severe emotional intensity when overwhelmed by confusion and conflicts from within certainly the normal kid can be expected to handle such crises either from within or without better than his sick peer on the average but that does not mean always and the critical issue for the well child is is he ready at the time they hit if not he needs quite unmistakably emotional first aid from the adult parent teacher camp counsellor or what have you who is in charge of his life at that moment the reader will find that what the authors describe in the other 23 hours as the everyday requirement diet as far as child handling is concerned for their disturbed children is transferable to the normal crises of normal childhood

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in this seminal resource dr kiaras gharabaghi identifies an underlying absence of unifying theory and practice in canada's child and youth residential care and treatment services by drawing on organizational examples from across canada gharabaghi exposes how the historical dynamics of mediocrity and complacency have led to inadequate standards and practices within the system more assuredly this resource exposes readers to alternative ways of re imagining a system that is designed from a space of care healing and growth that promotes autonomy for all young people this well timed resource offers the child and youth services community a positive constructive and revolutionary framework for residential care and treatment that is fundamentally based on a partnership between caregivers and young people their families neighbourhoods and communities dr gharabaghi's sophisticated and provocative analysis of the system's key issues is an essential resource for students practitioners and educators in the field of child and youth care and in the human services more broadly

in this highly regarded work whittaker forcefully advocates the need for residential treatment as part of a larger continuum of treatment and explores the context of the setting itself as a dynamic therapeutic factor now available in paperback this book remains among the most notable attempts in the field to utilize an ecological perspective

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abstract a comprehensive reference text for college nutrition students dietitians clinical nutritionists and other health professionals presents detailed authoritative colorfully illustrated material on a variety of practical areas involving interactions between nutrition and health topics addressed by the 25 text chapters include nutrition health interaction concepts diet planning guides the characteristics and requirements of each of the major nutrietn classes nutritional needs at different life stages nutrient digestion absorption and in vivo transport weight control food safety nutritional assessment and care strategies hospital dietetics nutritional and drug therapy nutritional intervention in stress due to surgery infection and burns nutritional interactions with system and organ disorders gastrointestinal tract liver exocrine pancreas gallbladder heart and blood vessels kidneys and nutritional care of cancer patients ancillary data and information including food composition data rda s biochemical pathways supplements and enteral formulas are presented in 12 appendices

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