

The Healer Ost

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new age music healers have claimed their music can cure cancer and stimulate flowers in music the new age elixir lisa summer a director of music therapy confronts these groundless claims head on revealing the vacuous reasoning behind new age music healing her critique is hard hitting but humorous debunking current fads while enlightening readers to the real power of music illustrated

the person who knows the mystery of sound knows the mystery of the universe throughout human history music has been a healer of physical emotional and spiritual ills it connects us to our past and guides us as we face the future music expands human consciousness and provides a safe ground when we feel alienated and lost in music keynote of the human spirit psychotherapist and musician ruth skaggs builds a powerful case for these statements not only from historical and scientific perspectives but also from her observations as a therapist who integrates music into her private practice the author gives concrete examples of how music can expand our consciousness provide oracular guidance heal those who are physically ill or experiencing painful emotional problems fulfill the longing for spiritual awakening and ease the dying process while the book's subject matter is profound it is written in prose that is accessible to the lay reader

includes music

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