

The Downside Of Nutrition

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the founder of symptometry dr maxwell nartey dhm nhd is a therapeutic scientist specializing in targeting health symptoms underlying causes symptometry then uses non evasive scientifically supported remedies to eliminate health disruptors at the cellular level this book is an insightful science based review of the foods we value also it sounds a note of caution about health repercussions to those who are not careful in selecting the foods they eat and the beverages they consume certainly it is a priceless treasure for every person who wants to take a proactive role in maintaining health

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