

The Willie Lynch Letter And The Making Of A Slave

The Willie Lynch Letter And The Making Of A Slave The Willie Lynch Letter and the Making of a Slave The Willie Lynch letter has long been a controversial and highly debated document in discussions about slavery, racial oppression, and the legacy of systemic racism. Often referred to as a blueprint for psychological control and manipulation, the letter allegedly outlines methods used to enslave African Americans through psychological means rather than physical force alone. While the authenticity of the letter itself remains a topic of debate among historians, its themes and ideas have profoundly influenced perceptions of how slavery was maintained and how its enduring effects continue to shape society today. Understanding the concepts behind the Willie Lynch letter and the making of a slave is essential for grasping the psychological strategies used to oppress and divide, and how these tactics persist in modern contexts.

The Origins and Content of the Willie Lynch Letter

Historical Background and Authenticity - The Willie Lynch letter supposedly dates back to 1712, claiming to be a speech given by a British slave owner named Willie Lynch during a symposium in Virginia. - The letter was said to describe methods for controlling enslaved Africans through psychological tactics, ensuring long-term submission and division. - Many historians question the authenticity of the letter, arguing it first appeared in the 20th century as a piece of folklore or propaganda rather than a genuine historical document. - Despite doubts about its origins, the letter's themes have resonated deeply within communities discussing racial oppression and psychological control.

Main Ideas in the Willie Lynch Letter

- The letter emphasizes controlling slaves through psychological manipulation, fostering distrust among slaves, and dividing them based on age, gender, and skin color. - Lynch advocates for creating chaos and confusion among enslaved populations to prevent unity and rebellion. - Techniques include exploiting differences in skin tone, promoting favoritism, and encouraging the internalization of inferiority. - The overarching goal is to produce a docile, compliant slave population that is easier to control over generations.

The Psychological Strategies in the Making of a Slave

1 Divide and Conquer - Lynch suggests splitting the enslaved population into small groups based on skin color, age, and gender, and encouraging rivalry among them. - Light-skinned slaves are given preferential treatment to sow resentment among darker-skinned individuals. - This division reduces chances for collective resistance and fosters internal conflict.

2 Fear and Punishment - The use of harsh punishments and the threat of violence serve to instill constant fear. - Enforced discipline ensures compliance and discourages rebellion. - The psychological impact of fear often leaves lasting scars beyond physical punishment.

3 Breaking the Spirit - The process involves stripping away cultural identity, language, and traditions. - Enslaved individuals are made to feel inferior, powerless, and dependent on their oppressors. - This internalized inferiority makes it easier to control their thoughts and actions.

4 Control of Family Structures - The disruption of family units is a key tactic. - Enslavers often separated families or discouraged kinship bonds to prevent collective resistance. - The destruction of familial ties further isolates individuals,

making them more compliant. Impact of the Willie Lynch Tactics on Society Generational Trauma and Internalized Oppression - The psychological damage inflicted through these tactics has been passed down through generations. - Many African Americans inherited a sense of inferiority, mistrust, and internal conflict rooted in historical trauma. - Understanding this legacy is crucial to addressing ongoing disparities and social divisions. Division Within the Black Community - The tactics of division have fostered intra-community rivalries and mistrust. - Colorism, favoritism, and stereotypes continue to influence social dynamics. - Recognizing these influences can help in healing and building solidarity. Systemic Racism and Its Roots - The methods described in the Willie Lynch narrative embody systemic practices designed to dehumanize and control. - Modern systemic racism, including disparities in education, employment, and justice, can be traced back to the psychological foundations laid during slavery. - Acknowledging this history is vital for reform and social justice efforts. Debunking Myths and Recognizing Reality The Authenticity Debate - Despite its widespread mention, most historians agree that the actual Willie Lynch letter is a forgery or a myth. - It first appeared in the 20th century, with no concrete evidence linking it to the 18th century. - Whether authentic or not, the letter's themes accurately reflect the psychological strategies used historically and continue to influence societal structures. The Power of Narrative and Symbolism - The letter serves as a powerful symbol of psychological warfare and systemic oppression. - Its themes highlight the importance of understanding mental and emotional manipulation in maintaining social hierarchies. - Recognizing the symbolic power of the letter helps in addressing underlying issues of racial division. Moving Forward: Healing and Education Awareness and Education - Educating communities about the historical tactics of psychological control can foster resilience. - Understanding the roots of division enables efforts to promote unity and healing. - Schools and organizations should incorporate accurate history and discussions on systemic racism. Building Unity and Empowerment - Challenging internalized beliefs of inferiority through empowerment initiatives is essential. - Promoting cultural pride, historical awareness, and community solidarity can counteract divisive tactics. - Grassroots movements and dialogues can help heal wounds inflicted by generations of psychological manipulation. Addressing Systemic Issues - Recognizing the legacy of psychological control helps inform policies aimed at reducing disparities. - Reform efforts in education, justice, and economic opportunity are crucial steps toward racial equity. - Continued research and community engagement are vital for progress. Conclusion The Willie Lynch letter, whether fully authentic or not, encapsulates a set of psychological tactics used historically to control and divide enslaved Africans. Its themes of manipulation, division, and psychological warfare shed light on the enduring impacts of systemic racism and internalized oppression. By understanding these tactics, society can better address the roots of racial divisions, promote healing, and work toward a more equitable future. Recognizing the importance of psychological resilience, education, and unity is essential in overcoming the lasting legacy of the making of a slave. Through awareness and collective effort, communities can challenge the divisions sown centuries ago and foster a future rooted in respect, understanding, and empowerment. Question Answer What is the Willie Lynch Letter and what claims does it make about controlling slaves? The Willie Lynch Letter is an alleged speech from 1712 attributed to a British slave owner named Willie Lynch, claiming to outline methods for controlling enslaved Africans through psychological manipulation, division, and fear. However, most historians agree that the letter is a hoax and a myth, not a genuine historical document. How has the Willie Lynch Letter influenced modern discussions on race and systemic oppression? The letter

has been used in discussions to illustrate perceived long-term psychological impacts of slavery and to highlight systemic divisions within Black communities. Despite its questionable authenticity, it serves as a symbol for some narratives about inherited trauma and social control. Is there historical evidence supporting the existence of the Willie Lynch Letter? No credible historical evidence supports the existence of the Willie Lynch Letter. It first appeared in the late 20th century and is widely regarded by scholars as a fabricated story designed to perpetuate myths about slavery. What are the main criticisms of the claims made in the Willie Lynch Letter? Critics argue that the letter is a racial myth that oversimplifies the complexities of slavery and racial oppression. It promotes conspiracy theories about deliberate psychological control without historical foundation, thereby undermining genuine understanding of slavery's brutal realities. How can understanding the myths around the Willie Lynch Letter help in addressing contemporary racial issues? Recognizing the Willie Lynch Letter as a myth helps prevent the spread of false narratives that may distort the history of slavery and racial dynamics. It encourages a focus on verified historical facts and promotes constructive dialogue about systemic racism and healing. The Willie Lynch Letter and the Making of a Slave: An Investigative Analysis The phrase "Willie Lynch Letter" has become a powerful and controversial symbol within discussions The Willie Lynch Letter And The Making Of A Slave 5 of African American history, systemic oppression, and the psychological mechanisms of control. Allegedly penned by a British slave owner named Willie Lynch in 1712, the letter purports to outline a method for controlling enslaved Africans through psychological manipulation, division, and systematic subjugation. While its authenticity remains heavily debated among historians, its narrative has profoundly influenced perceptions of slavery's psychological legacies and continues to shape conversations about racial oppression today. This investigative article aims to thoroughly examine the origins, content, and impact of the Willie Lynch narrative, scrutinize its historical veracity, and contextualize its significance within the broader history of slavery and racial control mechanisms. --- Origins and Background of the Willie Lynch Letter The Emergence of the Narrative The Willie Lynch letter first surfaced in the late 20th century, notably gaining prominence through oral histories, books, and online forums. It is widely circulated on the internet, often cited in discussions about systemic racism and psychological warfare. The letter is purportedly a speech by Willie Lynch, a British slave owner who addresses fellow planters on the banks of the James River in Virginia, offering a "secret" method to control enslaved Africans for generations. However, there is no verified historical record of Willie Lynch as a real person or of this letter existing in the 18th or 19th centuries. The earliest known versions of the letter date to the 20th century, particularly emerging in the 1970s and 1980s. Critics argue that it is a fabricated or heavily stylized document, perhaps created as a rhetorical device to illustrate the brutal psychological tactics employed during slavery. Historical Context and Analysis The narrative's timing coincides with a period of increased interest in African American history, civil rights, and the legacy of slavery. It aligns with broader themes of systemic psychological control and social engineering. The story resonates with the documented brutalities of slavery, such as physical confinement, forced labor, and family separation, but emphasizes manipulation tactics aimed at internalized racial divisions. Historically, the transatlantic slave trade and plantation economy involved various strategies to dehumanize and control enslaved populations. These included physical violence, legal restrictions, family separation, and cultural suppression. While psychological manipulation was undoubtedly a component, the specific "methods" attributed to Willie Lynch lack direct historical evidence. --- The Willie Lynch Letter And The Making Of A Slave 6

Content and Key Themes of the Willie Lynch Letter Summary of the Letter The letter describes a supposed speech by Willie Lynch on the banks of the James River, where he claims to have devised a system to ensure lifelong obedience among enslaved Africans. The core principles include: - Divide and Conquer: Exploiting existing divisions among enslaved people based on age, gender, skin color, and perceived loyalty. - Instilling Fear and Confusion: Using violence and unpredictable punishments to break spirits. - Manipulation of Family Structures: Separating families and discouraging familial bonds to weaken resistance. - Psychological Conditioning: Creating distrust among enslaved individuals, leading to internalized self-hatred and submission. Lynch emphasizes that these tactics are meant to "break the will" of the enslaved and maintain control for generations. Major Tactics and Psychological Strategies The letter outlines several methods, purportedly designed to create long-lasting divisions and dependence: 1. Color Hierarchy: Encouraging lighter-skinned enslaved people to feel superior to darker-skinned individuals, fostering intra-racial division. 2. Gender Roles: Pitting men and women against each other, undermining family cohesion. 3. Discipline and Punishment: Using inconsistent discipline to keep enslaved persons in a state of confusion and fear. 4. Control of Education and Culture: Suppressing cultural expression and knowledge to prevent rebellion or uprising. 5. Divide by Age: Keeping younger individuals more compliant by modeling obedience and discouraging older, resistant figures. Lynch's purported goal is to create a system where enslaved Africans internalize their subjugation, leading to a self-reinforcing cycle of oppression. --- Historical Validity and Scholarly Debate Authenticity and Evidence Most reputable historians agree that there is no credible evidence supporting the existence of Willie Lynch or the letter in historical archives, libraries, or documented slave narratives from the 18th or 19th centuries. The earliest known publication of the letter appears in the late 20th century, often attributed to anonymous sources or self-published works. Some scholars suggest that the letter is a modern myth, a fabricated document intended to dramatize or symbolize the psychological cruelty inherent in slavery. Its detailed tactics, while reflective of brutal realities, are considered by many as an oversimplification or misrepresentation of the complex mechanisms of racial control. The Willie Lynch Letter And The Making Of A Slave 7 Impact on Cultural Memory and Racial Discourse Despite questions about its authenticity, the Willie Lynch narrative has become ingrained in cultural discourse. Its themes resonate with ongoing discussions about racial trauma, systemic oppression, and the psychological scars of slavery. Many see it as a metaphor for how systemic racism perpetuates division and internalized self-hatred within marginalized communities. Some critics argue that focusing on the letter as a factual document risks perpetuating myths or erasing the real, documented histories of enslaved people's resistance, resilience, and agency. --- The Psychological Legacy of the Making of a Slave Intergenerational Trauma and Internalized Oppression The core ideas attributed to Willie Lynch—division, fear, and internalized self-hatred—align with contemporary understandings of intergenerational trauma among descendants of enslaved Africans. The psychological tactics purportedly described in the letter mirror actual practices that aimed to break spirits and suppress cultural identity. Research indicates that slavery's psychological impact persists through generations, manifesting as: - Low self-esteem - Distrust within communities - Internalized racism - Resistance to empowerment initiatives While not directly derived from Lynch's alleged methods, these patterns demonstrate how systemic oppression can embed itself deeply within communal consciousness. Modern Manifestations and Resistance The legacy of psychological control is evident in various forms of systemic racism, including disparities in

education, employment, healthcare, and criminal justice. Recognizing the mechanisms of control—whether real or mythologized—helps illuminate ongoing struggles for racial justice. Resistance efforts, community healing, and cultural reaffirmation represent countermeasures against these psychological scars. Movements like Black Lives Matter, reparations debates, and cultural renaissance are part of a collective effort to break free from the lingering effects of systemic manipulation.

--- Critical Perspectives and Ethical Considerations The Myth Versus the Reality Critics emphasize that the Willie Lynch letter may serve more as a symbolic or pedagogical tool than a factual historical document. Its use in academic or community settings must be carefully contextualized to avoid misconceptions or the propagation of myths. Some argue that uncritical acceptance of the letter's existence can reinforce The Willie Lynch Letter And The Making Of A Slave 8 narratives of victimization that overlook the agency and resistance of enslaved peoples. It is important to acknowledge the brutal realities of slavery alongside the resilience and rebellion of enslaved Africans. Ethical Responsibility in Representation Educators, scholars, and community leaders bear the responsibility of presenting this narrative with nuance. While acknowledging the psychological tactics used to control enslaved populations, it is equally vital to honor the documented histories of resistance, leadership, and cultural preservation. Misrepresenting or overstating the influence of such tactics risks perpetuating stereotypes or fostering a sense of helplessness among marginalized communities.

--- Conclusion: The Legacy and Lessons of the Willie Lynch Narrative The story of the Willie Lynch letter, whether rooted in fact or myth, encapsulates enduring themes of psychological manipulation, systemic control, and racial division. Its emergence in modern discourse underscores the importance of understanding both the overt and covert mechanisms of oppression that have shaped history and continue to influence contemporary society. While the authenticity of the letter remains disputed, its symbolic power lies in highlighting the importance of psychological resilience, community solidarity, and the ongoing struggle to dismantle systemic barriers rooted in historical trauma. Recognizing the distinction between myth and documented history is crucial for responsible scholarship and community healing. Ultimately, the narrative serves as a reminder that the making of a slave involved not only physical brutality but also a complex web of psychological strategies aimed at dehumanization. Acknowledging and addressing these legacies is essential for fostering genuine liberation and racial equity in the present and future.

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--- Final Thoughts: Understanding the origins and implications of the Willie Lynch narrative offers insight into the ways myths can shape collective memory and influence social consciousness. Whether Willie Lynch, slavery, brainwashing, psychological control, racial division, black history, oppression, racial hierarchy, colonialism, mental conditioning

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the willie lynch letter purports to be a verbatim account of a short speech given by a slave owner in which he tells other slave masters that he has discovered the secret to controlling black slaves by setting them against one another the document has been in print since at least 1970 but first gained widespread notice in the 1990s when it appeared on the internet since then it has often been promoted as an authentic account of slavery during the 18th century though its inaccuracies and anachronisms have led historians to conclude that it is a hoax

the willie lynch letter and the making of a slave is a speech delivered by willie lynch to an audience on the bank of the james river in virginia in 1712 regarding control of slaves within the colony the speaker william lynch is said to have been a slave owner in the west indies and was summoned to virginia in 1712 in part due to several slave revolts in the area prior to his visit and more so because of his reputation of being an authoritarian and strict slave master the willie lynch letter is an account of a short speech given by willie lynch in which he tells other slave owners that he has discovered the secret to controlling enslaved africans by setting them against one another

the willie lynch speech is an address purportedly delivered by a certain william lynch or willie lynch to an audience on the bank of the james river in virginia in 1712 regarding control of slaves within the colony the making of a slave is attributed to f douglass historian lattoya c williams shows why she thinks both are hoaxes indicating diverse elements to support her claim

the willie lynch letter and the making of a slave by willie lynch

this historic work contains two books in one the first is the willie lynch letter the making of a slave from a speech delivered by willie lynch on the bank of the james river in the colony of virginia in 1712 lynch a british slave owner in the west indies was invited to virginia to teach his methods of molding a slave to plantation owners this work shows the gruesome and harsh way slave owners adopted in breaking black people physically and more importantly psychologically and emotionally the second book southern horrors lynch law in all its phases is a pamphlet published by journalist ida b wells in 1892 wells was one of the founders of the naacp and spent her lifetime combating prejudice and violence committed against african americans in this pamphlet she exposes the barbaric practice of whites in the south many acts similar to what is outlined in the willie lynch letters these two works compliment each other perfectly to show the inhumane cruelty of chattel slavery in america back

describes the african slave trade from the viewpoint of the southern plantation owners

this speech was delivered by willie lynch on the bank of the james river in the colony of virginia in 1712 lynch was a british slave owner in the west indies he was invited to the colony of virginia in 1712 to teach his methods to slaveowners there the term lynching is derived from his last name

the willie lynch letter aka the making of a slave is one of the most controversial texts in african american studies it was purportedly written by willie lynch a british west indies plantation owner and given to a group of virginia slaveowners as a masterplan to keep blacks enslaved not just physically but mentally as well using such tactics as pitting on slave against the other lynch in his letter says by using these tactics for just one year it will keep slaves mentally in chains for at least 300 years modern historians have asserted that the letter is a hoax but most still agree that it is a text worth reading as it points out the different divides in the african american community that seem specifically designed to keep the race from throwing off mental chains that impede communal progress includes foreword by karen e quinones miller author of an angry ass black woman includes excerpt from the narrative of the life of frederick douglass an american slave

entering the world of conspiracy theories and secret societies is like stepping into a distant parallel universe where the laws of physics have completely changed black means white up is down and if you want to understand what's really going on you need a good reference book that's where conspiracy theories secret societies for dummies comes in whether you're a skeptic or a true believer this fascinating guide packed with the latest information walks you through some of the most infamous conspiracy theories such as area 51 and the assassination of jfk and introduces you to such mysterious organizations as the freemasons the ninjas the mafia and rosicrucians this behind the curtain guide helps you separate fact from fiction and helps you the global impact of these mysterious events and groups on our modern world discover how to test a conspiracy theory spot a sinister secret

society assess the internet s role in fueling conspiracy theories explore world domination schemes evaluate 9 11 conspiracy theories figure out who they are grasp the model on which conspiracy theories are built figure out whether what everybody knows is true distinguish on assassination brotherhood from another understand why there s no such thing as a lone assassin why do hot dogs come in packages of ten while buns come in eight packs everybody knows its a conspiracy right find out in conspiracy theories secret societies for dummies

the willie lynch letter and the making of a man die willie die let s make a man is a book about the reverse engineering of the willie lynch letter and the making of a slave the willie lynch letter teaches the psychology of mental enslavement the making of a man works to identify the destructive principles used by slave owners and break the mental shackles that have bound african americans for hundreds of years this book is a companion for the film die willie die which seeks the knowledge of experts to help heal black people of post traumatic slave syndrome the author journeys to kill the ghost of willie lynch that haunts the descendants of slaves from the transatlantic slave trade if you want to be challenged to be great and improve your life and the lives of future generations willie lynch and the making of a man is a powerful literary work created to lead you on the right path the book addresses the black man woman the black family and language empower yourself and your community today read this book

psychology and social science practically ignored cool as a legitimate topic of research while in fact the occurrence of cool has played an important role in the historical social and cultural development of black people especially some black males some black male businessmen use cool behaviors to fight against stress caused by meaningful life supporting social economic political and business issues coolposing is a leadership strategy based on african cultural elements of communicative individuality and mysticism emerging from influences of cool pose it is a part of character and character is the representation of one s self in everyday life it is a positive response by america s black males and not niggas to alienation lynching and loss of community grounded in the coolness of the first group of captured yet resistant africans who arrived at jamestown virginia in 1619 within this book readers will learn all about this often ignored subject its central elements and the nine kinds of cool coolposing proposes a major shift for the best mental spiritual and physical health of black males and prescribes measures for crisis intervention as well as for preventing mental burnout

i wrote this piece to enlighten the minds of people in the world especially blacks african americans about the negative psychological effects of the willie lynch letter this malicious labyrinth has impacted many lives causing ignorance broken homes disrespectfulness and poor health throughout the nation i m concentrating more on aiding blacks african americans because this ethnic group statistically leads america in negative aspects of life such as heart disease poverty broken homes incarcerations lack of education etc and the fact that this system was directed toward african americans although all cultures and nationalities suffer from such downfalls because of such a melting pot society we live in any man woman or child is capable of falling victim to lynch

s negative behavioral application mankind as a whole needs an improvement about the author le brown a k a phenomenal le was born and raised in florence south carolina he currently lives in charlotte north carolina

this text presents an historical examination of political fact checking highlighting how this is part of a larger phenomenon of online scrutiny that manifests itself in multiple forms reflecting the long history of fake facts in america the book discusses important developments in this area from the emergence of the public internet in the 1990s to the start of the trump clinton presidential election campaigns topics and features describes how some of the major players in political fact checking began with the purpose of scrutinizing and debunking of urban legends considers how this was part of a wider culture encompassing b grade horror movies truth or fiction television shows and groups warning about computer viruses explains how such developments are connected revealing political fact checking as one of many forms of scrutiny applied in the face of a complex dangerous world provides a range of detailed case studies covering such topics as the rumors surrounding the 9 11 terrorist attacks and academic interest in contemporary legends discusses how pre internet technologies such as bulletin boards usenet and proprietary online service providers such as compuserve and aol were used to both disseminate and debunk urban legends examines the rise of political fact checking reviewing all of the major initiatives in this area undertaken in the united states this timely study touches on issues of popular culture and major events and offers profiles of colorful individuals and organizations and as such will appeal to a broad audience interested in the history of fact checking and efforts to protect the political process from falsehoods

this book was design to help mentor the homeless because it s tough i was once the same and even harassed by racism but as i lived i learned my importance so i jotted down some of my lessons hopefully it will help and if it don t help it sure can t hurt you

a well dressed lie following the breadcrumbs to an uncomfortable truth by s jernard parker a book full of history philosophy and spirituality s jernard parker provides a corrective historical account on human development that shaped cultural norms beliefs and ideologies parker s theories will have you wondering about what you think you know these revelations will lead you on a personal journey of discovery this book is not for a novice to read it covers deep well thought out topics and also addresses several controversial subjects for more mature readers this book requires a process read a chapter and think about the concepts and content discuss it with other thinkers for clarity and understanding and then move on to the next chapter follow this process for each chapter and it will bring a wealth of new understanding byron waller ph d l c p c governor state university i am honored and humbled to find an author and scholar who has taken all of our leading blacktastic scholarship and research and put in place what could possibly become the new standard explanation of how and why the african african american went through the maafa black holocaust host the philippe matthews show author digitalnomics s jernard parker is a force to be reckoned with his diligent and purposeful research will likely contribute to a new awakening among us all a well dressed lie provides insight and a corrective historical account into how and why we need to follow the breadcrumbs atty peniel manigat partner pennman associates it was so amazing to see and experience ghana and egypt with brother parker as he put pen to pad on the uniqueness of historical

contribution pre colonialism chattel slavery he enlightened us on historical timelines and events based on diligent research and left us wanting more i give this book two enthusiastic thumbs up yahshua mohammed jr unified investments

most psychological research studies today account for the relational problems of african american heterosexual couples inability to stay together in terms of contemporary factors such as female headed households mass incarceration racial achievement gap in academic performance infidelity etc these factors are symptoms of a more foundational problem the intergenerational traumatic impact of slavery and its aftermath e g jim crow is the source for these couples inability to stay together this book will be restricted to historical traumas originating under slavery the practices implemented during slavery disrupted bonding and secure attachment between adult heterosexual couples a deeper psychohistorical understanding of this intergenerational disruption will help us understand current issues among african american men and women the book will move beyond individual and couple dyad perspective and bring family system concepts to bear in understanding the transgenerational transmission of trauma and its contemporary manifestations in intimate relationships the purpose is to answer this question what are the psychohistorical effects of psychological slavery on attachment and trust in the intimate relationship among african american men and women this book will utilize sociological and psychological theories drawn from functionalism neofunctionalism attachment theory family systems and other relevant literatures to develop a psychohistorical analysis of relational problems of heterosexual african american couples today having transgenerational roots in slavery attachment theory will be used to explain attachment and trust ruptures in contemporary intimate relationships and their psychohistorical roots emotionally focused therapy is the suggested treatment approach that may help the couple repair attachment ruptures

african americans its past time to wake up the three hundred year curse has been broken the door to the cell that has held you hostage is unlocked even though the door is still closed its not locked it is time to push the door open and step out to your freedom it requires an effort it will not be opened for you it is past time for you to love yourself and your heritage and no longer allow yourself to be denied whatever your hearts desire learn your history learn it for yourself then teach it to your children and their children let the truth be told from generations to generations to all just like our ancestors passed the legends down from generations to generations know that our ancestors were the origin of creation civilization here in this earth realm know that our heritage and history were stripped from us by design we all have suffered from post traumatic slave syndrome that was passed down from our slave ancestors understand that no one escaped from it the curse of slavery has had a boomerang effect on whites and other cultures all over the world called racism its past time to understand why we do the things we do we need to break the consistency that is not a benefit to our lives and the future generations to come understand we as a people were divided by design its time for our people to unite understand that it is only through uniting the african americans here in these united states today that we can cause a change that will affect people of color all over the world including the motherland africa it is the vices of racism hatred lies and deception that keep the world in bondage understand that there has been a shift from ole school slavery to modern day slavery our objective is to recognize it and no longer allow it to enslave us freedom starts with freeing the

psyche first allow truth to set your mind free

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