The Way We Re Working Isn T Working The Four Forgotten Needs That Energize Great Performance

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this book was previously titled be excellent at anything the way we re working isn t working is one of those rare books with the power to profoundly transform the way we work and live demand is exceeding our capacity the ethic of more bigger faster exacts a series of silent but pernicious costs at work undermining our energy focus creativity and passion nearly 75 percent of employees around the world feel disengaged at work every day the way we re working isn t working offers a groundbreaking approach to reenergizing our lives so we re both more satisfied and more productive on the job and off by integrating multidisciplinary findings from the science of high performance tony schwartz coauthor of the 1 bestselling the power of full engagement makes a persuasive case that we re neglecting the four core needs that energize great performance

sustainability physical security emotional self expression mental and significance spiritual rather than running like computers at high speeds for long periods we re at our best when we pulse rhythmically between expending and regularly renewing energy across each of our four needs organizations undermine sustainable high performance by forever seeking to get more out of their people instead they should seek systematically to meet their four core needs so they re freed fueled and inspired to bring the best of themselves to work every day drawing on extensive work with an extra ordinary range of organizations among them google ford sony ernst young shell ibm the los angeles police department and the cleveland clinic schwartz creates a road map for a new way of working at the individual level he explains how we can build specific rituals into our daily schedules to balance intense effort with regular renewal offset emotionally draining experiences with practices that fuel resilience move between a narrow focus on urgent demands and more strategic creative thinking and balance a short term focus on immediate results with a values driven commitment to serving the greater good at the organizational level he outlines new policies practices and cultural messages that schwartz s client companies have adopted the way we re working isn t working offers individuals leaders and organizations a highly practical proven set of strategies to better manage the relentlessly rising demands we all face in an increasingly complex world

the increasing output oriented effectivity and regulatory power of socio economic structures fail to meet human potentials for personal social and political unfolding targeting the patterns of behaviour that underlie these structures the author investigates in possibilities for transformation that arise from the awareness of needs within the political subject what can this awareness mean and what are possible ways to foster awareness of own needs the author gives a critical overview of different understandings of needs and connects it to practical aspects leading towards an own approach of doing what we have to do in order to be who we are

sigmund freud had broad ambitions about what psychoanalysis could add to human thought but freutfs own writings have rarely been assessed within the perspective of political philosophy political theorists will find in the school freud established a rich storehouse of ideas for us to link up with what freud was saying means to join in the great conversation about what the ends of the just society should be as well as what a fully developed person might be like written more than twenty years ago the central interpretive theses found in freud political and social thought still ring true in his new introduction to this classic text paul roazen contends that today from the point of view of intellectual history freud looms as a subject in an even larger way than he did back in the 1960s his thinking has impinged for good or ill on how we think about character and the nature of human impulses privacy itself has been affected so much so that political candidates now feel free to use intimate material from private life for manipulative public purposes yet after all this time political scientists remain reluctant to entertain the need to explore the psychological dimension of all political events without reducing politics to psychoanalysis or inflating psychological categories to embrace all of politics roazen provides an introductory look at the field of psychoanalysis by

bringing together the different disciplines of psychology and politics he breaks through parochialism roazen is no advocate for psychoanalysis but believes that analysts have as much to learn from social science as the other way around this volume is proof that at its best political theory has to be inherently interdisciplinary as such this volume will be of interest to intellectual historians psychoanalysts and political theorists

first published in 2008 and based on an innovative framework for analysing the eu s external politics this paperback edition provides a historical overview of and theoretical conclusions about the eu s global role taking an original approach the volume highlights the expanding political science literature on europe s international role in a range of external policy domains it focuses in particular on the soft dimension of europe s international action which has previously been much neglected carefully structured to make this ideal supplementary reading for students and scholars of european politics and foreign policy the book will equally appeal to a wider audience in political economy security policy and international relations more generally

enshrined in the mission statement of ala intellectual freedom is one of the core values of the information professions the importance of ensuring information access to all and the historical social and legal foundations of this commitment are powerfully explored in this essential primer designed to function as both an introductory text for lis students as well as a complementary resource for current professionals this book provides a cohesive holistic perspective on intellectual freedom extending beyond censorship to encompass such timely and urgent topics as hate speech and social justice from this book readers will gain an understanding of the historical and legal roots of intellectual freedom with an in depth examination of john stuart mill s on liberty and article 19 of the un declaration of human rights and its central concepts and principles the intersection of intellectual freedom freedom of expression and social justice professional values codes of ethics ala s library bill of rights and freedom to read view statements pro and anti censorship arguments and their use in impeding and facilitating access to information book banning and internet filtering privacy and its relationship to information services us case law and precedents the basics of us copyright law including fair use and how it differs from international copyright law and emerging global issues and their impact on future intellectual freedom

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huang s book analyzes the major neo confucian philosophers from the eleventh to the sixteenth centuries focusing on metaphysical epistemological and ethical philosophical issues this study presents the historical development of the neo confucian school an outgrowth of ancient confucianism and characterizes its thought background and influence key concepts for example utai ji supreme ultimate uxin mind and uren humanity as interpreted by each thinker are discussed in detail also

examined are the two major schools that developed during this period cheng zhu school of principle and lu wang school of mind these schools despite different philosophical orientations were convinced that their common goal to bring about a harmonious relationships between man and the universe and between man and man could be achieved through different ways of philosophizing to understand the chinese mind it is necessary to understand neo confucianism as a reformation of early confucianism this analytical presentation of major neo confucian philosophers from the eleventh to the sixteenth centuries examines zhou dun yi 1017 1073 shao yong 1011 1077 zhang zai 1020 1077 cheng hao 1032 1085 cheng yi 1033 1107 zhu xi 1130 1200 lu xiang shan 1139 1193 and wang yang ming 1427 1529 with its focus on metaphysical epistemological and ethical philosophical issues huana s study presents the historical development of the neo confucian school an outgrowth of ancient confucianism and characterizes its thought background and influence key concepts for example utai ji supreme ultimate uxin mind and uren humanity as interpreted by each thinker are discussed in detail the two major schools that developed during these six centuries are examined as well lu wang school of mind developed in criticism of cheng zhu school of principle the two schools despite different approaches toward their philosophical pursuits were convinced that their common goals to bring about harmonious relationships between man and the universe and between man and man could be achieved through different ways of philosophizing to understand the chinese mind it is necessary to understand neo confucianism as a reformation of early confucianism scholars of eastern religions and philosophy will appreciate the objective interpretations of each thinker's philosophy for which pertinent passages spoken by each man have been selected and translated by the author from the original chinese and the comparisons of the neo confucian philosophies with those of the west an introduction provides the historical background in which to study the rise of neo confucianism the study is organized ehronologically and includes a glossary of terms and a bibliography which serves as a helpful guide for further research

the nineteenth century and after london

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Introduction

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