

The Tao Of Coaching

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The Little Book of Big Coaching Models PDF eBook: 83 ways to help managers get the best out of people
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Tai Chi: the Way of Balance in an Unbalanced World
Sports Coach
Business Leadership Communication
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Deconstructing Popular Culture
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the essence and success of the tao of coaching has always been its focus on the practical tips and techniques for making work more rewarding through the habit of coaching and this philosophy continues to underpin this brand new reissue the book s premise is simple that to become an effective coach managers and leaders need master only a few techniques even though mastery obviously requires practice each chapter focuses on a specific technique or golden rule of coaching to help practice make perfect tried and tested by generations within and beyond the workplace this succinct and engaging book gives readers the tools to create more time for themselves by delegating well build and enjoy working with effective teams achieve better results enhance their interpersonal skills it demonstrates that coaching is not simply a matter of helping others and improving performance but is also a powerful force for self development and personal fulfilment

getabstract summary get the key points from this book in less than 10 minutes drawing on 30 years of experience coaching expert max landsberg updated and expanded this third edition of his bestseller he organizes his model which shows how to conduct socratic coaching by asking strategic questions into concise chapters each articulating a main concept chapters begin with a relevant cartoon and a pithy motto and close with charts showing the problems that landsberg addressed and the solutions he suggested multiple appendices give managers specific evaluation tools and exercises landsberg teaches the real heavy lifting of building up people s achievements in the workplace happily his book is not burdensome it s highly readable and sliced into easily digested bites he helps you exercise a psychological skill one on one without drifting into therapeutic counseling getabstract recommends landsberg s enlightened easy to use toolkit to anyone seeking to become a great coach and to those who are being coached book publisher profile books

a comprehensive leadership compendium featuring some of the worlds top leadership principles all approved by the various authors including dr stephen covey dr spencer johnson jinny ditzler henry mintzberg dale carnegie andy lopata robert b cialdini jim collins rudolph giuliani daniel goleman max landsberg mike woodcock dr bruce tuckman and tony buzan

leaders and managers want quick answers quick ways to reach solutions ways and means to access knowledge that won t eat into their precious time and quick ideas that deliver a big result the little book of big coaching models cuts through all the noise and gives managers access to the very best coaching models that they need to get the best from their team every model is quick and easy to read and delivers the essential information and know how quickly efficiently and memorably

from the bestselling author of the tao of coaching comes a book on how to motivate and inspire others and yourself motivation is much more than just a few words of praise it is an essential skill which anyone can learn and with which you can have an indelible positive impact on yourself and others yet most of us are never taught this crucial life skill in this book bestselling author max landsberg fills that gap providing simple tools tips and techniques that really work one of the key points of the book is you cannot motivate someone else if you are not motivated yourself landsberg examines what it takes to motivate yourself at work and at home as the basis for inspiring and motivating those around you

this book claims that csr is the tao of sustainable enterprise development it examines the intersection of practical wisdom of taoism csr and sustainability looking at the theoretical and historical implications associated with a taoist approach to csr sustainability and responsible leadership implications for sustainable enterprise development will be presented the book analyzes perspectives found in taoist classical texts and within the larger chinese cultural context in order to delineate key issues found in the classical texts

through these analyses the book assesses the applicability of modern day taoism thought and practice in china and the west with respect to the contemporary sustainability situation the book also explores the values ideas and practices taoism offers to inspire a new generation of leaders and particularly business leaders to manage companies in a more social and sustainable way

coaching is very big business over the last decade it has become one of the most popular approaches to personal and business development coaching books tend to focus on just one method and just one of five main areas executive coaching for senior business people business coaching for companies to improve results life coaching for people who want a better sense of fulfilment and wellbeing sports coaching for individual athletes team coaching for teams in sport or business pragmatic and informative how coaching works is the first to explain the key concepts that underpin all of these different areas it also explores how different ideas have blended to give rise to what we know as coaching today and singles out what works the authors are two of the world s leading experts in this field in how coaching works they have created a must have book for practising coaches students and anyone interested in the subject

the routledge handbook of coach development in sport is a comprehensive text that underscores the importance of learning and context for those who sculpt the environment in which people of all ages develop in and through sport coaches and those responsible for the development of coaches are best positioned as both learners and facilitators of learning as sport becomes more globalised the concomitant professionalisation of coaches necessitates ongoing learning and development to embrace new knowledge and understanding moreover contemporary coach development presents as a wicked problem in that it continues to evolve it is contextually bound and there is no single or obvious way to approach it problematically there is often limited assistance available to support coaches and coach developers in their ongoing development as such this book provides a truly international reference point that brings together leading scholars and practitioners from across the globe to provide an overview of the theories and practices of coaches and coach developers that are impacting the quality of sporting environments therefore this book is an important reference for researchers scholars and practitioners alike in the fields of sport coaching coach development sport development sport for development physical education and related disciplines

coaching is one of the most sought after leadership skills vital for anyone who wants to develop a team of people who will perform effectively but are also motivated and relish working together it s also a dynamic discipline which in recent years has developed and grown to embrace theory and practice from a wide range of other disciplines frameworks and models mastering coaching starts by asking what skills an effective coach must now possess to boost the performance of their coachees in response it summarises the most

important research in areas such as neuroscience sports psychology and mindfulness positive psychology mastery and goal setting and offers a clear simple and practical guide to how this new thinking can help coaches and managers to develop their own coaching practice written by max landsberg executive coaching and professional development expert and author of the perennial bestseller the tao of coaching mastering coaching goes beyond the basics of coaching by providing insights which offer a proven route map to coaching success practical and jargon free the book will equip readers with the techniques and tools necessary to take their coaching to the next level

aimed at all members of the dental team the book explores the part each individual plays in working together to create a team aimed at providing a sensitive personal service for those who seek dental care a very special team looks at methods of communication between members of the team as well as the skills required by the leader of the team to ensure successful growth and development the author s experience enables a practical approach to planning the team mixing the skills and personalities required to maintain balance and progress taking account of the life cycle of the team and the pragmatic steps required to motivate delegate and enthuse team members individually and collectively

with a picture of mr robinson teaching his grandson the back page reads mr robinson a master of yang tai chi had undertaken two projects the first is to hand down to his grandson 46 years of knowledge and experience in the martial arts the second is to hand down this knowledge and experience to you through the pages of this book much effort has been taken to give the reader a complete guide to tai chi in a language that is uncomplicated and yet very detailed this book is like none of the other books about tai chi you have ever seen this book written through the eyes of a master raised in the south not only tells you of the history and origin of tai chi but explains how tai chi can be such a positive influence in your life the breathing the relaxation the harmony the exercise the philosophy the self defense the health and healing created in ancient china all come together in this book as a means to benefit you today this is a must read for everyone from the complete novice to the experienced in tai chi

a landmark in reference publishing this resource covers virtually every aspect of the world of business it contains clear concise text plus profiles of 150 countries and biographies of management pioneers includes 150 maps and 700 illustrations

the first edition of leadership communication was well received by students and instructors and the second edition builds on that momentum it continues to help current and potential managers become effective leaders by being better communicators it brings together managerial communication and concepts of emotional intelligence to create a new model of communication skills and strategies for corporate leaders it begins with chapters on the core communication skills of developing strategy analyzing an audience writing in all types of

business genres and designing and delivering effective powerpoint presentations all from a leadership perspective then it takes students through chapters on emotional intelligence cultural literacy meeting management and team leadership before concluding with chapters on internal and external organizational communication

the core of this thoroughly revised book is a directory of more than 700 methods each entry typically comprises an explanation a bibliography and cross references other features include a review of different approaches to classifying the methods and two valuable appendices the first is to help practitioners analyse their methods the second providing details of relevant books journals and other information sources

how can the study of pop music tv and film give insight into issues of culture this book shows how deconstruction theory allows us to read and interpret the popular culture that surrounds us applying complex theory to recognizable examples paul bowman turns deconstruction into an indispensable tool for all students of cultural studies

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