

The Mindful Nurse Using The Power Of Mindfulness A

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this is the first book to outline how the practices of mindfulness and compassion can help nurses to strengthen resilience and therapeutic

presence and revitalize their practice

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therapeutic touch massage relaxation guided imagery music today a growing number of nurses are using the best of the ancient healing arts to complement traditional medical techniques with exciting results you too can bring these powerful yet safe techniques into your work with patients with the new edition of the classic holistic nursing a handbook for practice this dynamic new guide shows you how to develop your innate capacities as a healer and employ a full range of holistic modalities for healing the whole patient today the demand for alternative therapies is great with the help of this inspiring handbook you can bridge the gap between these therapies and traditional medicine with an approach that integrates caring and healing into nursing practice this timely guidance will help nurses assume a leading role in shaping the future of health care and return nursing to its roots as a true healing profession the book contains black and white illustrations

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vol 14 41 have separately paged nursing section

a monthly magazine of practical nursing devoted to the improvement and development of the graduate nurse

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