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part 1 human anatomy and physiology 1 scope of anatomy physiology and health education 2 the cell 3 tissues 4 osseous system 5 joints 6 skeletal muscle 7 the blood 8 body fluids lymph and lymphatic system 9 cardiovascular system 10 digestive

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some people think that knowing about what goes on inside the human body can sap life of its mystery which is too bad for them because anybody who has ever taken a peek under the hood knows that the human body and all its various structures and functions is a realm of awe inspiring complexity and countless wonders the dizzying dance of molecule cell tissue organ muscle sinew and bone that we call life can be a thing of breathtaking beauty and humbling perfection no one should be denied access to this spectacle because they don't come from a scientific background and now thanks to anatomy and physiology for dummies no one needs to be whether you're an aspiring health care or fitness professional or just somebody who's curious about the human body and how it works this book offers you a fun easy way get a handle on the basics of anatomy and physiology in no time you'll understand the meanings of terms in anatomy and physiology get to know the body's anatomical structures from head to toe explore the body's systems and how they interact to

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