

# Spirit Guide Contact Through Hypnosis

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contacting spirit guides is as old as civilization itself shamans dating back to at least 50 000 b c ritualistically contacted nonphysical entities the mystery schools of ancient

egypt greece persia rome and india also dealt with contacting spirit guides every major religion acknowledges the reality of discarnate entities or spirits whether they are called saints angels the holy spirit and so on one of the purposes of this book is to demystify this process the media s depiction of spirit contact has led to the false assumption that anyone who establishes this contact must be in great danger in reality this communication is natural relatively simple and a wonderful growth experience spirit communication removes the fear of death and bereavement and results in a form of spiritual empowerment contacting your spirit guides can help us develop your intuition and other psychic abilities increase your ability to love yourself and others become more aware of the workings of the universe establish better contact with your own masters and guides and higher self to facilitate your own spiritual evolution protect you from negative entities and or other forces in the universe access the wisdom of the ancients establish and maintain your own physical mental emotional and spiritual health overcome bad habits and fears eliminate the fear of death see into the future master the art of out of body experiences learn your true karmic purpose spirit guide contact through hypnosis includes free audio companion downloads

by providing easy to follow techniques of self hypnosis and guided meditation dr bruce goldberg makes the mechanism of contact with one s spirit guides accessible to all who sincerely apply themselves dr goldberg has blessed his readers with countless hours of inspiration and guidance this is a book that will bring comfort and joy to millions brad steiger author of guardian angels and spirit guides contacting spirit guides is as old as civilization itself shamans dating back to at least 50 000 b c ritualistically contacted nonphysical entities the mystery schools of ancient egypt greece persia rome and india also dealt with contacting spirit guides every major religion acknowledges the reality of discarnate entities or spirits whether they are called saints angels the holy spirit and so on one of the purposes of this book is to demystify this process the media s depiction of spirit contact has led to the false assumption that anyone who establishes this contact must be in great danger in reality this communication is natural relatively simple and a wonderful growth experience spirit communication removes the fear of death and bereavement and results in a form of spiritual empowerment contacting your spirit guides can help us develop your intuition and other psychic abilities increase your ability to love yourself and others become more aware of the workings of the universe establish better contact with your own masters and guides and higher self to facilitate your own spiritual evolution protect you from negative entities and or

other forces in the universe access the wisdom of the ancients establish and maintain your own physical mental emotional and spiritual health overcome bad habits and fears eliminate the fear of death see into the future master the art of out of body experiences learn your true karmic purpose spirit guide contact through hypnosis includes free audio companion downloads

psychologist baker traces the history and current status of hypnosis reviewing the role played by suggestion and examining the major contemporary theories and misconceptions regarding the phenomenon current research points to the conclusion that there is no state of altered consciousness produced by hypnosis and that what we term hypnosis is in fact a complex hybrid of social compliance relaxation and suggestibility that can account for many esoteric behavioral manifestations including such occult behavior as past life regression ufo abduction channeling and glossolalia speaking in tongues

booklet discusses voluntary spirit possession or channeling channelers claim a spirit actually enters their body and speaks guide through them the key issue is this exactly who or what are these spirit guides many ideas even bizarre ones have been considered are they merely the hallucinations of the mentally unstable as doctors say are they parts of the unconscious mind available to us all as some psychologists say are they creatures from the future or are they from civilizations deep in space as some scientists say are they genuine spirit beings such as angels the dead or the gods and nature spirits of various religious traditions as the channelers say or are they another category of being entirely the demons mentioned in the bible if one looks for a theory to explain all the facts the demon theory cannot be ignored whether or not it is personally appealing about this booklet

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## **FAQs**

