

Secrets Of Saffron The Vagabond Life Of The Worlds Most Seductive Spice

Secrets of Saffron On Spice Spices, Scents and Silk Every Molecule Matters The Place Setting Food Lit The History and Natural History of Spices Anticancer Spices The Art of Colour Spice All about spices, compiled by A.M. & J. Ferguson Der Reggebogea Kaapse bibliotekaris Arcana Coelestia The Publishers Weekly Talking Book Topics Spices, Seasonings and Herbs Book Review Digest Cassette Books Wine Enthusiast Pat Willard Caitlin Penzey Moog James F. Hancock Simon Cotton Fred W. Sauceman Melissa Brackney Stoeger Ian Anderson Hardeep Singh Tuli Kelly Grovier Jack Turner All Emanuel Swedenborg Sylvia Windle Humphrey Library of Congress. National Library Service for the Blind and Physically Handicapped

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pat willard s enticing exploration of the exotic spice saffron describes its journey from the ancient sumerian kingdoms persia and the island of crete to the pennsylvania dutch in america through a beautiful blend of personal stories myths history quotations ancient remedies and modern recipes willard takes us from cleopatra s bath to the medieval court of france and

beyond a practical guide to buying using and even growing saffron as well as a cookbook containing recipes ranging from paella valenica to saffron consommé this magical account is perfect for anyone who has ever been teased by this seductive spice

a revealing look at the history and production of spices with modern no nonsense advice on using them at home every home cook has thoughts on the right and wrong ways to use spices these beliefs are passed down in family recipes and pronounced by television chefs but where do such ideas come from many are little better than superstition and most serve only to reinforce a cook s sense of superiority or cover for their insecurities it doesn t have to be this way these notes on spice come from three generations of a family in the spice trade and dozens upon dozens of their collected spice guides and stories inside you ll learn where spices come from historically geographically botanically and in the modern market you ll see snapshots of life in a spice shop how the flavors and stories can infuse not just meals but life and relationships and you ll get straightforward advice delivered with wry wit discover why salt grinders are useless saffron is worth its weight in gold as long as it s pure that jar of cinnamon almost certainly isn t vanilla is far more risqué than you think learn to stop worrying and love your spice rack

spices scents and silks were at the centre of world trade for millennia through their international trade humans were pushed to explore and then travel to the far corners of the earth almost from their inception the earliest great civilizations egypt sumer and harappa became addicted to the luxury products of far off lands and established long reaching trade networks over time great powers fought mightily for the kingdoms where silk spices and scents were produced the new world was accidentally discovered by columbus in his quest for spices in this book eminent horticulturist and author james hancock examines the origins and early domestication and culture of spices scents and silks and the central role these exotic luxuries

played in the lives of the ancients the book also traces the development of the great international trade networks and explores how struggles for trade dominance and demand for such luxuries shaped the world

every molecule matters is a successor to the author's earlier every molecule tells a story and tells the story of a wide range of molecules these range from the familiar odours that enhance the pleasure of eating and the spices that add piquancy to the vitamins vital to our survival as well as the ways in which insects and plants use chemicals to protect themselves there's controversy surrounding the compounds of chlorine which encompass life supporting anaesthetics and natural antibiotics as well as insecticides like ddt which saved innumerable lives but became an environmental cause célèbre through the addictive power of nicotine smoking tobacco transformed from a curiosity imported from the americas into a megapound industry that has caused significant human illness and death and how safe is vaping discover the painkillers that have become drugs of abuse and smile at the smelly sulfur compounds that serve as unpleasant human odorants and defence molecules for skunks control natural cycles in the environment or act as flavourings in wine you will discover them all here this book showcases the structures of hundreds of compounds used by humans animals and plants some are beneficial some are not find out here why you should be better informed about them this collection of molecules includes human issues such as the chemistry of vaping and drugs of abuse including spice nitazenes and fentanyl chemistry of everyday includes vitamins and the molecules that give foods their aromas and appetizing appeal the chemistry of nature how plants and insects use chemicals to defend themselves against potential predators whether humans birds animals or other insects organohalogen compounds encompassing the atmosphere damaging cfcs and their replacements and the chlorine compounds that are important medicines e.g. vancomycin using isotopes from archaeologists faced by mysteries of ancient rome and silver from spanish conquistadors to tracking down the origin of south american cocaine and solving the scissor sister murder case

popular food writer fred sauceman searched southern appalachia for the tastes that define and sustain the region s people what he found will delight readers who join him on this journey this second engaging collection of essays celebrates the dinners and diners of a region largely overlooked by the national food press

an essential tool for assisting leisure readers interested in topics surrounding food this unique book contains annotations and read alike for hundreds of nonfiction titles about the joys of comestibles and cooking food lit a reader s guide to epicurean nonfiction provides a much needed resource for librarians assisting adult readers interested in the topic of food a group that is continuing to grow rapidly containing annotations of hundreds of nonfiction titles about food that are arranged into genre and subject interest categories for easy reference the book addresses a diversity of reading experiences by covering everything from foodie memoirs and histories of food to extreme cuisine and food exposés author melissa stoeger has organized and described hundreds of nonfiction titles centered on the themes of food and eating including life stories history science and investigative nonfiction the work emphasizes titles published in the past decade without overlooking significant benchmark and classic titles it also provides lists of suggested read alike for those titles and includes several helpful appendices of fiction titles featuring food food magazines and food blogs

a tale of kings and conquests and high sea adventures a must read for those interested in the history of spices shrabani basu author of victoria and abdul and curry the biography of the nation s favourite dish humans have crossed the oceans and traversed the unknown in search of spice and flavour for thousands of years mustard has been found at neolithic sites in iran germany and denmark the romans love affair with black pepper was insatiable pepper saffron cinnamon ginger galangal and grains of paradise were ordered in large quantities for richard iii s coronation feast and vanilla was credited as helping 342 eighteenth century men become astonishing lovers although the romans had imported black pepper and eastern spices had

trickled through to the west for centuries it was only after vasco da gama rounded the cape that huge quantities of spices were brought back from india and the far east starting vicious trade wars between the portuguese dutch and english as they established their colonial empires spices came from the west too when columbus reached the americas in the fifteenth century he brought back chilies to europe and from there they spread rapidly across the globe the history and natural history of spices looks at spices from both a botanical and historical perspective from their uses and classification to their influence on trade war and global events both comprehensive and entertaining it is the story of how our passion for spices helped to change the world

humankind has used a variety of spices to flavor food for centuries however the chemistry and potential health benefits of these herbs have become clearer only rather recently numerous studies performed during the past decades have revealed several advantageous properties of bioactive constituents of various spices including their anticancer effects this edited collection summarizes diverse types of anticancer activities of compounds derived from some well known spices describing the anticancer mechanisms behind their action and highlighting molecular targets and cellular signaling pathways it acquaints the reader with the potential anticancer activities of agents contained in laurel oregano thyme rosemary basil dill parsley and several other common spices these molecular entities could probably be considered as lead structures for further design of more efficient anticancer drugs in the future

did you know that the ultramarine that shimmers at the centre of vermeers milkmaid connects that masterpiece with 6th century zoroastrian paintings found on the walls of cave temples in bamiyan afghanistan or that the surging waves that crest and curl in hokusais perilous great wave off kanagawa owe their absorbing blue lustre to an alchemist who was born in frankensteins castle in 1673 and were the pre raphaelites really obsessed with a murky brown hue derived from the

pulverized remains of ancient mummies spoiler they were invented by prehistoric cave dwellers and medieval conjurers cunning conmen and savvy scientists the colours of art tell a riveting tale all their own over ten scintillating chapters acclaimed author kelly grovier helps bring that tale vividly to life revealing the astonishing backstories of the pigments that define the greatest works in the history of art interwoven between these chapters is a series of features focusing on key moments in the evolution of colour theory from the revelations of the enlightenment to the radicalism of the bauhaus while reproductions of carefully selected artworks help illuminate the narratives twists and turns the history of colour is an epic saga of human ingenuity and insatiable desire read this book and you will never look at a work of art in quite the same way

turner follows the trail of spice back through time a route charted by the human desire to use it in cuisine in medicine in magic in religion and in sex readers will see spice in myth and literature in archaeological finds and religious rituals and in avarice fantasy and gluttony

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