

Secret Science For The Physical And Spiritual Transformation Of Man

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i became a christian in my fortieth year not long after it dawned on me that there was a spiritual
counterpart to some of my medical research findings and to what i had been teaching medical students
this research included my findings in the areas of cancer renal stone chemistry clinical biochemistry and
factors affecting immunity this correlation between the physical and spiritual was exciting and enhancing
to my christian walk and is discussed in detail in this book i have tried to remove any scientific terms
and details which may confuse the reader and have written it in a simplified hopefully more
understandable scientific language so that even those with limited scientific knowledge may understand it

in my initial christian walk i was a theistic evolutionist for about twenty years that is i believed in god but went along with the evolution story as i had been taught in university studies however the first few chapters on genesis in the bible didn't make much sense through the lens of evolution so i brought my scientific knowledge to test these chapters of genesis to cut a long story short i am now a creationist the first few chapters on genesis now make complete sense scientifically as is discussed in this book in this endeavor i had the considerable help of the creation science group creation.com and my thanks go to them i should emphasize that my salvation as a christian has little to do with my creation beliefs however my creation beliefs are a firm foundation of my cornerstone beliefs of salvation justification and redemption through the sacrifice of jesus christ on the cross of calvary for my sins two thousand years ago

a healthy christian needs to cultivate both spiritual and physical well being yet often we can be so spiritual that we neglect our physical natural selves on the other hand we can also be so caught up in our physical health that we may neglect working out our spiritual selves as well so how do we find a balance and what if god even provided us with a guide to make ourselves our very best both inside and outside in understanding spiritual and physical health a biblical perspective author troy a. roberston shares his passion for fitness and health and his years of studying the word of god to help believers learn how to be healthy both in body and in spirit roberston explains how the bible is god's guidebook for living and in it god shows his children how their bodies and spirits are connected this connection means that the richer we are in spirit the more healing health and well being we will have in our natural lives as well the apostle john tells us beloved i wish above all things that thou mayest prosper and be in health even as thy soul prospereth 3 john 2 by putting into practice the advice and suggestions for how to live a good life of health and wellness through nutrition and a godly lifestyle from a biblical perspective you too can enjoy the blessings of christ's restoration

combining careful research biblical narratives and personal stories of physical and spiritual healing internationally known bible teacher and counselor dr harold sala points to how trusting god yields lasting and eternal rewards in what you need to know about healing while no one is promised tomorrow you will receive true encouragement for whatever circumstance may be yours and you will better understand the compassionate nature of our heavenly father and how to find healing his way chapters include is the great physician still practicing jehovah rapha the god who heals in the old testament healings that defy rationale and redemptive healing transforming pain into a life purpose this dynamic resource is suitable for those who need physical or spiritual healing as well as for their family members friends caregivers and other health or ministry professionals

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