

## Schwinn 130

Demokratie entwickelt Schule MEN'S HEALTH Biohacking Martin Retzl Nico Airone

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schulentwicklung wird oft als ein diffus definiertes feld wahrgenommen dem es an theoretischer fundierung mangelt martin retzl fundiert unter rückgriff auf john dewey ein schulentwicklungsmodell und beschreibt dessen durchführung er zeigt dass innerhalb des dewey schen denkens eine theorie intentionaler sozialer entwicklung enthalten ist aus der konkrete prinzipien extrahiert werden können welche empirisch anwendbar und somit leitend für schulentwicklung sein können diese prinzipien sind insbesondere aus den dewey schen konzepten des demokratischen ideals und der social inquiry ableitbar und werden als grundlage für ein schulentwicklungsmodell angesehen das im zuge der evaluation eines schulversuchs erprobt werden konnte die dokumentation der durchführung an zwei nach lage und sozio konomischen hintergrundbedingungen sehr unterschiedlichen schulen in nieder sterreich zeigt dass sich die prinzipien intentionaler sozialer entwicklung im bereich schule prinzipiell als anwendbar erweisen

biohacking auch selbstoptimierung genannt ist in aller munde in den vergangenen jahren hat sich eine weltweite bewegung entwickelt deren ziel darin liegt das volle körperliche und geistige potenzial auszuschöpfen mit methoden weit abseits des mainstreams der biohacker bedient sich einer riesigen bandbreite an methoden von uralten traditionen routinen und ritualen bis hin zu aktueller forschung und moderner technologie in selbstversuchen des autors trifft die forschung auf die praxis wenn die butter im kaffee der körper im eisbad und jeden monat mindestens ein weiteres technik gadget in seiner sammlung landet

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