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bahá í faith the basics provides a thorough and accessible introduction to a fascinating independent world religion examining its historical development current community building efforts and the social contributions of the bahá í faith in the world today this introduction covers beliefs bahá í spiritual teachings principles bahá í social teachings history bahá u lláh and his covenant scripture bahá í sacred texts and inspired guidance institutions the bahá í administrative order building community what bahá ís do social action bahá í social and economic development projects public discourse the bahá í international community vision foundations for a future golden age with features including a glossary of terms and references to

the bahá í writings throughout this is the ideal text for students and interested readers wanting to familiarize themselves with the bahá í faith

the baha i faith and african american studies perspectives on racial justice provides readers who may already have basic or even advanced familiarity with the struggle for racial justice in the united states with new material from a less well known angle that of members of the baha i faith for whom the pursuit of racial justice healing and harmony are central to their religious expression inside these pages readers will find history social scientific analysis and personal memoir showcasing black baha is as well as baha is from diverse backgrounds who are working to address america s most challenging issue

the complete meditation encyclopedia the most comprehensive guide to meditation ever created a complete path to peace healing and awakening are you searching for meditation techniques that truly work tired of shallow advice that barely scratches the surface ready to explore the full spectrum of contemplative wisdom developed across thousands of years the complete meditation encyclopedia is the transformative resource you ve been waiting for an unprecedented collection of 200 step by step practices from the world s spiritual traditions indigenous lineages and cutting edge scientific methods all brought together in one practical beautifully organized volume why this guide is different this book goes far beyond basic mindfulness you ll find complete step by step instructions clear guidance for every practice from preparation and posture to technique and integration truly unmatched breadth explore authentic practices from buddhist traditions vipassana zen vajrayana dzogchen christian contemplative prayer sufi dhikr and meditative remembrance hindu and yogic meditation taoist qigong and inner alchemy jewish kabbalistic meditation indigenous shamanic traditions modern neuroscience based techniques practices for every level whether you re a complete beginner or an advanced practitioner you ll find methods tailored to your needs backed by science learn the neuroscience behind meditation the research supported benefits and how ancient wisdom aligns with modern understandings of the brain rooted in cultural authenticity each tradition is presented with respect for its origins and context no oversimplification no appropriation practical troubleshooting guidance discover how to work skillfully with obstacles challenging emotions and transformative experiences transform every dimension of your life the practices in this encyclopedia support a full spectrum of human growth stress relief mental health mindfulness meditation breathwork loving kindness and body scan techniques proven to reduce anxiety and improve emotional well being spiritual growth awakening explore zen koans tibetan practices christian centering prayer advaita self inquiry and mystical pathways to deep realization physical health vitality qigong tai chi meditation yoga nidra wim hof breathing and nature based practices to boost energy immunity and resilience emotional healing ho oponopono tonglen trauma sensitive mindfulness and powerful breathwork modalities that support psychological transformation focus creativity performance shamatha concentration zen practice transcendental meditation and other methods that sharpen clarity and unlock creative potential consciousness exploration lucid dreaming remote viewing shamanic journeying and techniques inspired by the gateway experience the definitive resource for meditators seekers and spiritual explorers whether you want to relieve stress deepen spiritual practice heal

emotionally or explore the edges of human consciousness this book is designed to be the only meditation guide you'll ever need if you've been searching for the most complete and authentic meditation manual ever assembled your journey begins here

this book offers a general theory of violent radicalization and uses case studies from a variety of different countries and groups to illustrate this the first and fundamental objective of the book is to provide an explanatory framework to understand phenomena related to violent radicalization deradicalization the prevention of radicalization and to political violence in particular that inspired by religion the second objective follows from the first understanding violent radicalization of religious inspiration implies delving into two key concepts violent radicalization and religion this second objective is indeed elusive since on the one hand many liberal democracies have undergone processes of secularization or at least have lost interest in examining religion in public debates therefore rigorously exploring social problems where religion seems to be involved in one way or another is complicated moreover the notion of violent radicalization in turn is highly contested and confused with other ideas such as polarization extremism terrorism or nonviolent radicalization finally the book aims to bring theory into dialogue with empirical phenomena and to test it against concrete cases related to violent radicalization and its prevention on the one hand and religion on the other the book's originality comes from both its innovative methodological approach and its breadth with cases from several countries spain the united states ireland india israel russia and colombia and different ideological groups revolutionary communists nationalist movements jihadist groups white and black supremacists this book will be of much interest to students of terrorism and political violence radicalization sociology and international relations in general

the sage encyclopedia of the sociology of religion takes a look at the role of religion in society unpacking and evaluating the significance of religion in and on human history and tracing and outlining the social forces and influences that shape religion

includes entries for maps and atlases

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