

Rehabilitation For The Post Surgical Orthopedic Patient

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Postsurgical Orthopedic Sports Rehabilitation Handbook of Postsurgical Rehabilitation Guidelines for the Orthopedic Clinician - E-Book
Postsurgical Rehabilitation Guidelines for the Orthopedic Clinician Postoperative Orthopaedic Rehabilitation Transactions of the American Orthopedic Association Advances in Facial Orthopedics and Temporomandibular Arthrology Rehabilitation for the Postsurgical Orthopedic Patient The Surgical Clinics of North America The Effects of Post-surgical Loading on the Biomechanical and Histological Properties of the Rabbit Patellar Tendon After Removal of the Central 10% and 40% American Medico-surgical Bulletin Rehabilitation for the Postsurgical Orthopedic Patient Hospital Management The Lancet The Recovery Room: Immediate Postoperative Management Gale Encyclopedia of Surgery Chronobiology International The Post Anesthesia Care Unit Postoperative Pain Management Minor surgery and bandaging Reoperative Surgery Robert C. Manske Hospital for Special Surgery Hospital for Special Surgery Andrew Green (MD) American Orthopaedic Association Eugene H. Williamson Lisa Maxey Jeffrey L. Robbins William Henry Porter Lisa Maxey Max Samuel Sadove Anthony J. Senagore Cecil B. Drain George Shorten Henry Redwood Wharton Robert E. Rothenberg

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written by well known experts in a reader friendly style this is the only book to focus specifically on post surgical guidelines for successful rehabilitation of the knee and shoulder for sports patients content covers basic concepts related to soft tissue healing as well as core concepts in sports medicine rehabilitation all of which lay the groundwork for discussions of specific protocols detailed descriptions of the latest post surgical procedures for various knee and shoulder pathologies equip readers with essential knowledge needed to recommend the most effective treatment

plans includes a separate section on multiple ligament knee injuries numerous photos and radiographs of topics discussed in the text serve as excellent visual references in the clinical setting detailed descriptions of the most current surgical protocols for various knee and shoulder pathologies help readers recommend the best treatment based on proven rehabilitation plans the inflammatory response is described with regard to its role in soft tissue healing following surgical procedures of the knee and shoulder protocols based on the most recent research available promotes evidence based practice a chapter on rotator cuff injuries includes authoritative up to date information on this topic a chapter on cartilage replacement focuses on the nuts and bolts of rehabilitation for this common injury offering current hands on information about one of the fastest changing treatment protocols contributors are expert therapists and physicians respected leaders in their field each chapter highlights post op guidelines and protocols in a consistent format that is immediately accessible and easy to reference comprehensive information on soft tissue healing is presented a separate section on multiple ligament knee injuries presents hard to find information that is rarely covered in other resources or literature

providing a wealth of guidelines and background information on postsurgical rehabilitation of the orthopedic patient in a convenient format this portable reference is the therapist's first choice for a quick overview of the rehabilitation plan following orthopedic surgery easy to follow phase guideline boxes encapsulate crucial information for over 45 surgeries into phases of healing and rehabilitation covering goals precautions treatment strategies and criteria for advancement perfect for the busy clinical setting quickly find and review the information you need with convenient bulleted rehabilitation guideline tables succinct overviews of surgical procedures help you remember key details of surgical procedures brief overviews of rehabilitation plans let you quickly review the principles and strategies of rehabilitation that promote healing and recovery from orthopedic surgical procedures criteria for advancement help you determine when your patient is ready to advance to the next phase of rehabilitation editors and contributors from one of the world's most prestigious orthopedic hospitals provide authoritative guidance on orthopedic rehabilitation

designed to help therapists provide post surgical rehabilitation based on best practices and evidence based research this comprehensive reference presents effective guidelines for postsurgical rehabilitation interventions its authoritative material is drawn from the most current literature in the field as well as contributions from expert physical therapists occupational therapists and athletic trainers affiliated with the hospital for special surgery hss a dvd accompanies the book featuring over 60 minutes of video of patients demonstrating various therapeutic exercises spanning the different phases of postsurgical rehabilitation examples include hand therapy procedures working with post surgical patients with cerebral palsy sports patient injuries and pediatric procedures for disorders such as torticollis material represents the best practices of experts with the hospital of special surgery one of the best known and most respected orthopedic hospitals phases of treatment are defined in tables to clearly show goals precautions treatment strategies and criteria for surgery many of the treatment strategies are shown in videos on the accompanying dvd enabling the user to watch the procedure that is discussed in the text information on pediatric and geriatric patients explores differing strategies for treating these populations treatments specific to sports injuries are presented highlighting the different rehabilitation procedures available for athletes an entire section on hand rehabilitation provides the latest information for hand specialists information on the latest treatment strategies for hip

replacement presents complete information on one of the most common procedures easy to follow guidelines enable practitioners to look up a procedure and quickly see the recommended rehabilitation strategy a troubleshooting section provides solutions for common problems that may occur following each phase of the rehabilitation process broad coverage addresses both traditional techniques as well as newer methods in a single resource clear photos and illustrations show how to correctly perform the techniques described in the book

machine generated contents note section editors w ben kibler and andrew green 1 anatomic and physiologic basis for postoperative rehabilitation for the shoulder 2 patient related outcome measures for shoulder surgery and rehabilitation trevor w wilkes david ebaugh bryan a spinelli rebekah l lawrence paula m ludewig w ben kibler 3 acromioclavicular separations lori a michener phillip mcclure 4 capsular releases for shoulder stiffness considerations for treatment and rehabilitation mandeep singh vir mark p cote augustus d mazzocca 5 shoulder instability repairs jacqueline munch andrea tychanski sarah e mclean samuel arthur taylor scott alan rodeo 6 open anterior glenohumeral instability repair marc s haro todd r hooks kevin e wilk lucy oliver welsh brian j cole 7 slap repairs e scott paxton brett d owens 8 rotator cuff repairs w ben kibler note continued 9 shoulder arthroplasty brian e richardson charles l cox 10 proximal humerus fractures andrew green daniel debottis david pezzullo 11 scapular dyskinesis surena namdari gerald r williams section editors april armstrong and andrew green w ben kibler 12 elbow anatomy w ben kibler 13 elbow contracture release h mike kim 14 lateral and medial epicondylitis joaquin sanchez sotelo 15 current concepts in surgical techniques and postoperative rehabilitation strategies following ulnar collateral ligament reconstruction of the elbow eugene w brabston iii james j perry john erik bell 16 elbow rehabilitation after lateral collateral ligament reconstruction christopher s ahmad adrian james yenchak joseph l ciccone 17 rehabilitation following distal biceps tendon repair shannon r carpenter vikram m sathyendra anand m murthi note continued 18 evaluation and treatment of ulnar neuropathy at the elbow jay d keener 19 rehabilitation after orif of elbow dislocations michael darowish kathleen beaulieu 20 rehabilitation after distal humerus fractures cynthia watkins charles l getz 21 orif for olecranon fractures simple olecranon fractures transolecranon fracture dislocations and posterior monteggia variant gregory n nelson jr laura walsh joseph a abboud 22 orif and radial head replacement for radial head fractures robert z tashjian 23 total elbow arthroplasty kevin chan joey g pipicelli shrikant j chinchalkar george s athwal section editors ryan p calfee and andrew green michael szekeres graham j w king 24 introduction to hand and wrist anatomy michael szekeres graham j w king 25 dupuytren disease jun matsui ryan p calfee note continued 26 thumb cmc osteoarthritis lrti procedure simple trapeziectomy cmc arthrodesis charles eaton 27 mp and pip joint arthroplasty jennifer moriatis wolf katherine barnum baynes 28 acute flexor tendon injuries lindley b wall rhonda k powell 29 extensor tendon repairs christopher h judson mark e warren craig m rodner 30 tenolysis flexor and extensor carol recor jerry i huang 31 principles of tendon transfers gleb medvedev elisa j knutsen 32 distal radius fractures david m brogan stephanie kanna sanjeev kakar 33 total wrist arthroplasty corey mcgee agnes z dardas ryan p calfee 34 wrist arthrodesis limited and complete rowena mcbeath annie ashok terri skirven section editors michael lloyd parks and roman hayda nicole s schroeder karen pitbladdo 35 functional hip anatomy for rehabilitation nicole s schroeder karen pitbladdo note continued 36 total hip arthroplasty scott k siverling alejandro della valle 37 hip resurfacing maya c manning matthew p titmuss jessica bloch alejandro gonzalez della valle 38 total hip arthroplasty for hip fracture scott k siverling edwin p su 39 revision total hip arthroplasty david j mayman 40 hip arthroscopy femoroacetabular impingement and labral tears david mayman 41 periacetabular osteotomy eilish o sullivan bryan t kelly section editors michael lloyd park and roman hayda ernest l sink maureen suh 42 knee anatomy ernest l sink maureen suh 43 total

knee arthroplasty steven b haas davis v reyes benjamin f ricciardi 44 unicompartmental knee arthroplasty steven b haas benjamin f ricciardi davis v reyes 45 tibial and femoral osteotomy friedrich boettner tom schmidt braekling 46 partial meniscectomy chondroplasty s robert rozbruch austin t fragomen note continued 47 meniscal repair seth jerabek 48 acl reconstruction seth jerabek 49 patellar realignment seth jerabek 50 patellar and quadriceps tendon repairs seth jerabek 51 collateral ligament and multiple ligament injury andrea tychanski john cavanaugh anil s ranawat section editors justin k greisberg and roman hayda andrea tychanski john cavanaugh anil s ranawat 52 introduction to rehabilitation of the foot and ankle andrea tychanski john cavanaugh anil s ranawat 53 hallux valgus justin k greisberg jenna baynes 54 flatfoot surgery j turner vosseller joseph l ciccone 55 ankle and hindfoot fusions margaret j lobo samantha francucci 56 ankle arthroplasty craig s radnay 57 osteochondral lesions of the talus rehabilitation may fong mak xavier crevoisier mathieu assal 58 ankle instability surgery daniel c farber erik freeland sarah tyndal note continued 59 achilles tendon reconstruction lan chen carollynn meyers oliver schipper 60 calcaneus talus midfoot and lisfranc fractures heather e hensl anthony d angelo andrew k sands section editor andrew c hecht thomas c dowd eric m bluman 61 rehabilitation after spine surgery relevant anatomy thomas c dowd eric m bluman 62 lumbar laminectomy and microdiscectomy david alex stroh bradley moatz p justin tortolani 63 lumbar spine fusion samuel c overley sheeraz qureshi 64 adult and adolescent scoliosis adam e m eltorai alan h daniels 65 anterior cervical discectomy and fusion technique complications and rehabilitation abigail k allen elizabeth zhu samuel k cho 66 posterior cervical laminectomy fusion and laminoplasty sreeharsha v nandyala alejandro marquez lara david s cheng kern singh 67 rehabilitation after the compression fracture brett a braly john m rhee note continued section editor roman hayda soo yeon kim jeffrey algra alok d sharan 68 general principles of fracture treatment and rehabilitation soo yeon kim jeffrey algra alok d sharan 69 acetabulum roman hayda 70 rehabilitation after pelvic ring injury kerellos nasr stephanie dickason rahul banerjee 71 proximal femur fractures neck intertrochanteric and subtrochanteric richard d wilson michelle kenny heather a vallier 72 femur and tibial shaft open and closed fractures mark k solarz john j walker saqib rehman 73 postoperative orthopaedic rehabilitation of distal femur fractures daniel j stinner alicia faye white 74 tibial plateau h michael frisch 75 ankle and pilon fractures vivek venugopal madeline c rodriguez john j wixted kempland c walley 76 humeral shaft kevin l kirk johnny owens 77 amputation caleb campbell kathleen e snelgrove christopher got

presents detailed descriptions of each surgery with relevant rehabilitation guidelines evidence based guidelines also include treatment programs and troubleshooting for various patient populations such as geriatric athletic and pediatric each chapter includes vignettes and illustrations

with detailed descriptions of orthopedic surgeries rehabilitation for the postsurgical orthopedic patient 3rd edition provides current evidence based guidelines to designing effective rehabilitation strategies coverage of each condition includes an overview of the orthopedic patient s entire course of treatment from pre to post surgery for each phase of rehabilitation this book describes the postoperative timeline the goals potential complications and precautions and appropriate therapeutic procedures new to this edition are a full color design and new chapters on disc replacement cartilage replacement hallux valgus and transitioning the running athlete edited by lisa maxey and jim magnusson and with chapters written by both surgeons and physical therapists rehabilitation for the postsurgical orthopedic patient provides valuable insights into the use of physical therapy in the rehabilitation process comprehensive evidence based coverage provides an overview of the orthopedic patient s entire course of treatment from pre to post surgery including a detailed look at the surgical procedures and therapy guidelines that can be used to design

the appropriate rehabilitation programs case study vignettes with critical thinking questions help you develop critical reasoning skills indications and considerations for surgery describe the mechanics of the injury and the repair process so you can plan an effective rehabilitation program therapy guidelines cover each phase of rehabilitation with specifics as to the expected time span and goals for each phase evidence based coverage includes the latest clinical research to support treatment decisions overview of soft tissue and bone healing considerations after surgery helps you understand the rationale behind the timelines for the various physical therapy guidelines a troubleshooting section in each chapter details potential pitfalls in the recovery from each procedure over 300 photos and line drawings depict concepts procedures and rehabilitation detailed tables break down therapy guidelines and treatment options for quick reference expert contributors include surgeons describing the indications and considerations for surgery as well as the surgery itself and physical or occupational therapists discussing therapy guidelines new coverage of current orthopedic surgeries and rehabilitation includes topics such as disc replacement cartilage replacement hallux valgus and transitioning the running athlete new full color design and illustrations visually reinforce the content updated suggested home maintenance boxes in every chapter provide guidance for patients returning home references linked to medline abstracts make it easy to access evidence based information for better clinical decision making

contains 465 alphabetically arranged entries that provide step by step procedures for over two hundred specific surgeries as well as information on diagnostic tests medications and related topics and includes a glossary of terms and other reference material

formerly titled the recovery room the 3rd edition of this highly regarded work offers a strong in depth clinical focus research and documentation including physiologic pharmacologic and psychosocial considerations have been incorporated into this edition discussion of the various types of anesthetic agents includes the physiology of action and the appropriate nursing interventions to be anticipated in the pacu addresses basic principles of pharmacology monitoring modalities in the pacu and postoperative care for pediatric cardiac trauma aids and hypothermia patients

cd rom includes illustrated case studies and approx 300 self assessment questions

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