

# REALMS OF THE HUMAN UNCONSCIOUS OBSERVATIONS FROM

REALMS OF THE HUMAN UNCONSCIOUS  
REALMS OF THE HUMAN UNCONSCIOUS : OBSERVATIONS FROM LSD  
RESEARCH  
SEEKING THE SACRED WITH PSYCHOACTIVE SUBSTANCES  
THERAPEUTIC VOICEWORK  
PSYCHEDELICS AND  
ART THERAPY  
TRANSPERSONAL PSYCHOTHERAPY  
PROCESSING REALITY  
INTEGRAL PSYCHOTHERAPY  
ZEN AND THE  
BRAIN  
JOURNAL OF THE AMERICAN SOCIETY FOR PSYCHICAL RESEARCH  
THE JOURNAL OF PSYCHOHISTORY  
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TWILIGHT OF THE CLOCKWORK GOD  
THE DISCOVERY  
OF SOCIETY  
JOURNAL OF DHARMA  
THE RADIANCE OF BEING  
THE BEAT GENERATION: TOPICS  
MYSTICAL EXPERIENCES  
AND SCIENTIFIC METHOD  
PSYCHOLOGY OF ADJUSTMENT  
PSYCHOKINESIS  
STANISLAV GROF S. GROF J. HAROLD ELLENS  
PAUL NEWHAM CHARMAINE HUSUM SEYMOUR BOORSTEIN JOHN H. BUCHANAN R. ELLIOTT INGERSOLL JAMES H.  
AUSTIN AMERICAN SOCIETY FOR PSYCHICAL RESEARCH JOHN DAVID EBERT RANDALL COLLINS ALLAN COMBS LYNN  
MARIE ZOTT CHRISTER NORRMAN RICHARD W. COAN STANLEY KRIPPNER  
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LYNN MARIE ZOTT CHRISTER NORRMAN RICHARD W. COAN STANLEY KRIPPNER*

STANISLAV GROF IS ONE OF THE FOUNDING FATHERS OF THE MODERN CONSCIOUSNESS MOVEMENT AND HERE IS HIS  
PIONEERING WORK REALMS OF THE HUMAN UNCONSCIOUS REISSUED FOR A NEW GENERATION THAT HAS FOUND GROF S  
WORK TO BE INCREASINGLY IMPORTANT FOR THEIR TIME DR GROF VIEWS LSD AS AN UNSPECIFIC AMPLIFIER OF THE  
UNCONSCIOUS HE HAS DEVELOPED AN UNDERSTANDING OF THE DOMAINS OF THE UNCONSCIOUS FREUDIAN JUNGIAN AND  
RANKIAN WHICH UNFOLD UNDER THE LSD EXPERIENCE THAT FORMS THE BASIS FOR HIS RADICAL PSYCHOLOGY HE  
EXPLAINS A RANGE OF FUNDAMENTAL DISCOVERIES PREVIOUSLY MYSTERIOUS THAT CHANGE THE WAY WE THINK  
ABOUT HUMAN POTENTIAL LSD HAS THE POTENTIAL TO BE USED IN STUDY OF SCHIZOPHRENIA PSYCHIATRY AND  
PSYCHOTHERAPY AS WELL AS ITS ROLE IN A DEEPER UNDERSTANDING OF ART MYTHOLOGY AND RELIGION DR GROF S  
EXTENSIVE RESEARCH HAS INCLUDED EXPERIENTIAL PSYCHOTHERAPY USING PSYCHEDELICS ALTERNATIVE APPROACHES  
TO PSYCHOSES AND THE UNDERSTANDING OF PSYCHOSPIRITUAL CRISES REALMS OF HUMAN UNCONSCIOUS IS  
STANISLAV GROF S CLASSIC INTRODUCTION TO NON ORDINARY STATES OF CONSCIOUSNESS AND THE FOUNDATION OF  
HIS WORK ON TRANSPERSONAL PSYCHOLOGY IT HAS PROVED TO BE A MAP TO THE INNER TRANSFORMATION THAT WE  
NEED AND A REVOLUTIONARY GUIDE TO LIVING IN THE WORLD WITH SPIRITUAL INTELLIGENCE

CAN DRUGS BE USED INTELLIGENTLY AND RESPONSIBLY TO EXPAND HUMAN CONSCIOUSNESS AND HEIGHTEN  
SPIRITUALITY THIS TWO VOLUME WORK PRESENTS OBJECTIVE SCIENTIFIC INFORMATION AND PERSONAL STORIES  
AIMING TO ANSWER THE QUESTION THE FIRST OF ITS KIND THIS INTRIGUING TWO VOLUME SET OBJECTIVELY REPORTS  
ON AND ASSESSES THIS MODERN PSYCHO SOCIAL MOVEMENT IN WORLD CULTURE THE CONSTRUCTIVE MEDICAL USE OF  
ENTHEOGENS AND RELATED MIND ALTERING SUBSTANCES COVERING THE USE OF SUBSTANCES SUCH AS AYAHUASCA  
CANNABIS LSD PEYOTE AND PSILOCYBIN THE WORK SEEKS TO ILLUMINATE THE TOPIC IN A SCHOLARLY AND SCIENTIFIC  
FASHION SO AS TO LIFT THE TYPICAL DIVISION BETWEEN THOSE WHO ARE SUPPORTERS OF RESEARCH AND  
EXPLORATION OF ENTHEOGENS AND THOSE WHO ARE STRONGLY OPPOSED TO ANY SUCH EXPERIMENTATION  
ALTOGETHER THE VOLUMES ADDRESS THE HISTORY AND USE OF MIND ALTERING DRUGS IN MEDICAL RESEARCH AND  
RELIGIOUS PRACTICE IN THE ENDEAVOR TO EXPAND AND HEIGHTEN SPIRITUALITY AND THE SENSE OF THE DIVINE  
PROVIDING UNBIASED COVERAGE OF THE RELEVANT ARGUMENTS AND CONTROVERSIES REGARDING THE SUBJECT MATTER  
CHAPTERS INCLUDE EXAMINATIONS OF HOW PSYCHOACTIVE AGENTS ARE USED TO ACHIEVE ALTERED STATES IN  
JUDAISM CHRISTIANITY ISLAM AND BUDDHISM AS WELL AS IN THE RITUALS OF SHAMANISM AND OTHER LESS WIDELY  
KNOWN FAITHS THIS HIGHLY READABLE WORK WILL APPEAL TO EVERYONE FROM HIGH SCHOOL STUDENTS TO  
SEASONED PROFESSORS IN BOTH THE SECULAR WORLD AND IN DEVOTED CHURCH GROUPS AND RELIGIOUS COLLEGES

BASED ON PAUL NEWHAM S EXPERIENCE AS A VOICE THERAPIST AND ON HIS WORK RUNNING A PROFESSIONAL TRAINING  
COURSE IN THE PSYCHOTHERAPEUTIC USE OF SINGING THIS TEXT EXPLORES BOTH THE THEORY AND PRACTICE BEHIND  
THE USE OF VOICE AND SINGING IN EXPRESSIVE ARTS THERAPY

THIS BOOK SERVES AS A VITAL RESOURCE FOR CLINICIANS THERAPISTS AND INDIVIDUALS AIMING TO INTEGRATE THEIR  
PSYCHEDELIC EXPERIENCES THROUGH THE TRANSFORMATIVE PRACTICE OF ART THERAPY ROOTED IN A TRAUMA

INFORMED APPROACH PSYCHEDELICS AND ART THERAPY A TRAUMA INFORMED MANUAL FOR SOMATIC SELF DISCOVERY OFFERS GUIDANCE ON NAVIGATING THE PROFOUND PSYCHOLOGICAL AND EMOTIONAL SHIFTS THAT OFTEN ACCOMPANY SUCH JOURNEYS THIS BOOK COMBINES CREATIVE EXERCISES WITH MEDITATION AND NEUROSCIENTIFIC INSIGHTS TO SHOW HOW ART THERAPY CAN EFFECTIVELY REROUTE NEURAL PATHWAYS FOSTERING SUSTAINED EMOTIONAL WELL BEING AND PERSONAL GROWTH IN AN ERA WHERE THE UNDERGROUND MARKET OF PSYCHEDELIC THERAPY IS OFTEN UNSAFE AND COMMERCIALY DRIVEN THIS BOOK ADVOCATES FOR A SUSTAINABLE APPROACH TO HEALING THAT PREVENTS HABITUAL RELIANCE ON THESE SUBSTANCES AUTHORED BY AN ART THERAPIST WITH OVER A DECADE OF SPECIALIZED EXPERIENCE IN PSYCHEDELIC PREPARATION AND INTEGRATION THIS BOOK TRANSCENDS THE UNDERGROUND STIGMAS ASSOCIATED WITH DRUG CULTURE OFFERING A TRUSTED PATH TO HEALING GROUNDED IN THERAPEUTIC PRACTICES THAT HONOR TRANSPERSONAL AND INDIGENOUS WISDOM AS THE CONVERSATION AROUND PSYCHEDELICS IN THERAPY EVOLVES THIS ESSENTIAL GUIDE PROVIDES A STRUCTURED AND COMPASSIONATE APPROACH TO INTEGRATION AND HEALING ENSURING LONG TERM PERSONAL EMPOWERMENT AND INNER WELL BEING

BREACHES THE WALL BETWEEN THE PSYCHOTHERAPEUTIC AND THE SACRED AS RESPECTED PIONEERS IN THE FIELD GIVE THEIR VISION OF THE SYNERGISTIC POTENTIAL IN THESE TWO POWERFUL TRADITIONS

IN THIS BOOK JOHN BUCHANAN TAKES US ON A JOURNEY THROUGH THE EARLY DEATH OF A PARENT THE UPS AND DOWNS OF ADDICTION THE EXTRAORDINARY REVELATIONS OF PSYCHEDELIC EXPERIENCES AND THE REWARDS OF A SOBER AND MEANINGFUL LIFE REFLECTING ON THESE EXPERIENCES THE AUTHOR IDENTIFIES FIVE PIVOTAL EVENTS THAT DROVE HIM TO SEEK A DEEPER UNDERSTANDING OF THE SIGNIFICANCE OF EXTRAORDINARY EXPERIENCES THE NATURE OF MIND AND THE UNIVERSE THE MEANING OF LIFE AND MOST GENERALLY TO ASK WHAT IS REALITY DRAWING ON HIS WIDE RANGING STUDIES AND EXPLORATIONS BUCHANAN DISCUSSES THE IDEAS THAT MOST INFLUENCED HIS SEARCH AND LED HIM TO CONCLUDE THAT TRANSPERSONAL PSYCHOLOGY AND PROCESS PHILOSOPHY ESPECIALLY AS DEVELOPED BY STANISLAV GROF AND ALFRED NORTH WHITEHEAD OFFER THE MOST SATISFYING ANSWERS HE PRESENTS IN SOME DETAIL THE ESSENCE OF GROF S AND WHITEHEAD S THOUGHT AS IT PERTAINS TO THESE BASIC QUESTIONS ABOUT LIFE AND REALITY SO THAT READERS CAN APPRECIATE THESE IDEAS FOR THEMSELVES BUCHANAN ARGUES THAT TAKEN TOGETHER PROCESS THOUGHT AND TRANSPERSONAL THEORY OFFER THE KIND OF ENSPIRITED WORLDVIEW CAPABLE OF PROVIDING BOTH THE NECESSARY INSPIRATION AND THE INTELLECTUAL UNDERSTANDING FOR CONFRONTING THE GREAT CHALLENGES FACING OUR WORLD

INTRODUCES INTEGRAL PSYCHOTHERAPY TO SCHOLARS PRACTICING PSYCHOTHERAPISTS AND GENERAL READERS

A NEUROSCIENTIST AND ZEN PRACTITIONER INTERWEAVES THE LATEST RESEARCH ON THE BRAIN WITH HIS PERSONAL NARRATIVE OF ZEN ALDOUS HUXLEY CALLED HUMANKIND S BASIC TREND TOWARD SPIRITUAL GROWTH THE PERENNIAL PHILOSOPHY IN THE VIEW OF JAMES AUSTIN THE TREND IMPLIES A PERENNIAL PSYCHOPHYSIOLOGY BECAUSE AWAKENING OR ENLIGHTENMENT OCCURS ONLY WHEN THE HUMAN BRAIN UNDERGOES SUBSTANTIAL CHANGES WHAT ARE THE PEAK EXPERIENCES OF ENLIGHTENMENT HOW COULD THESE STATES PROFOUNDLY ENHANCE AND YET SIMPLIFY THE WORKINGS OF THE BRAIN ZEN AND THE BRAIN PRESENTS THE LATEST EVIDENCE IN THIS BOOK ZEN BUDDHISM BECOMES THE OPENING WEDGE FOR AN EXTRAORDINARILY WIDE RANGING EXPLORATION OF CONSCIOUSNESS IN ORDER TO UNDERSTAND WHICH BRAIN MECHANISMS PRODUCE ZEN STATES ONE NEEDS SOME UNDERSTANDING OF THE ANATOMY PHYSIOLOGY AND CHEMISTRY OF THE BRAIN AUSTIN BOTH A NEUROLOGIST AND A ZEN PRACTITIONER INTERWEAVES THE MOST RECENT BRAIN RESEARCH WITH THE PERSONAL NARRATIVE OF HIS ZEN EXPERIENCES THE SCIENCE IS BOTH INCLUSIVE AND RIGOROUS THE ZEN SECTIONS ARE CLEAR AND EVOCATIVE ALONG THE WAY AUSTIN EXAMINES SUCH TOPICS AS SIMILAR STATES IN OTHER DISCIPLINES AND RELIGIONS SLEEP AND DREAMS MENTAL ILLNESS CONSCIOUSNESS ALTERING DRUGS AND THE SOCIAL CONSEQUENCES OF THE ADVANCED STAGE OF ONGOING ENLIGHTENMENT

LIST OF MEMBERS IN V 1 6 12

BRIAN SWIMME RALPHABRAHAM STANISLAV GROF DEEPAK CHOPRA RUPERT SHELDRAKE LYNNMARGULIS TERENCE MCKENNA AND WILLIAMIRWIN THOMPSON PRESENT THEIR IDEASCONCERNING THE EVOLUTION OF CONSCIOUSNESS

THIS CLASSIC TEXT EXPLORES THE LIVES AND IDEAS OF THE SOCIAL THINKERS WHO HAVE SHAPED AND CONTINUE TO FORGE TRADITIONS IN SOCIOLOGY FOCUSING ON THE GREAT NAMES IN THE FIELD IT WEAVES BIOGRAPHICAL AND CONCEPTUAL DETAILS INTO A TAPESTRY OF THE HISTORY OF SOCIAL THOUGHT OF THE 19TH AND 20TH CENTURIES WRITTEN IN A NARRATIVE STYLE THAT IS ACCESSIBLE AND EXCITING THIS TEXT IS AN EXCELLENT SUPPLEMENT FOR COURSES IN SOCIAL SOCIOLOGICAL THEORY THE HISTORY OF SOCIAL THOUGHT THE HISTORY OF SOCIOLOGY AND INTRODUCTION TO SOCIOLOGY

IN THIS GROUND BREAKING WORK ALLAN COMBS PRESENTS A WIDE RANGING SURVEY OF THE NATURE AND ORIGINS OF CONSCIOUSNESS RESEARCH VIEWING CONSCIOUSNESS AS A DYNAMIC AND SELF ORGANIZING PROCESS WITH EVOLUTIONARY POTENTIAL COMBS REVIEWS THE WORK OF EVOLUTIONARY THEORISTS SUCH AS PIERRE TEILHARD DE CHARDIN KEN WILBER JEAN GEBSER AND SRI AUROBINDO WHAT EMERGES IS A FASCINATING STUDY OF CONSCIOUSNESS THAT DISCLOSES ITSELF AS A RICH AND ONGOING ACT OF SELF CREATION POISED AT THE EDGE OF CHAOS BETWEEN PAST AND FUTURE

THE HISTORY OF HUMANKIND CANNOT BE CHARTED AS A STEADY LINEAR UPWARD SLOPE BUT RATHER AS A SERIES OF QUANTUM JUMPS OF SHORT DURATION SEPARATED BY PLATEAUS OF VARYING DURATION DURING WHICH NO PROGRESS OCCURRED DURING THESE PERIODS OF NO PROGRESS THE REVOLUTIONARIES WHO PRODUCED THE PRECEDING QUANTUM JUMP PASS FROM THE SCENE THEIR PRINCIPLES AND CONCEPTS BECOME CONCRETIZED AS DOGMA AND A NEW ESTABLISHMENT IS BORN WHOSE SACRED DUTY IS THE PROTECTION OF THE DOGMA AGAINST THE NEW REVOLUTIONARIES THE LAST QUANTUM JUMP WAS THE SCIENTIFIC REVOLUTION OF THE NINETEENTH CENTURY WHICH LAID THE GROUNDWORK FOR OUR PRESENT TECHNOLOGICAL CIVILIZATION AND PERHAPS MORE IMPORTANT ALSO SHAPED OUR PHILOSOPHICAL VIEW OF WHAT IS A HUMAN BEING SINCE THE BASIS OF THIS SCIENTIFIC REVOLUTION WAS REASON LOGIC MEASUREMENT AND TOTAL RELIANCE UPON THE ORGANIZED SENSES THE RESULTANT VIEW OF THE PERSON IS THAT OF AN AUTOMATON FUNCTIONING IN A CLOCKWORK WORLD THE POWER OF THIS VIEW IS EVIDENT IN THE ADVANCES MADE IN MEDICAL SCIENCE UP UNTIL THE 1950S THE TWIN TRIUMPHS OF SANITATION AND PREVENTIVE MEDICINE AND THE DEVELOPMENT OF THE ANTIBIOTIC CONCEPT COMPLETELY REVOLUTIONIZED THE PRACTICE OF MEDICINE AND BY 1950 THOSE OF US IN THE PROFESSION WERE ANTICIPATING A NEW GOLDEN AGE OF MEDICINE BUT IN FACT THE REALITY HAS BEEN DISASTER THE MECHANISTIC VIEW OF HUMANITY HAS LED TO MORE AND MORE TECHNOLOGICAL APPLICATIONS OF EVER INCREASING COMPLEXITY AND COST AND EVER DECREASING EFFICIENCY

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Conclusion

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