

Psykologiens Veje Book

Psykologiens vejeCopingLivgivende samtaler og relationerPsychology at the Turn of the Millennium, Volume 2The National Union Catalog, Pre-1956 ImprintsUdviklingens vejeBilleder fra et terapeutisk værkstedSamarbejde mellem organisationerNordisk psykologiBonniers litterära magasinNordisk medicinSjælen og stjernerneEn psykoanalytikers vejePsykologiens metodelæreEn psykoanalytikers vejePsykologiSport Psychology in Theory and Practice Ole Schultz Larsen Karen Pallesgaard Munk Lars Borgmann Lars Backman Ole Schultz Larsen Åse Stubbe Teglbjærg Georg Svensson Finn Abrahamowitz Poul Færgeman Benny Karpatschof Poul Martin Færgeman Frithiof Brandt Lars-Eric Uneståhl
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the concept of coping is fundamental in stress research as an overall designation for everything people do to deal with stressful situations in this book karen pallesgaard munk further develops the theory of coping using the american psychologist richard s lazarus analysis of emotions to research how individuals and groups experience stress this new method which karen pallesgaard munk calls qualitative micro analysis begins with interviews that focus on both practical and emotional aspects of the life situation of the informant against this background a systematic mapping of the informant s coping strategies and related narratives is made as a basis for change in this book instructions are given for how to conduct a coping interview analyse the results and then communicate the data the guidelines are applicable to both large research projects and smaller investigations on stress and well being for example by students of health

these two volumes represent the cutting edge of contemporary theory and research in psychological science based on the keynote and state of the art lectures from the 27th international congress of psychology the volumes feature a collection of chapters written by international leaders in psychological scholarship the chapters reflect the diversity of current research topics in psychology where old boundaries have become obsolete and subdivisions from the past merge to form new objects of study volume 1 addresses cognitive biological and health perspectives it includes sections on the neural mechanisms underlying psychological processes the core areas in experimental psychology perception attention learning and memory the multiple aspects of psychological health the interaction between cognitive and emotional processes and higher cognitive processes with special focus on decision making and language volume 2 deals with social developmental and clinical perspectives the sections highlight human development across the life span basic and applied issues in personality emotion and clinical psychology social psychology ranging from experimental work through social constructivism and gender

med den foreliggende bog vil jeg vise hvor vigtigt det er at vi tager os selv alvorligt og ikke affejer psykiske problemer som pjat og hvor langt vi kan komme i selverkendelse og opnåelse af sjælelig ligevægt når vi bevidst arbejder på det terapi kan være et uvurderligt redskab til at opnå den forståelse af sig selv som skal til for at kunne leve et godt og autentisk liv Åse stubbe teglbjærg fortæller gennem eksempler fra forskellige terapiforløb om arbejdet med erkendelse selvindsigt og erindring og beskriver hvordan dette arbejde kan hjælpe os med at se vores problemer i øjnene og dermed arbejde os igennem dem i bogen giver forfatteren

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