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oct 17 2024 in general oral antihistamines are not the best treatment to control hay fever you re better off with steroid nose sprays that said second generation oral antihistamines can be used to

jun 27 2024 hay fever hives and anaphylaxis are all types of allergic reactions many of those affected reach quickly for antihistamines to treat mild to moderate allergies though adrenaline not

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hay fever is common in australia but should not go untreated anyone can experience symptoms of hay fever and there are several different ways to help reduce them proper use of medications and

apr 17 2025 if you have tried over the counter treatments for your allergic rhinitis but your symptoms are still occurring and affecting your quality of life you should see your doctor

hayfever symptoms can range from mild moderate to severe if your hayfever affects your day to day activities when your symptoms are at their worst then you may need treatment for moderate to

oct 6 2022 antihistamine tablets are safe to use over many weeks and if needed you can take non drowsy tablets in the morning and then over the counter drowsy tablets at night ms brown explains

sep 21 2025 yes combining antihistamine tablets with nasal sprays is safe and often works better than either alone they work in different ways tablets throughout your body and sprays directly in

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it s important to tell your doctor about any triggers you have noticed in your work or home environment and how hay fever affects your quality of life your doctor may check your nose and eyes for signs of

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