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vous devez prendre soin de vous c est essentiel prendre soin de soi oui c est bien beau mais comment il m est souvent arriv de penser que je ne prenais pas soin de moi pourtant apr s r flexion dans de nombreux domaines j ai favoris mon bien tre dans d autres cela me demandait plus d attention c est ainsi que depuis plusieurs ann es j ai pos l intention d am liorer jour apr s jour pas apr s pas chacun des domaines de ma vie ce livre est un petit condens de mes articles diffus pendant 1 an sur le site choisirlareussite com c est un premier jet j ai souhait vous partager notamment mon exp rience de l alo vera des vitamines des astuces beaut et bien tre si vous ne reprenez qu une seule chose de ce guide vous aurez avanc d un pas vers votre bien tre et je serais ravie d avoir pu y contribuer prenez soin de vous au plaisir de partager brigitte

comment s y prendre dans une situation donn e quelles comp tences pour prendre en charge le patient cet ouvrage est destin aux tudiants et aux professionnels infirmiers amen s à prendre en charge le patient douloureux en trois grandes parties 1 les pr requis fournissent les notions indispensables du processus douleur et des options th rapéutiques pour aborder sereinement les situations cliniques pr valentes 2 les situations cliniques pr valentes permettent de se familiariser avec la prise en charge globale des patients et la pratique terrain en partant d un cas clinique les liens entre la symptomatologie du patient et sa prise en charge sont expliqu s la conduite infirmière et ou conseils aux patients ainsi que le r le propre et le r le prescrit infirmiers sont clairement identifi s 3 la bo te à outils d taille les aspects l gaux les outils d valuation et les traitements abord s dans les situations cliniques la compr hension est facilit e par une pr sentation sous forme de fiches en couleurs et par de nombreux tableaux photographies et illustrations enfin une collection centr e sur le r le infirmier

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