# **Physicians Desk Reference For Herbal**

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this richly illustrated reference guide treats the subject of herbal medicines in an integrated fashion with reference to pharmacognosy pharmacology and toxicology it will help to enable internists phytotherapists physicians healthcare practitioners as well as students to understand why when and how herbal medicines can be used in the treatment of diseases a great deal of pathology and therapeutic information is also included numerous tables as well as figures clarify complex mechanisms and other information the most important medicinal plants and drugs are illustrated

with exceptional color plates

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the most current scientific information from the world's leading medical journals although there is growing consumer awareness of alternative and complementary medicine there is a lack of comprehensive information available on herbal products while pharmacists physicians and other health care professionals sometimes offer advice their patients want more information the complete natural medicine guide to the 50 most common medicinal herbs is a comprehensive fully illustrated reference to the 50 most commonly prescribed herbs a complete description of each herb is featured along with its other common names possible adverse effects therapeutic uses for treating illness and disease as well as potential drug interactions some of the herbs included are aloe vera evening primrose goldenseal scullcap burdock tumeric tea tree oil meadowsweet this guide is written by professional pharmacists one a naturopathic doctor using the most current research and clinical testing the authors easy to understand text combined with the latest findings and clear directions for safe dosages makes this practical reference on medicinal herbs a primary resource of data

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