

# Our Bodies Ourselves

The Making of Our Bodies, OurselvesOur Bodies, OurselvesOur Bodies, OurselvesOur Bodies, Ourselves and the Work of WritingOur Bodies, Ourselves: Pregnancy and BirthThe Making of Our Bodies, OurselvesOur bodies, ourselvesOur Bodies, OurselvesThe New Our Bodies, OurselvesThe New Our Bodies, OurselvesThe New Our Bodies, OurselvesThe New Our Bodies, OurselvesNew Our Bodies, OurselvesOur Bodies, Ourselves for the New CenturyBody and SexualityThe Human BodyThe Human BodyOur Health Our LivesOur Bodies, OurselvesOur Bodies, Ourselves Kathy Davis Boston Women's Health Book Collective Boston Women's Health Book Collective Susan Wells Boston Women's Health Book Collective Kathy Davis The Boston Women's Health Book Collective Angela Phillips Boston Women's Health Book Collective Ecclesia of Women in Asia. Biennial Conference Henry Newell Martin H. Newell Martin Eileen Hoffman Boston Women's Health Book Collective Boston Women's Health Book Collective

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the story of how the feminist classic *our bodies ourselves* has been adapted and reworked by women of different cultures around the world

chapter on lesbians by lesbians misha schutt

the bestselling women's health classic informing and inspiring women across generations hailed by the new york times as a feminist classic this comprehensive guide to all aspects of women's sexuality and reproductive health including menopause birth control childbirth sexual health sexual orientation gender identity mental health and overall wellbeing changed the women's health movement around the world and remains as important and relevant as ever providing detailed and empowering information on women's reproductive health and sexuality this latest edition of our bodies ourselves shows how to find and access health information and offers additional resources and stories to educate women about health care injustices and inspires them to work collectively to address them including the latest vital information on changes in the health care system especially how health care reform affects women and how to get the care you need safer sex how to engage in pleasurable satisfying sexual experiences while protecting your health and the health of your partner environmental health risks including minimizing exposure to everyday pollutants that endanger reproductive health body image resisting negative media stereotypes and embracing

healthier approaches to looking and feeling good local and global activism using social media and organizing tactics to build community and advocate for policies that improve women's lives as well as crucial information about gender identity sexual orientation birth control abortion pregnancy and birth perimenopause and sexuality and sexual health as we age together with its companion website [ourbodiesourselves.org](http://ourbodiesourselves.org) our bodies ourselves is a one stop resource that belongs on the bookshelves of women of all ages

our bodies ourselves first published by a mainstream press in 1973 is now in its eighth major edition it has been translated into twenty nine languages has generated a number of related projects and with over four million copies sold is as popular as ever this study tells the story of the first two decades of the pioneering best seller a collectively produced guide to women's health from its earliest most experimental and revolutionary years when it sought to construct a new female public sphere to its 1984 revision when some of the problems it first posed were resolved and the book took the form it has held to this day wells undertakes a rhetorical and sociological analysis of the best seller and of the work of the boston women's health book collective that produced it in the 1960s and 1970s as social movements were on the rise and many women entered higher education new writing practices came into existence in the pages of our bodies ourselves matters that had been private became public readers encouraged to trust their own experiences began to participate in a conversation about health and medicine the writers of our bodies ourselves researched medical texts and presented them in colloquial language drafting and revising in groups they invented new ways of organizing the task of writing above all they presented medical information by telling stories we learn here how these stories were organized and how the writers drew readers into investigating both their own bodies and the global organization of medical care extensive archival research and interviews with the members of the authorial collective shed light on a grassroots undertaking that revolutionized the writing of health books and forever changed the relationship between health experts and ordinary women

the trusted editors of our bodies ourselves called a feminist classic by the new york times present a comprehensive guide to pregnancy and childbirth from prenatal care and emotional well being to how to handle the pain of childbirth pregnancy and birth are as ordinary and extraordinary as breathing thinking or loving but as soon as you announce you're expecting you may be bombarded with advice from every angle well meaning friends relatives medical professionals even strangers want to weigh in on what you should or shouldn't do and it's easy to feel overwhelmed by their conflicting recommendations our bodies ourselves pregnancy and birth will help you sort fact from fiction giving you the most accurate research up to date information and the firsthand experiences of numerous women who have been exactly where you are today you'll get the tools you need to take care of yourself and your baby during and after your pregnancy from tips on eating well during pregnancy to strategies for coping with stress and depression learn everything you need to know about choosing a good health care provider selecting a place of birth understanding prenatal testing coping with labor pain speeding your physical recovery adjusting to life as a new mother our bodies ourselves pregnancy and birth is an essential resource for women that will guide you through the many decisions ahead

the story of how the feminist classic our bodies ourselves has been adapted and reworked by women of different cultures around the world

discusses women's health care issues

discusses women's health care issues

addresses a variety of women's health issues including body image illness pregnancy childbirth aids growing older nutrition sexuality and other related topics

this collection of essays is a fruit of the 2004 conference of the ecclesia of women in asia ewa a forum of catholic women doing theology in asia p 4 of cover

with risk assessment practical preventive measures screening recommendations and the latest most comprehensive information our health our lives is an unparalleled compendium of women s health

an informative reference that thoroughly details women s health issues

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