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 vivid illustrations and wide array of reader friendly features you can easily understand how
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for concise need to know coverage of the most up to date topics and research in nutritional care turn to williams basic nutrition diet therapy this market leading text provides coverage of hot topics emerging trends and cutting edge research plus all the essentials for providing the best nutrition care and with its conversational writing style vivid illustrations and wide array of reader friendly features you can easily understand how the concepts in the book can be applied in clinical practice case studies with accompanying questions for analysis in the clinical care chapters focus your attention on related patient care problems cultural considerations boxes discuss how a patient s culture can affect nutritional concepts in practice clinical applications and for further focus boxes highlight timely topics and analyze concepts and trends in depth bulleted chapter summaries review highlights from the chapter and help you see how the chapter contributes to the book s big picture diet therapy

guidelines include recommendations restrictions and sample diets for major clinical conditions drug nutrient interactions boxes highlight important safety information and cover topics such as nutritional supplements for athletics drugs interfering with vitamin absorption and over the counter weight loss aids key terms and definitions clarify terminology and concepts critical to your understanding and application of the material

new the person s rights and pressure ulcers chapters cover these key areas new focus on pride boxes highlight personal and professional responsibility rights and respect independence and social interaction delegation and teamwork and ethics and laws to help you promote pride in the person family and yourself two laminated pocket sized cards include information on normal vital signs common measurement conversions positioning a 24 hour clock and abdominal and lateral regions updated companion cd contains interactive procedures including three new procedures an updated audio glossary and a new spanish audio glossary with phrases and terms an updated a p review body spectrum is available on the cd and on the evolve companion website

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eleven year old gabriela learns some unpleasant truths about her often absent father and his relationship with her and her mexican mother

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