

Motivational Interviewing In Health Care Helping Patients Change Behavior Stephen Rollnick

Motivational Interviewing for Leaders in the Helping Professions Motivational Interviewing with Offenders Motivational Interviewing in Social Work Practice Motivational Interviewing in Health Care Motivational Interviewing Motivational Interviewing in Schools Health Behavior Change E-Book Motivational Interviewing, Second Edition Encyclopedia of Health and Behavior Motivational Interviewing in the Treatment of Psychological Problems, First Ed Behavioral Medicine in Primary Care Behavioral Medicine: A Guide for Clinical Practice, Third Edition Behavioural and Mental Health Research The Gale Encyclopedia of Mental Disorders NACE Journal Choice The Behavior Therapist Forthcoming Books Techniques and Guidelines for Social Work Practice Recording for the Blind & Dyslexic, ... Catalog of Books Colleen Marshall Jill D. Stinson Melinda Hohman Stephen Rollnick William R. Miller Stephen Rollnick Stephen Rollnick William R. Miller Norman B. Anderson Hal Arkowitz Mitchell D. Feldman Mitchell Feldman Glenys Parry Rose Arny Bradford W. Sheafor

Motivational Interviewing for Leaders in the Helping Professions Motivational Interviewing with Offenders Motivational Interviewing in Social Work Practice Motivational Interviewing in Health Care Motivational Interviewing Motivational Interviewing in Schools Health Behavior Change E-Book Motivational Interviewing, Second Edition Encyclopedia of Health and Behavior Motivational Interviewing in the Treatment of Psychological Problems, First Ed Behavioral Medicine in Primary Care Behavioral Medicine: A Guide for Clinical Practice, Third Edition Behavioural and Mental Health Research The Gale Encyclopedia of Mental Disorders NACE Journal Choice The Behavior Therapist Forthcoming Books Techniques and Guidelines for Social Work Practice Recording for the Blind & Dyslexic, ... Catalog of Books *Colleen Marshall Jill D. Stinson Melinda Hohman Stephen Rollnick William R. Miller Stephen Rollnick Stephen Rollnick William R. Miller Norman B. Anderson Hal Arkowitz Mitchell D. Feldman Mitchell Feldman Glenys Parry Rose Arny Bradford W. Sheafor*

written expressly for leaders in health care and the social services this accessible book shows how motivational interviewing mi can transform conversations about change within an organization the authors demonstrate powerful ways to use mi to generate solutions and get employees and organizations unstuck whether mentoring a staff member in a new role addressing performance problems or redesigning procedures or programs readers are guided to skillfully and ethically apply the core mi processes engaging focusing evoking and planning in the management context user friendly features include reproducible worksheets end of chapter self reflection exercises and extended case vignettes purchasers get access to a companion website where they can download and print these materials in a convenient 8 1/2 x 11 size this book is in the applications of motivational interviewing series edited by stephen rollnick william r miller and theresa b moyers

from experts on working with court mandated populations this book shows how motivational interviewing mi can help offenders move beyond resistance or superficial compliance and achieve meaningful behavior change using this evidence based approach promotes successful rehabilitation and reentry by drawing on clients values goals and strengths not simply telling them what to do the authors clearly describe the core techniques of mi and bring them to life with examples and sample dialogues from a range of criminal justice and forensic settings of crucial importance the book addresses mi implementation in real world offender service systems including practical strategies for overcoming obstacles this book is in the applications of motivational interviewing series edited by stephen rollnick william r miller and theresa b moyers

the definitive text on motivational interviewing mi written by and for social workers has now been updated and expanded with 60 new material including a revised conceptual framework cutting edge applications and enhanced pedagogical features melinda hohman and her associates demonstrate what mi looks like in action how it transforms conversations with clients and how to integrate it into social work practice in a wide range of settings extensive new case examples and annotated sample dialogues bring the concepts to life helping readers build their own repertoires of mi skills the book also summarizes the research base for mi and shares expert recommendations for teaching training and professional development new to this edition expanded and restructured around the current four process model of mi engaging focusing evoking and planning content is explicitly linked to the council on social work education s educational policy and accreditation standards epas and the grand challenges for social work chapter on mi through the lens of critical race theory chapter on innovative applications in the areas of trauma food insecurity and environmental justice additional pedagogical features voices from the field boxes written by social workers in a variety of roles and end of chapter reflection questions this book is in the applications of motivational interviewing series edited by stephen rollnick william r miller and theresa b moyers

the definitive guide to motivational interviewing mi for health care practitioners has been completely revised to reflect important developments and make the approach even more accessible when it comes to helping patients manage chronic and acute conditions and make healthier choices in such areas as medication adherence smoking diet and preventive care good advice alone is not enough this indispensable book shows how to use mi techniques to transform conversations about change even the briefest clinical interaction can serve to build trust clarify patients goals as well as reasons for ambivalence and guide them to take positive steps vivid sample dialogues tips and scripts illustrate ways to incorporate this evidence based approach into diverse health care settings new to this edition restructured around the four processes of mi engaging focusing evoking and planning incorporates lessons learned from the authors ongoing clinical practice and practitioner training workshops chapters on advice giving brief consultations merging mi with assessment mi in groups and making telehealth consultations more effective additional practical features extended case examples try this activities and boxed reflections from practitioners in a range of contexts this book is in the applications of motivational interviewing series edited by stephen rollnick william r miller and theresa b moyers

a revised and expanded second edition of the foundation text of motivational interviewing in counseling explains how to work through ambivalence to facilitate change presents detailed guidelines for using the mi approach with a variety of clinical populations and reflects on the process of learning mi leading experts then address such topics as mi and the stages of change model using the approach with groups couples and adolescents and applications to general medical care health promotion and criminal justice settings

the first teacher s guide to the proven counseling approach known as motivational interviewing mi this pragmatic book shows how to use everyday interactions with students as powerful opportunities for change mi comprises skills and strategies that can make brief conversations about any kind of behavioral academic or peer related challenge more effective extensive sample dialogues bring to life the dos and don ts of talking to k 12 students and their parents in ways that promote self directed problem solving and personal growth the authors include the distinguished codeveloper of mi plus two former classroom teachers user friendly features include learning exercises and reflection questions additional helpful resources are available at the companion website written for teachers the book will be recommended and or used in teacher workshops by school psychologists counselors and social workers this book is in the applications of motivational interviewing series edited by stephen rollnick william r miller and theresa b moyers

engagingly written by experts with worldwide reputations in the field health behavior change presents an exciting method which can be used to help patients change their behaviour in both hospital and community settings the method is applicable to any behaviour such as overeating physical inactivity and smoking or with patients struggling with the consequences of chronic conditions like diabetes and heart disease using brief structured consultations with the client the practitioner encourages the patient to take charge of decision making concerning their health it relies upon partnership between professional and patient rather than dominance of one over the other and is carried out in a spirit of negotiation rather than confrontation the text clearly outlines the fundamental principles behind the method while applying it to practice problems of resistance and lack of motivation are explored and practical strategies to manage them are suggested the patient is at the centre throughout short case examples and dilemmas from clinical settings ground the method in the reality of practice well accepted method reflects professionals current concerns with health promotion and effective use of time highly respected authors community focus genuine international market particularly relevant to us practice us spellings throughout text revised and updated throughout to reflect developments in the field e g new studies that have been conducted since the first edition published improved appearance with addition of a second colour and more modern page design to increase appeal chapter summaries added to aid assimilation more material relating to obesity

this bestselling work has introduced hundreds of thousands of professionals and students to motivational interviewing mi a proven approach to helping people overcome ambivalence that gets in the way of change william r miller and stephen rollnick explain current thinking on the process of behavior change present the

principles of mi and provide detailed guidelines for putting it into practice case examples illustrate key points and demonstrate the benefits of mi in addictions treatment and other clinical contexts the authors also discuss the process of learning mi the volume s final section brings together an array of leading mi practitioners to present their work in diverse settings

this encyclopedia was designed with the overarching goal to collect together in a single resource the knowledge generated by this interdisciplinary field highlighting the links between science and practice in it scholars health care practitioners and the general public will find a wealth of information on topics such as physical activity stress and health smoking pain management social support and health cardiovascular health health promotion and hiv aids this two volume set includes more than 200 entries on topics covering all aspects of health and behavior in addition the encyclopedia of health and behavior includes a comprehensive set of additional resources with entries on selected organizations and an appendix with a detailed annotated listing of such organizations as well as sites of interest

this cutting edge book brings together leading experts to describe novel mi applications in the treatment of anxiety depression ptsd suicidal behavior obsessive compulsive disorder eating disorders and other conditions

authored by nationally recognized experts this outstanding reference offers essential behavioral insights and practical management strategies that will help clinicians and students build a strong relationship with their patients and ensure that they provide the best possible treatment for medical and psychiatric disorders no other resource so effectively examines how behavior from the standpoint of the clinician as well as the patient affects treatment decisions and results book jacket

5 star doody s review this is an extraordinarily thorough useful book it manages to summarize numerous topics many of which are not a part of a traditional medical curriculum in concise relevant chapters physicians who do not understand the dynamics behind the doctor patient relationship usually end up being poor doctors and this book reviews the many behavioral issues that patients have that can affect this relationship this is a very welcome addition to the medical education literature and should be required reading for all practicing clinicians doody s review service behavioral medicine delivers practical coverage of behavioral and interactional issues that occur between provider and patient in everyday clinical practice you will learn how to deliver bad news how to conduct an effective patient interview how to clinically manage behavioral issues in the dying patient the principles of medical professionalism behavioral issues in men s and women s health and much more features thorough but practical discussion of the scope of the physician patient relationship includes extensive use of cases and clinical vignettes complete coverage of medical disorders that influence both physician and patient behavior in clinical practice

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