Morton Salt Home Meat Curing Guide

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many of the earliest books particularly those dating back to the 1900s and before are now extremely scarce and increasingly expensive we are republishing these classic works in affordable high quality modern editions using the original text and artwork

this antiquarian book contains a simple and accessible guide to curing meat with a particular focus on using morton s salt and including instructions for sausage making this easy to digest and profusely illustrated guide will appeal to those with an interest in preserving meat and it will be of special interest to collectors of antiquarian literature of this ilk although old much of the information contained within this book will be of utility to the modern reader and it would make for a worthy addition to collections of allied literature the chapters include the triple action cure why do more people use morton s smoke salt than any other kind made easy of butchering the better the cure with morton s smoke salt and more this text is being republished now in an affordable modern edition complete with a new prefatory introduction on curing meat

this book is written primarily for the family to help solve the meat problem and to augment the food supply producing and preserving meats for family meals are sound practices for farm families and some city folks as well they make possible a wider variety of meats which can be of the best quality at less cost meat is an essential part of the american diet it is also an expensive food with

the costs high many persons cannot afford to buy the better cuts others are being forced to restrict the meat portion of the diet to a minimum or to use ineffectual substitutes commercially in the united states meat means the flesh of cattle hogs and sheep except where used with a qualifying word such as reindeer meat crab meat whale meat and so on meat in this book is used in a broader sense although not quite so general as to com prise anything and everything eaten for nourishment either by man or beast to be sure it includes the flesh of domestic animals and large and smallgame animals as well also poultry domestic fowl raised for their meat and eggs and game birds all wild upland birds shore birds and waterfowl and fish

introduces beginners to the ancient art of preserving meat fish and game with full color photographs and clear instructions on how to select meats and avoid contamination how to choose smokers and how to use various tools also includes recipes for rubs sauces and marinades

from country ham to coppa bacon to bresaola prosciutto andouille country ham the extraordinary rise in popularity of cured meats in recent years often overlooks the fact that the ancient practice of meat preservation through the use of salt time and smoke began as a survival technique all over the world various cultures developed ways to extend the viability of the hunt and later the harvest according to their unique climates and environments resulting in the astonishing diversity of preserved meats that we celebrate and enjoy today everywhere from corner delis to white tablecloth restaurants in salted and cured author jeffrey p roberts traces the origins of today s american charcuterie salumi and other delights and connects them to a current renaissance that begins to rival those of artisan cheese and craft beer in doing so roberts highlights the incredible stories of immigrant butchers breeders chefs entrepreneurs and other craftspeople who withstood the modern era s push for bland industrial food to produce not only delicious but culturally significant cured meats by rejecting the industry led push for the other white meat and reinvigorating the breeding and production of heritage hog breeds while finding novel ways to utilize the entire animal snout to tail today s charcutiers and salumieri not only produce everything from country ham to violino di capra but create more sustainable businesses for farmers and chefs weaving together agriculture animal welfare and health food safety and science economics history a deep sense of place and amazing preserved foods salted and cured is a literary feast a celebration of both innovation and time honored knowledge and an expertly guided tour of america s culinary treasures both old and new

a collected set of congressional documents of the 11th to the 55th congress messages of the presidents of the united states and correspondence of the state dept many of these pamphlets have been catalogued separately under their respective headings

at the heart of portland s red hot food scene is toro bravo a spanish inspired restaurant whose small plates have attracted a fiercely loyal fan base but to call toro bravo a spanish restaurant doesn t begin to tell the whole story for chef john gorham each dish reflects a time a place a moment for gorham food is more than mere sustenance the toro bravo cookbook is an honest look behind the scenes from gorham s birth to a teenage mother who struggled with drug addiction to time spent in his grandfather s crab shack dance club to formative visits to spain to becoming a father and opening a restaurant toro bravo also includes 95 of the restaurant s recipes from simple

salads to homemade chorizo along with an array of techniques that will appeal to both the home cook and the most seasoned forearm burned chef

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cured meat products arose from the need for preservation in a time when cooking and refrigeration were not always available today charcuterie is an embodiment of art in the kitchen combining precision balance patience and creativity an economy of ingredients as poetry is an economy of words the confluence of these elements along with the purest of ingredients can enable anyone to craft cured meats in their home pure charcuterie is a practical and artistic look at the techniques for curing meat at home both as a creative hands on craft and as a fantastic and sustainable way to preserve highly valuable food this accessible beautiful visual guide walks the reader through the process of making charcuterie including sourcing ingredients clear explanations of charcuterie technique creative recipes balancing tradition and invention smoking meats and building your own smoker the analogies drawn between art and food along with creative and accessible photographic discussions of charcuterie technique make this book an essential primer on the basics of charcuterie the mystery the science the art and the technique ideal for home cooks working in small spaces pure charcuterie is a must have for experienced and new cooks alike and any home artisan

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