

Legea Pensiilor 2017 Legea 263 2010 Actualizata 2017

Deforming the Reform Pilula magică Luana Martin-Russu Johann Hari

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this open access book presents an actor centered study on europeanization based on the assumption that eu driven reforms are highly dependent on the behavior and interests of the key domestic actors whether or not a state pursues a european and democratic agenda depends on domestic lawmakers further political elites are pre eminent in deciding on the nature form and content of any law and on the extent to which the rule of law is actually enforced elites can overcome structural or institutional barriers that stand in the way of achieving their goals the empirical study on romania presented here lends this observation a more profound meaning it shows how in contexts where high level corruption is the norm rather than the exception self serving political elites cannot be expected to genuinely commit to adopting sound anti corruption reform the book is an inquiry into the motivations that drive legislators to make particular decisions but also into the structural characteristics and dynamics of the elite that invite a selfish rather than responsible and responsive behaviour this publication was supported by funds from the publication fund for open access monographs of the federal state of brandenburg germany

amuzantă fără a trivializa și profund informativă această carte ne lasă cu multe aspecte de contemplat atât la nivel individual cât și social dr gabor mată această carte reprezintă o schimbare de paradigmă pentru noi toți este echilibrată și încântător extrem de importantă și mai ales fără judecăți am invitat atât de multe dăvina mccall milioane de oameni din întreaga lume se află deja sau se vor afla într o stare de sănătate precară din cauza greutății lor povestirea magistrală a lui hari face ca scurta viață a acestui experiment incitant dar incomplet să se anime dr sally satel yale school of medicine aflându ne la marginea unei revoluții medicale pilula magică este un ghid esențial prin peisajul intricat emoțional și cultural complex al acestei noi frontiere charles duhigg o carte strălucită de la un maestru al povestirii este plină de compasiune înțelepciune și deschide noi orizonturi indiferent dacă ești entuziasmat de aceste medicamente sau sceptic în privința lor vei afla foarte multe lucruri din pilula magică este o lectură obligatorie philippa perry johann hari este autorul a trei cărți care au fost bestsellere internaționale traduse în 40 de limbi discursurile sale de la ted talks au fost vizionate de peste 90 de milioane de ori iar munca sa a fost apreciată de o gamă largă de persoane de la oprah la noam chomsky și joe rogan la editura trei au apărut două dintre cărțile sale legături pierdute și hoții de atenție în ianuarie 2023 johann hari a început să se injecteze o dată pe săptămână cu ozempic unul dintre noile medicamente care produc o pierdere semnificativă în greutate nu a fost singurul și unele previziuni sugerează că în câțiva ani unul din patru membri ai populației din marea britanie va lua aceste medicamente în timp ce aproximativ 80 la sută din diete eșuează o persoană care ia unul dintre noile

medicamente este probabil să piardă până la un sfert din greutatea corporală în primele luni pentru susținătorii medicamentelor acesta a reprezentat momentul de eliberare de una dintre cauzele care îi cresc semnificativ probabilitatea de diabet cancer și o moarte prematură totuși hari a avut sentimente amestecate legate de aceste medicamente pot fi într-adevăr la fel de bune pe cât sună sunt ele o soluție magică sau o iluzie magică găsirea răspunsului la această întrebare cu o miză atât de mare l-a dus într-o călătorie din islanda la minneapolis și tokyo pentru a intervieva cei mai renumiți experți din lume pe aceste subiecte a descoperit că împreună cu beneficiile masive ale medicamentelor vin și unsprezece riscuri potențiale semnificative de asemenea a aflat că aceste medicamente contestă radical ceea ce credem că știm despre rușine voință și vindecare aceste medicamente sunt pe cale să ne schimbe lumea atât în bine cât și în rău trebuie să înțelegem cum funcționează din punct de vedere științific emoțional și cultural pilula magică este un ghid esențial pentru revoluția care a început deja și despre care un analist de frunte susține că ar putea fi la fel de revoluționară ca invenția smartphone ului cuprins introducere sfântul graal 1 găsirea cuturului cu comori cum funcționează medicamentele 2 cheesecake park de ce ne am îngrijorat 3 moartea și renașterea sașiilor legătura bizară dintre mărirea procesată și noile medicamente 4 a trăi într-o stare inflamatoare ce s-a întâmplat cu trupurile noastre iar medicamentele acestea chiar inversează procesul 5 o poveste veche care se repetă riscurile vechilor medicamente pentru slăbit și ale celor noi 6 de ce nu îi dietă și nu faci sport în loc să iei medicamente cele mai importante alternative la medicamentele pentru slăbit și de ce au eșuat în mare parte 7 revelația creierului vești bune pentru dependență vești proaste pentru depresie 8 ce funcție îndeplinea pentru tine mărirea excesiv cele cinci motive pentru care mândria și ce se întâmplă atunci când ne sunt luate 9 nu cred că te afli în corpul tău cum m-a făcut ozempic să mi dau seama că trebuie să mă schimb 10 acceptare de sine versus autoînfometare ce vor însemna aceste medicamente pentru tulburările alimentare 11 corpul interzis ce efect au aceste noi medicamente asupra stigmatizării 12 trînzul care nu are nevoie de ozempic 196 ce fac japonezii corect și cum putem să le urmăm exemplul concluzie alegerile din prezent ce facem acum pentru noi și pentru copiii noștri pot să vă în la curent lecturi suplimentare mulțumiri note

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