

Le Yoga De La Nutrition

Le Yoga du cœur subtil ou yoga de l'être Le Ramayana L'Initiation Journal des savants The Yoga Philosophy Revue de l'histoire des religions Indo-Iranian Journal Luzac's Oriental List and Book Review Océan d'amour L'empire Chinois Manuel bibliographique de sciences psychiques ou occultes Histoire de la philosophie: Depuis les origines jusqu'au VXII siècle International Yoga Bibliography, 1950 to 1980 Depuis les origines jusqu'au XVIIe siècle Diario de viaje de un filósofo Le prem sagar Journal des sçavans Théologie hindoue. Le Prem sagar [Lallū Lāla's Hindi tr. of Chaturbhūja Miśra's Braj Bhākhā version of the 10th skandha of the Bhāgavatapurāṇa] tr. by E. Lamairesse Century Path Bulletin Dominique Ramassamy Charles Schoebel Patañjali Lamairesse Albert-Louis Caillet Elie Blanc Howard R. Jarrell Élie Blanc Hermann Graf von Keyserling Caturbhūja Miśra Pierre Antoine Lebrun Sri Aurobindo International Centre of Education (Pondicherry, India)

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après coeur subtil et intuitions naturelles témoignant du chakra du coeur dans la vie quotidienne dominique ramassamy nous présente une théorie inédite et magnifique le yoga du coeur subtil loin d'une construction purement intellectuelle le yoga du coeur provient de nombreuses expériences authentiques au sein des stages et séminaires il représente une synthèse s'appuyant sur la psychologie des chakras et la philosophie du yoga selon une science spirituelle d'il y a dix mille ans l'auteur décrit avec simplicité les concepts nouveaux propres au yoga du coeur l'ouverture d'un 7ème sens le règne du ventral la force d'âme le coeur tendre et ses désillusions le sens de je suis amour l'impasse de l'affectif le pouvoir des lumières les idées fausses sur le mental du bourgeon d'âme au vrai moi les mantras du coeur le langage de l'âme l'énergie de l'amour compassion etc Émerveillé par la puissance de l'énergie du coeur l'auteur crée le terme de méditation dont il décrit l'effet libérateur sur nos chaînes émotionnelles une nuance capitale est soulignée le coeur est radicalement différent des émotions bien que ses

capacités permettent de clarifier les émotions de plus il nous relie à notre âme la psyché et ouvre la porte d'un amour universel en utilisant des techniques simples et accessibles à tous enfin si le yoga du coeur nous propose une nouvelle lecture de la vie sur un plan individuel il permet également un regard original sur la société et le monde en proie aux symptômes exacerbés de violence et déshérence le yoga du coeur n'est pas une religion souligne l'auteur il n'y a ni rituel ni divinités ni guru simplement un art de vivre réaliser la présence de quelque chose qu'on appelle l'âme le moi intérieur ou autre c'est retrouver de la force de la lumière du soutien pour faire de la vie non pas un défi permanent contre le stress mais un moyen d'accomplissement vers la jouissance radieuse de l'existence

aphoristic work on the meditational fundamentals of the yoga school of indic philosophy

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