

Le Yoga De La Nutrition

Le Yoga du cœur subtil ou yoga de l'être L'Initiation Le Bhāgavata purāna Revue de l'histoire des religions L'empire Chinois Journal des savants The Yoga Philosophy Océan d'amour Bulletin Du Centre International D'Éducation Sri Aurobindo Le Ramayana Luzac's Oriental List and Book Review Histoire de la philosophie: Depuis les origines jusqu'au VXII siècle Manuel bibliographique de sciences psychiques ou occultes Bulletin Depuis les origines jusqu'au XVIIe siècle Le prem sagar Journal des sçavans Théologie hindoue. Le Prem sagar [Lallū Lāla's Hindi tr. of Chaturbhūja Miśra's Braj Bhākhā version of the 10th skandha of the Bhāgavatapurāṇa] tr. by E. Lamairesse Proceedings Mother India Dominique Ramassamy Eugène Burnouf Lamairesse Patañjali Sri Aurobindo International Centre of Education (Pondicherry, India) Charles Schoebel Elie Blanc Albert-Louis Caillet Sri Aurobindo International Centre of Education (Pondicherry, India) Élie Blanc Caturbhūja Miśra Pierre Antoine Lebrun

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après cœur subtil et intuitions naturelles témoignant du chakra du cœur dans la vie quotidienne dominique ramassamy nous présente une théorie inédite et magnifique le yoga du cœur subtil loin d'une construction purement intellectuelle le yoga du cœur provient de nombreuses expériences authentiques au sein des stages et séminaires il représente une synthèse s appuyant sur la psychologie des chakras et la philosophie du yoga selon une science spirituelle d il y a dix mille ans l auteur décrit avec simplicité les concepts nouveaux propres au yoga du cœur l ouverture d'un 7ème sens le règne du ventral la force d'âme le cœur tendre et ses désillusions le sens de je suis amour l impasse de l affectif le pouvoir des lumières les idées fausses sur le mental du bourgeon d'âme au vrai moi les mantras du cœur le langage de l'âme l'énergie de l'amour compassion etc Émerveillé par la puissance de l'énergie du cœur l auteur crée le terme de médit action dont il décrit l'effet libérateur sur nos chaînes émotionnelles une nuance capitale est soulignée le cœur est radicalement différent des émotions bien que ses capacités permettent de clarifier les émotions de plus il nous relie à notre âme la psyché et ouvre la porte d'un amour universel en utilisant des techniques simples et accessibles à tous enfin si le yoga du cœur nous propose une nouvelle lecture de la vie sur un plan individuel il permet également un regard original sur la société et le monde en proie aux symptômes exacerbés de violence et déshérence le yoga du cœur n'est pas une religion souligne l auteur il n'y a ni rituel ni divinités ni guru simplement un art de vivre réaliser la présence de quelque chose qu'on appelle l'âme le moi intérieur ou autre c'est retrouver de la force de la lumière du soutien pour faire de la vie non pas un défi permanent contre le stress mais un moyen d'accomplissement vers la jouissance radieuse de l'existence

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aphoristic work on the meditational fundamentals of the yoga school of indic philosophy

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