

Jewel In The Lotus The Tantric Path To Higher Consciousness

Jewel in the LotusJewel in the LotusJewel in the LotusThe tantric path to higher consciousness : jewel in the Lotus : a complete and systematic course in Tantric Kriya YogaErotic Themes of NepalThe Tantric TraditionGlimpses of Tantric StudiesTantric LoveAn Introduction to Tantric BuddhismTantric TraditionsBuddhism in AmericaJewel in the LotusĀpa , the Sacred WatersThe Goddess of TantraThe K laya Nirvā a Tantra and the Vajra Wrath TantraRituals and Practices of TantraThe Psychology of Buddhist TantraSelected Chapters from the Abhidhānottara-tantraTantra, Its Mystic and Scientific BasisMan as Microcosm in Tantric Hinduism Sunyata Saraswati Sunyata Saraswati Sunyata Saraswati Sunyata Saraswati Trilok Chandra Majupuria Swami Agehananda Bharati Bidyutlatā Rā a Ma Ananda Sarita Shashi Bhushan Dasgupta Swami Agehananda Bharati Al Rapaport Sunyata Saraswati Frans Baartmans Pranab Bandyopadhyay Cathy Cantwell Gaurinath Sastri Rob Preece Martin Michael Kalff Lalan Prasad Singh Grace Edith Cairns

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the ancient secrets are emerging from the monasteries and the mystery school learn to direct the life force in your body the creative sexual power increase your energy heal and rejuvenate yourself

secrets are revealed in this complete and systematic course in the science of tantric kriya yoga that shows readers how to be more aware of the inner working of the body and mind world religions

on the fundamentals of tantrism and buddhist tantrism contributed articles

sometimes it can be difficult for even the closest of partners to fully express their love during sex we may resist deeper intimacy for many reasons among them pain insecurity or simply a fear of sharing our most natural desire for physical love with another person tantra can help you dissolve these barriers to intimacy and invites you to awaken the physical and spiritual energy that can bring partners together as loving soul mates tantric love unlocks the secret powers of meditation breathing massage and more to help you celebrate and revitalize your love life each chapter focuses on one of the chakras or energy centers in the body and offers simple exercises that will help you share this energy and open the door to ecstasy discover new ways of pleasing your partner enjoy sexual satisfaction through and beyond orgasm learn how to open up to your partner both in and out of the bedroom as you move from one stage to the next you will find that you are not only connecting with your lover on a physical level but on a deep spiritual level too one that prepares you for a loving lasting commitment to each other

an introduction to tantric buddhism

it brought together men and women from all walks of life buddhist monks nuns and priests living lives devoted to buddhism and its practice as well as people just beginning their journey on this path adherents to a wide array of approaches traditions and practices from india and tibet based mahayana and theravada traditions to chinese japanese and korean zen to the contemporary manifestations of these traditions that have begun to take root in north america and europe

this book deals mainly with tantra sadhana with the help of illustrations of the important yantras that are commonly used in the spiritual practices by the tantrikas

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tantra denotes the body of religious scriptures which is stated to revealed by siva other philosophies offer a theoretical explanation of the ultimate nature of reality which brings peace of mind but these volumes provide a basis for the actual absorption of the essence of reality the ultimate aim of this 3 volume treatise as of all trantric knowledge is to suggest means of emancipation of the soul from the bondage of the senses

this book is unique in the way in which it explains the rich iconography of tibetan buddhism in relation to spiritual psychology and the exploration of our inner world it is a door into the rich and profound symbolism of tibetan sacred art the author uses concepts from western psychotherapy to bridge an understanding of the meaning and functions of these symbols

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