

Itf Advanced Coaches Manual

ITF Advanced Coaches Manual Advanced Coaching Manual Better Coaching Better Coaching Boxing: an Advanced Coaching Handbook The Routledge Handbook of Coach Development in Sport Advanced Coaching Manual The British Canoe Union Coaching Handbook The Ultimate Coaching Guide The Handbook of Sports Medicine and Science Coaching, Sport and the Law Sports Coach Long Term Player Development - On Court Tennis Pedagogy and Human Movement USFHA Manual for Coaches Advanced Coaching Manual Advanced Coaching Manual Coaching Science Update The Gambetta Method Coaching Athletes with Cerebral Palsy Miguel Crespo Tennis Coaches Australia Frank S. Pyke Frank S. Pyke Amateur Boxing Association Steven B. Rynne Philippe Molodtsov British Canoe Union Vikram Dhar, Rashmi T.K Per A. F. H. Renstr m Neil Partington Roger Stenquist Richard Tinning United States Field Hockey Association Baseball Canada. Technical Committee Vern Gambetta Scott Goodman

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provides updated information on the sport sciences including anatomy physiology psychology biomechanics and skill acquisition which are vital for coaches in a range of sports features practical guidelines to develop athletes case studies and anecdotes to demystify technical sports science information

the role of the coach the athlete improving the athlete factors influencing the athlete planning considerations Australian Sports Commission

the Routledge Handbook of Coach Development in Sport is a comprehensive text that underscores the importance of learning and context for those who sculpt the environment in which people of all ages develop in and through sport coaches and those responsible for the development of coaches are best positioned as both learners and facilitators of learning as

sport becomes more globalised the concomitant professionalisation of coaches necessitates ongoing learning and development to embrace new knowledge and understanding moreover contemporary coach development presents as a wicked problem in that it continues to evolve it is contextually bound and there is no single or obvious way to approach it problematically there is often limited assistance available to support coaches and coach developers in their ongoing development as such this book provides a truly international reference point that brings together leading scholars and practitioners from across the globe to provide an overview of the theories and practices of coaches and coach developers that are impacting the quality of sporting environments therefore this book is an important reference for researchers scholars and practitioners alike in the fields of sport coaching coach development sport development sport for development physical education and related disciplines

a manual of coaching techniques advice and guidelines for the canoe and kayak coach this book is a mine of useful information and practical tips if you aspire to be a better canoe or kayak coach this is the book for you the book divides into three sections part one deals with coaching theory and fundamentals such as psychology and physiology explained in terms that make sense to a practical coach part two looks at generic coaching skills that will provide useful tools whatever discipline the coach is involved in it works its way from introducing people to canoesport right through to coaching elite athletes part three looks at specific aspects of canoesport such as slalom racing sea kayaking white water kayaking open canoeing and freestyle

truly the ultimate guide for a coach this book is a must read for all coaches whether they are starting out or are well entrenched with all my years in coaching i still discovered new insights michael beale nlp coach and trainer coaching can be transformational or simply transactional if you truly want to transform lives then this book is a must read coaching is far more than a job it is a mission transformational coaches focus on their self development as much as they do on the development of their clients all coaches need to be aware of the different coaching frameworks paradigms and tools used by master coaches world over in five straightforward sections this book guides you through the steps you need to achieve optimal success as a coach section i the abcs of coaching section ii coaching frameworks models and tools section iii case studies section iv the business of coaching section v resources it is an extensively researched overview of the latest developments in neuroscience emotional intelligence and positive psychology among many coaching frameworks if you are new to coaching you will find out how to start your coaching business if you are a seasoned professional you will learn how to strengthen your practice this book also offers coaching insights in the post pandemic era

this addition to the handbook series will allow the tennis coach athlete and medical professional responsible for their care to improve technique training and performance and to reduce the risk of injury when injury does occur tennis will aid quick accurate diagnosis and treatment and effective rehabilitation so that the tennis player can return to peak performance with the minimum of fuss

the interdependent coach athlete relationship represents the most fundamental instance of a duty of care in sport this book defines analyses and clarifies the duty of care incumbent upon sports coaches and identifies important recommendations of real world significance for coaching practice given the dynamic relationship between coaching sport and the law it is imperative that coaches have an informed awareness of the evolving legal context in which they discharge their duty of care detailed analysis of a coach s duty of care has so far been lacking the book addresses this gap by being the first to critically scrutinise the concept of duty of care in the specific context of sports coaching sustained analysis of the developing case law allows the scope and boundaries of the particular duties demanded of coaches to be rigorously examined the legal principles and court decisions discussed relate to coaching delivered in a wide range of individual and team sports at both amateur and professional levels of performance and include common scenarios and challenges frequently encountered by sports coaches globally by adopting an interdisciplinary approach within a broader sociolegal methodological framework this book s detailed analysis and original insights will prove highly instructive for practising coaches coach educators and national governing bodies of sport it also offers extremely valuable insights for students teachers and practitioners involved in sports law sports coaching sports ethics tort law sports policy and development sports studies and physical education

the purpose of this book is to make it easier for all tennis players coaches and everyone involved in the development of the player to see a clear development path and to use this book as a community for everyone involved through this book coaches can systematically and individually train their players step by step with the aim to first build the athlete then the player which they ll benefit from for the rest of their lives not just in tennis this document follows the player and become a community for everyone involved the player tennis coaches physical trainer parents etc long term player development on court tennis is 18 years of long term development with 800 ways to improve and 35 different tests the coach is able to do 1 2 tests a week with the player for the player s entire career

pedagogy and human movement explores the pedagogies of human movement and how they re produce knowledge related to physical activity the body and health this is an essential read for all interested in the teaching or studying of human movement studies

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