

# Isha Yoga Isha Foundation

Inner Engineering Cancer – A Yogic Perspective A Guru Always Takes You for a Ride Compulsiveness to Consciousness (eBook) Why Suffering? (eBook) Midnights with the Mystic Flowers on the Path (eBook) Inner Management (eBook) Ambition to Vision Adiyogi Mystic's Musings Global Religious Vision Cyber Worship in Multifaith Perspectives The Hindu Index Parliamentary Debates Encounter the Enlightened (eBook) Karma Encyclopaedia of Indian Philosophers Sainik Samachar India Today International Sadhguru Sadhguru Sadhguru Sadhguru Sadhguru Cheryl Simone Sadhguru Sadhguru Sadhguru Sadhguru Sadhguru Mohamed Taher India. Parliament. Rajya Sabha Sadhguru Sadhguru B. K. Pandey

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new york times bestseller thought leader visionary philanthropist mystic and yogi sadhguru presents western readers with a time tested path to achieving absolute well being the classical science of yoga a loving invitation to live our best lives and a profound reassurance of why and how we can sir ken robinson author of the element finding your element and out of our minds learning to be creative named one of the ten best books of the year by spirituality health the practice of hatha yoga as we commonly know it is but one of eight branches of the body of knowledge that is yoga in fact yoga is a sophisticated system of self empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity it is a means to create inner situations exactly the way you want them turning you into the architect of your own joy a yogi lives life in this expansive state and in this transformative book sadhguru tells the story of his own awakening from a boy with an unusual affinity for the natural world to a young daredevil who crossed

the indian continent on his motorcycle he relates the moment of his enlightenment on a mountaintop in southern india where time stood still and he emerged radically changed today as the founder of isha an organization devoted to humanitarian causes he lights the path for millions the term guru he notes means dispeller of darkness someone who opens the door for you as a guru i have no doctrine to teach no philosophy to impart no belief to propagate and that is because the only solution for all the ills that plague humanity is self transformation self transformation means that nothing of the old remains it is a dimensional shift in the way you perceive and experience life the wisdom distilled in this accessible profound and engaging book offers readers time tested tools that are fresh alive and radiantly new inner engineering presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy

cancer a yogic perspective gives sadhguru s insights on the various causes of cancer and what can be done to go beyond the disease the book also includes several methods and practices from the yogic system to help one lead a healthy and joyful life

in the presence of the master is a series of stirring and insightful discourses given by sadhguru in his willingness to share sadhguru offers glimpses of the profound wisdom that is otherwise accessible to enlightened beings only offering the rare possibility to go beyond all limitations a veritable guru takes the seeker on a mystical journey towards the ultimate liberation considering a guru as someone who is supposed to guide the seeker in his quest for self realization the statement a guru always takes you for a ride may sound provocative contradictory and unjust at first sight however there are comprehensible even compulsory reasons for it in this volume sadhguru delivers rare insights into the guru shishya relationship

if your life becomes an expression of your joy not in pursuit of happiness then relationships will be naturally wonderful sadhguru human beings constantly make and break relationships unfortunately relationships can make and break human beings too why are relationships such a circus for most of us what is this primal urge within us that demands a bond physical mental or emotional with another and how do we keep this bond from turning into bondage these are the fundamental questions that compulsiveness to consciousness looks at as sadhguru shares with us the keys to forming lasting and joyful relationships whether they are with husband or wife family and friends at work or with the very existence itself

in this book sadhguru opens up a whole new perspective on why suffering a question which has concerned humanity from the beginning of time in the quest to tackle this problem man has developed many theories concepts and dogmata but still suffering is omnipresent in this world abrogating the erroneous belief that it is inevitable sadhguru delivers insights on the very origin of suffering and discloses ways beyond

with the elegance of simplicity this book takes you on an exploration of consciousness that will shift you to a higher reality deepak chopra new york times bestselling author of the seven spiritual laws of success constructed around a series of late night conversations around a campfire between cheryl simone and sadhguru vasudev on an island in the middle of a western north carolina lake near her mountain home midnights with the mystic is the most thorough exposition of the teachings of india s most sought after mystic sadhguru challenges us to embrace the possibility that to each of us is available a higher realm of reality a peak of consciousness an entrée into the realm of freedom and bliss simone an atlanta real estate developer was the typical baby boomer in search of an authentic spiritual experience professionally successful yet spiritually arid she discovered a way into what she was looking for in the teachings of sadhguru concrete and down to earth midnights with the mystic provides both an introduction to profound spiritual teaching and a personal glimpse of a charismatic guru if you read this powerful book you will discover who you really are who we all are neale donald walsch author of conversations with god

the flowers on the path series is a bouquet it comprises articles created by sadhguru for the speaking tree column of the times of india these articles have for many years brought daily infusions of beauty humour clarity and wisdom into lives abraded by mayhem and monotony in pages devoted to the changing weather of the stock market and international affairs these articles have brought readers moments of unexpected insight and stillness sadhguru s original thoughts outspoken comments and references to current affairs have sometimes provoked controversy but they have invariably added vitality and color to a national debate like flowers these articles have inspired and stimulated readers wafting into their lives as a gentle fragrance on some mornings and on others startling them awake with fresh perspectives on age old ideas and beliefs

in modern societies enhancing the quality of our life has become one of our main objectives in this pursuit we tend to emphasize on enhancing external situations our job business family and the abounding accumulation of material things in spite of all the efforts our personal and professional lives are too often painfully

lacking happiness and fulfillment in this volume sadhguru shifts our focus to the inside pointing out a way to establish a true sense of inner peace and wellbeing by applying inner management

ambition is about more vision is about all sadhguru being ambitious has always been seen as an advantage but a century s worth of human ambitions has resulted in uncountable tragedies and wars and brought the environment to a point of collapse only when ambition is guided by a vision for wellbeing can our activity become a powerful possibility to create our destiny and touch the lives of everyone around us this book offers tangible first steps towards the ultimate plan of action to understand every aspect of our creation and existence and make ourselves the way we want and with individual transformation comes universal transformation opening up a whole new world once we take that step from ambition to vision

shiva does not spell religion shiva spells responsibility our ability to take our very life process in our hands sadhguru shi va is that which is not a primordial emptiness shiva is also the first ever yogi adiyogi the one who first perceived this emptiness adiyogi is symbol and myth historic figure and living presence creator and destroyer outlaw and ascetic cosmic dancer and passionate lover all at once a book like no other this extraordinary document is a tribute to shiva the adiyogi by a living yogi a chronicle of the progenitor of mysticism by a contemporary mystic here science and philosophy merge seamlessly so do silence and sound question and answer to capture the unspeakable enigma of adiyogi in a spellbinding wave of words and ideas that will leave one entranced transformed

mystic s musings is a book for the thirsty it is a glimpse of an oasis for someone willing to rise above the intellect and move towards the fountainhead of knowing through the wisdom of an enlightened master

cyber worship in multifaith perspectives as is implied by its name explores worship i e prayer praise scripture sacrament rituals confessions eucharist rites pilgrimages reflection contemplation etc on the internet it is not an everything you need to know guide about the subjects of faith and belief religions online religions on the net or religions in cyberspace rather it is a book about religious and spiritual experience under the rubric cyber worship which is the variety of ways religious devotion is performed and carried out on the internet the term cyber worship is a catchall phrase which includes variants such as online worship virtual worship electronic prayer cyber puja cyber synagogue and so on dr mohamed taher has thus assembled a quick reference for two groups those communities that are involved in cyber worship and business webs that

collaborate in sustaining wired environments as such this book provides an interesting and current perspective on a practice that will continue to grow in the future

sadhguru presents a rare glimpse of undiluted truth from discourses given to seekers at the isha yoga center and around the world a tool of tremendous value in an age imprisoned by materialism and dogma these dialogues are an essential key to inner exploration of the profound questions of humanity who am i why are we here what is the meaning of life the master speaks with undeniable logic and wisdom that penetrates the deepest realms of our heart and soul

new york times usa today and publishers weekly bestseller full of valuable insights to guide you will smith thoughtful and life affirming a must read tony robbins this book will put you back in charge of your own life tom brady a new perspective on the overused and misunderstood concept of karma that offers the key to happiness and enlightenment from the world renowned spiritual master sadhguru what is karma most people understand karma as a balance sheet of good and bad deeds virtues and sins the mechanism that decrees that we cannot evade the consequences of our own actions in reality karma has nothing to do with reward and punishment karma simply means action your action your responsibility it isn't some external system of crime and punishment but an internal cycle generated by you accumulation of karma is determined only by your intention and the way you respond to what is happening to you over time it is possible to become ensnared by your own unconscious patterns of behavior in karma sadhguru seeks to put you back in the driver's seat turning you from a terror struck passenger to a confident driver navigating the course of your own destiny by living consciously and fully inhabiting each moment you can free yourself from the cycle karma is an exploration and a manual restoring our understanding of karma to its original potential for freedom and empowerment instead of a source of entanglement through sadhguru's teachings you will learn how to live intelligently and joyfully in a challenging world

on the brief life sketches and contributions of eminent indian philosophers

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