

Hosa Nutrition Practice Test

Issues and Choices in Clinical Nutrition Practice
O Level Biology MCQ (Multiple Choice Questions)
Class 11-12 Biology MCQ (Multiple Choice Questions)
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written by eminent authorities in nutrition and dietetics this unique text explores controversial and challenging issues that dietitians must deal with in clinical practice topics addressed include the economics of dietetic patient care the dietetic professional s role on the healthcare team the impact of emerging sciences on nutrition practice and international nutritional guidelines the book encourages students and practitioners to reevaluate the dietitian s role and examine viewpoints that vary from traditional approaches in nutrition practice issues to ponder boxes provide interesting questions and topics for further exploration and discussion more than 95 graphs and tables illustrate key concepts and synthesize important information

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take deep breaths during the test as needed remember the brain requires oxygen and glucose as fuel avoid concentrated sweets before a test however to avoid rapid upward and then downward surges in blood glucose levels read each question carefully identifying the stem the four options and any key words or phrases in either the stem or options key words in the stem such as most important indicate the need to set priorities since more than one option is likely to contain a statement that is technically correct remember that the presence of absolute words such as never or only in an option is more likely to make that option incorrect determine who is the client in the question often this is the person with the health problem but it may also be a significant other relative friend or another nurse decide whether the stem is a true response stem or a false response stem with a true response stem the correct answer will be a true statement and vice versa determine what the question is really asking sometimes referred to as the issue of the question evaluate all answer options in relation to this issue and not strictly to the correctness of the statement in each individual option eliminate options that are obviously incorrect then go back and reread the stem evaluate the remaining options against the stem once more if two answers seem similar and correct try to decide whether one of them is more global or comprehensive if the global option includes the alternative option within it it is likely that the more global response is the correct answer the nclex rn licensing examination the nclex rn licensing examination is a computer adaptive test cat that ranges in length from 75 to 265 individual stand alone test items depending on individual performance during the examination upon graduation from a nursing program successful completion of this exam is the gateway to your professional nursing practice the blueprint for the exam is reviewed and revised every three years by the national council of state boards of nursing according to the results of a job analysis study of new graduate nurses practicing within the first six months after graduation each question on the exam is coded to one client need category and one or more integrated concepts and processes client need categories there are 4 categories of client needs and each exam will contain a minimum and maximum percent of questions from each category each major category has subcategories within it the client need categories according to the nclex rn test plan effective april 2001 are as follows safe effective care environment management of care 7 13 safety and infection control 5 11 health promotion and maintenance growth and development throughout the lifespan 7 13 prevention and early detection of disease 5 11 psychosocial integrity coping and adaptation 5 11 psychosocial adaptation 5 11 physiological integrity basic care and comfort 7 13 pharmacological and parenteral therapies 5 11 reduction of risk potential 12 18 physiological adaptation 12 18 integrated concepts and processes the integrated concepts and processes identified on the nclex rn test plan effective april 2001 with condensed definitions are as follows nursing process a scientific problem solving approach used in nursing practice consisting of assessment analysis planning implementation and evaluation caring client nurse interaction s characterized by mutual respect and trust and directed toward achieving desired client outcomes communication and documentation verbal and or nonverbal interactions between nurse and others client

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