

Geldard And Geldard Counselling

Counselling Children Counselling Adolescents Relationship Counselling for Children, Young People and Families Counselling Adolescents PERSONAL COUNSELING SKILLS Counselling Children Basic Personal Counselling Practical Counselling Skills Basic Personal Counselling Basic Personal Counselling Canadian Journal of Counselling Basic Personal Counselling Counselling Adolescents Counselling Skills in Everyday Life Adolescent adjustment problems and school counselling services as perceived by adolescents, educators and parents Integration of Islamic Values in Counselling Counselling Skills for Social Work Working with Children and Young People Working with Children in Groups Counselling Skills for Health Professionals Kathryn Geldard Kathryn Geldard Kathryn Geldard Kathryn Geldard Kathryn Geldard Kathryn Geldard David Geldard Kathryn & David Geldard David Geldard David Geldard David Geldard Kathryn Geldard Kathryn & David Geldard Jagjiwan Kaur Salhah Abdullah Lisa Miller Lindsay O'Dell Kathryn & David Geldard Donald Glenn Byrne

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counseling children is a highly acclaimed introductory guide to counseling children and to the practical issues of communicating with children

in a counselling context in this second edition kathryn geldard and david geldard relate the theory and practice of counseling children in a highly accessible practical and jargon free style

filled with practical and effective approaches this book is an asset to anyone wanting to develop their skills in working with adolescents samantha best camhs manager and clinical nurse specialist this publication is a further invaluable resource to counsellors wanting to work with young people it offers a one stop shop for any practitioner who wants to understand adolescent development and the need for a counselling approach that parallels this with helpful strategies for enhancing the counselling conversation and the relationship between counsellor and the young person barbara rayment director of youth access london providing an excellent introduction to counselling young people that is theoretically sound and rich in delivering practical techniques this book is an important addition to the personal library of counselling students and counsellors associate professor sylvia rodger university of queensland st lucia queensland australia in this third edition of their bestselling text kathryn and david geldard provide a practical introduction to the principles and practices required for successful counselling to show that working with young people can be both challenging and effective the book is divided into three main parts covering how to understand the young client as a person the pro active approach of working with young people the counselling skills and strategies needed this third edition has been completely revised and updated and includes two new chapters the first maintaining a collaborative relationship identifies ways to engage a young person collaboratively throughout a proactive counselling process the other professional and ethical issues deals with these issues as they relate to working with young people additional practical case studies and examples show how counsellors can work pro actively with this age group the book will be of particular interest as a textbook and resource to all professionals who work with emotionally disturbed young people and will provide an excellent resource for trainees in courses on counselling social work psychology occupational therapy mental health and psychiatry nursing and education

if you need one book that is crammed with clinically excellent genuinely well informed and useful ideas for working with family relationships in all their permutations this is undoubtedly it professor colin feltham sheffield hallam university this is easy to read and has a clear layout counselling msc students may find it an interesting introduction to the topic times higher education magazine may 2009 this book is a

practical skills based introduction to relationship counselling it covers couple counselling for parents whole family counselling and counselling for children and young people with regard to their relationships with siblings peers and parents the text also includes o an introduction to relationship counselling theory and concepts o discussion of the importance of relying on a clearly defined theory of change o ways to address parenting issues o an exploration of confidentiality disclosing inappropriate behaviour and personal safety kathryn geldard and david geldard present an integrative model of relationship counselling which combines skills and strategies from a number of approaches their practical guide integrates individual and subgroup counselling with whole family counselling providing much needed material on methods and approaches for communicating with children and young people the book will be invaluable to new relationship counsellors learning the skills required in order to bring about change and will be a useful reference book for experienced counsellors

when it comes to working with adolescents in a therapeutic setting counsellors are divided some work exclusively with adolescents in a successful and fulfilling way however others find it difficult to work with them in this new edition of counselling adolescents kathryn and david geldard provide a practical introduction to the principles and practices required for successful counselling to show that working with adolescents can be both challenging and effective

this revised first edition is a comprehensive easy to read introduction to personal counseling written for professional and volunteer counselors and those who train them a major new addition to the book making it particularly attractive to those who train counselors is the inclusion of training group exercises for all skills chapters after reading a particular chapter the exercises relating to that chapter in part vi of the book can be used by trainers to greatly enhance the learning process these exercises have been found to be popular with both students and those teaching them the chapters describing basic and more advanced counseling skills are arranged in a sequence that is particularly suitable when teaching student counselors to learn and practice using these skills for the first time the authors adopt an integrative approach that allows the reader to learn understand and use skills taken from major counseling approaches and to integrate these into a sequential process that maximizes the possibility of facilitating change in clients of considerable value for new counselors are those sections of the book that describe the fundamental principles of the counseling relationship and explain the theories of change

applicable to the various approaches to counseling unique features include a highly practical integrative approach discussion of the specific skills required for success practical suggestions on ways to learn and develop new skills an understanding of the role of a counselor s supervisor information on practical issues such as keeping records arrangement of the counseling room and ways to look after yourself as a counselor plus practical information on issues of confidentiality and professional ethics the text will serve as a valuable resource for workers in a wide variety of helping professions where counseling skills are useful such as psychology social work welfare work medicine nursing human services and education

the definitive guide to the skills techniques and concepts used when working with children experiencing emotional challenges it covers all you need to know about the child counsellor relationship practice frameworks for working effectively play therapy and the use of different media and activities building self esteem and social skills through the use of worksheets the concepts of wellbeing and resilience new to this edition technology its influence on children and ways it can be used in counselling counselling in a post pandemic world and the role of remote counselling and telehealth more discussion of issues of diversity difference intersectionality implicit bias and an inclusive practice updated case studies to affirm diversity and represent wider populace expanded and updated end of chapter further resources updated conclusion with reflections on the pandemic greater focus on inclusive practice and how spicc model can be applied across various social cultural groups online resources include digital picture books worksheets and a list of further reading to support your professional practice and help you extend your learning this highly practical guide is a vital resource for counsellors psychologists social workers occupational therapists nurses and teachers working or training to work with children

this is a comprehensive course text for training new counsellors in basic and more advanced counselling micro skills which come from a number of therapeutic approaches the book enables new trainees to learn how to make informed choices about the type of skill to use and how to integrate it within a sequential counselling process it discusses practical issues including ethics and culture record keeping supervision and the counselling environment and offers explanation of the therapeutic approaches related to particular micro skills and the ways to best combine them to facilitate change and provide effective practice this accessible introduction to counselling skills is essential

reading for teachers and trainees alike an excellent course text for training new counsellors from a number of theoretical approaches basic personal counselling is an easy to read introduction to counselling skills for both professional and volunteer counsellors and workers in the helping professions fully up to date and reflecting current best practice this australian text introduces counselling skills in a logical sequence and provides practical examples of the skills in action shows how combining counselling skills using an integrative approach can produce change discusses the processes of change involved in counseling provides approaches for counselling people with specific problems such as anger depression grief or suicidal ideation and discusses professional issues including confidentiality ethics record keeping arrangement of a counselling room the need to care for yourself and the importance and use of supervision

basic personal counselling bpc is an easy to read introduction to counselling skills for both professional and volunteer counsellors and workers in the helping professions this ninth edition of basic personal counselling includes new content on self care and the use of technology in counselling as well as examples of counselling skills in practice it encourages you to find ways of testing out your assumptions and discover if there is more that you could do or learn to improve and develop in your chosen career journaling video recording with playback and reflecting team supervision are explained as opportunities to process and monitor your practice along with easy to use templates to record your progress

this introduction to personal counselling for professional and volunteer counsellors and those who train them covers the specific skills required and includes examples of dialogue to show how counselling skills are implemented in real situations

this practical book has been specifically designed for students and professionals working with emotionally disturbed adolescents it introduces the specific issues associated with counselling adolescents and describes how traditional counselling skills can be enhanced by the use of pro active processes for more effective use with this client group kathryn and david geldard describe the nature of adolescence explore adolescents counselling needs giving an account of the pro active approach to counselling they developed for use with this client group and describe the use of widely accepted counselling skills which enable the adolescent to arrive at strategies for addressing specific issues the

final part contains case

most of us find ourselves listening to other people's problems at some time or another either our friends or in the course of our work patients pupils clients colleagues this book written clearly in user friendly language takes the reader step by step through a range of skills to help them become a better listener communicator and helper in their everyday lives progressing from inviting the person to talk to ending a helping conversation using plenty of examples tips exercises and sample conversations the authors show how the skills described can be easily learned and can fit comfortably into everyday life this book is essential reading for everyone interested in improving their communication and helping skills as well as those students taking introductory courses in counselling and counselling skills katheryn geldard is a child and family therapist and a visiting lecturer at the queensland university of technology australia david geldard is a counselling psychologist together they are the authors of several books on counselling they jointly manage a counselling practice where they specialise in working with children adolescents and their families they also run training programmes for helping professionals who wish to enhance their counselling skills

master's thesis from the year 2008 in the subject sociology children and youth grade a panjab university government home science college chandigarh india course masters in child development language english abstract the present study was designed to investigate adolescent adjustment problems and school counselling services as perceived by adolescents educators and parents the objectives of the study were 1 to gain an insight into perception of adolescents educators and parents regarding adjustment problems of adolescents in various domains 2 to gauge the views of educators parents and adolescents regarding need and importance of counselling services in schools 3 to understand the views of educators parents and adolescents related to various aspects of implementation of school counselling services the results obtained from both the responses on the student problem checklist and on the questionnaires indicated similar perception of adjustment problems the study revealed that school going adolescents perceived low adjustment in the domains of studies occupation and health all the respondents emphasized on the need of counselling for the school going adolescents however very few had actually approached any professional ever for counselling and were not very clear about the role of counselors in schools the results also revealed that adolescents

and parents preferred approaching teachers rather than the professional counselors for help the teachers perceived themselves as able and as competent as the counselors in handling adolescent problems although at times they reported having difficulty in dealing with certain specific problems the results highlighted the need to orient and educate the adolescents teachers and parents on the need for counselling regular in service training and workshops were asked for by the teachers to develop and enhance their counselling skills

focusing on eight principle therapeutic models of counselling skills this text illustrates how the underlying theories can be applied to professional social work practice

includes bibliographical references and index

with its effective outcomes relative speed and reduced costs the group format is becoming increasingly popular for work with children in counselling and educational settings drawing from their extensive experience of running children s groups and training group leaders kathryn and david geldard describe the entire process of running groups from the initial planning to post group evaluation topics covered include the benefits and disadvantages of running groups and the types of group available as well as the planning designing implementation and evaluation of group programmes filled with lots of ideas activities games and work sheets for use in group programmes as well as examples of complete programmes for particular problems such as domestic violence and low self esteem this highly accessible and practical book will be an invaluable resource for anyone wishing to run groups for children

hardcover edition of a text specially relevant to students and practitioners in the health sciences which provides a basic introduction to counselling in health care it then focuses on a range of specific instances in which counselling has been of established value including sexual counselling counselling for families counselling for women and counselling for drug users and those who are hiv positive includes bibliography and index the authors are co authors of psychology for nurses

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