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while most know thomas edison for his invention of the light bulb his counterpart george westinghouse

is too often overlooked westinghouse however became known as one of the most prolific inventors and businessmen of the industrial revolution this biography reveals the man whose teachers suspected was mentally disabled and who quit college after one semester yet founded more than 60 different companies employing 50 000 people and received 361 u s patents he later fought the battle of the currents ac vs dc with thomas edison and won westinghouse with his engineers provided power and light for the 1893 world s columbian exposition in chicago they harnessed the massive power of niagara falls and sent it over wires to light buffalo and eventually the northeast his electric engines powered trains and his air brakes stopped them his scientific contributions forever changed the world

the fourth edition of dr james rippe s classic lifestyle medicine textbook continues to lead and inform the rapidly growing field of lifestyle medicine this is the discipline that focuses on the impact of daily habits and actions on both short and long term health and quality of life the first edition of this comprehensive work named the field of lifestyle medicine in the academic medical literature the fourth edition continues to span and expand the field and offers extensive evidence based literature in virtually every aspect of lifestyle medicine this textbook edited by cardiologist dr james rippe who is a leading lifestyle medicine researcher represents the combined wisdom and recommendations of over 325 experts in virtually every aspect of lifestyle medicine chapter authors have been chosen because of their background as leaders in various aspects of lifestyle medicine lifestyle medicine fourth edition contains extensive sections on the treatment and prevention of coronary heart disease stroke cancer diabetes obesity substance abuse dementia and many other clinical conditions key lifestyle modalities such as physical activity nutrition weight management sleep stress reduction and positive connections with other humans are supported by detailed discussion and state of the art evidence the expanded section on behavioral medicine provides an important framework for these discussions every chapter has been completely revised and many new topics added such as lifestyle medicine for nursing psychiatry and preventive neurology the fourth edition of this classic text continues to serve as the leading comprehensive textbook in lifestyle medicine the original has been called the indispensable bible of lifestyle medicine and the fourth edition of this work continues to justify this designation there is no longer any serious doubt that daily habits and actions have a significant impact on multiple aspects of health the fourth edition of lifestyle medicine provides the scientific evidence to support this assertion and will serve as an invaluable reference and guide not only to lifestyle medicine practitioners but to all primary care physicians subspecialty physicians nurses and other healthcare practitioners

a concise guide to integrative and complementary medicine for health practitioners is a comprehensive textbook on the non pharmacological treatments for common medical practice problems with the support of current scientific evidence non pharmacological approaches include advice for lifestyle and behavioural factors mind body medicine stress management dietary changes exercise and sleep advice nutritional and herbal medicine acupuncture complementary medicines and the role of sunshine that may impact on the treatment of the disease s only proven therapies from current research are i

public health and society current issues analyzes current public health issues in a historical context

while relating them to individual lives the text emphasizes the social determinants of health social justice and the climate crisis by leading off with these important topics and then integrates them where appropriate throughout the text subsequent chapters explore gun violence the opioid epidemic tobacco vaping and alcohol use covid 19 mental health environmental health chronic disease emerging and reemerging diseases and more key features in the news articles bring public health topics up to date and underscore their modern relevance personal vignettes humanize public health issues and make them resonate for readers short histories put current issues into historical context for example the opioid epidemic ch 5 and alcohol and tobacco use ch 6 comprehensive and up to date data and references are included throughout the text navigate ebook acc

ebook clinical sports medicine 5th edition volume 1 injuries a striking feature of clinical sports medicine has always been the authors relentless commitment to clinical this is a unique book dr emma k stokes president world confederation for physical therapy editors peter brukner ben clarsen jill cook ann cools kay crossley mark hutchinson paul mccrory roald bahr karim khan brukner khan s clinical sports medicine the world leading title in sport and exercise medicine is an authoritative and practical guide to physiotherapy and musculoskeletal medicine for clinicians and students to accommodate the rapid advances in the professions the fifth edition has been expanded into two volumes this first volume clinical sports medicine injuries is the essential guide to all aspects of preventing diagnosing and treating sports related injuries it serves physiotherapists team clinicians athletic trainers sports therapists sports rehabilitators and trainers as well as students in the health professions and in human movement studies all chapters have been updated and rewritten by an international team of sports physiotherapists and sports physicians at the top of their fields more than 550 new figures have been added to bring the total number of illustrations to 1300 there are 15 new chapters including shoulder pain acute knee injuries posterior thigh pain low back pain return to play sport specific biomechanics the second volume clinical sports medicine exercise medicine is scheduled for release in 2018 and will focus on the health benefits of exercise and the medical issues in sport it will serve general practitioners and other clinicians who prescribe exercise to promote health and to treat medical conditions such as heart disease and diabetes this ebook of clinical sports medicine injuries is enhanced with up to 50 instructional videos demonstrating procedures about the authors peter brukner oam mbbs facsep facsm ffsem peter brukner is a sport and exercise physician and currently the australian cricket team doctor he was previously head of sports medicine and sports science at the liverpool football club in the uk peter is the founding partner of the olympic park sports medicine centre a past president of the australasian college of sport and exercise physicians and professor of sports medicine at la trobe university peter has been an olympic team physician and was the socceroos team doctor at the 2010 world cup in 2005 he was awarded the order of australia medal oam for services to sports medicine karim khan md phd mba facsep facsm ffsem karim khan is a sport and exercise physician and professor of sports medicine at the department of family practice at the university of british columbia vancouver canada he is editor in chief of the british journal of sports medicine bjsm and has published more than 300 peer reviewed research articles in 2001 he was awarded the australian prime minister s medal for

service to sports medicine karim was profiled in the lancet in its 2012 olympic games issue

publisher's note products purchased from third party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product the unique orientation to pharmacotherapy found in the landmark pharmacotherapy a pathophysiologic approach distilled to a concise clinically focused full color resource pharmacotherapy principles practice fifth edition uses a solid evidence based approach to teach readers how to design implement monitor and evaluate medication therapy this trusted text provides everything readers need to gain an in depth understanding of the underlying principles of the pharmacotherapy of disease and their practical application in order to be as clinically relevant as possible the disease states and treatments discussed focus on disorders most often seen in clinical practice and laboratory values are expressed as both conventional units and si units importantly all chapters were written or reviewed by pharmacists nurse practitioners physician assistants and physicians widely recognized as authorities in their fields the fifth edition begins with an insightful introductory chapter followed by chapters on geriatrics pediatrics and palliative care each of the subsequent 98 disease based chapters cover disease epidemiology etiology pathophysiology clinical presentation and diagnosis nonpharmacologic therapy followed by therapeutic recommendations for medication selection desired outcomes dosing and patient monitoring features the acclaimed patient encounter cases sharpen critical thinking skills and lend clinical relevance to scientific principles chapter opening structured learning objectives enable you to rapidly locate related content icon identified key concepts highlight the disease patient assessment and treatment a newly designed patient care process section models the joint commission of pharmacy practitioners jcpp pharmacists patient care process up to date literature citations support treatment recommendations tables figures algorithms and defined medical abbreviations reinforce comprehension throughout includes valuable table of common laboratory tests and reference ranges

all manner of information about birds is presented following each lengthy description are full color plates of typical members of each species with range pattern maps for each family's genus and species

the leading text on pharmacy management updated to reflect the latest trends and topics pharmacy management is a comprehensive textbook that combines evidence based management theories with practical solutions for the issues pharmacists face every day enhanced by input from educators researchers students and practicing pharmacists the fifth edition addresses the evolving role of pharmacists in today's every changing environment covering the gamut of activities performed by pharmacists from managing money to managing personal stress this complete guide explains vital pharmacy management topics across all practice settings featuring material derived from the best and most contemporary primary literature pharmacy management focuses on learning the skills essential to the everyday practice of pharmacy long after readers have completed pharmacy school they will turn to pharmacy management for answers to make their practice more professionally rewarding and personally enriching market physical therapy students 30 000 usa new chapters ethical decision making and problem solving negotiating and pharmacy technicians covers all aspects of pharmacy management from

managing money and people to personal stress

the world's leading resource on trauma surgery with an expanded full color atlas a doody's core title for 2017 hailed by readers and reviewers for its expert authorship and high yield clinical content trauma is unquestionably the field's definitive text enhanced by a full color design and a high quality atlas of anatomic drawings and surgical approaches this trusted classic takes readers through the full range of injuries the trauma surgeon is likely to encounter supported by numerous x rays ct scans plus tables throughout trauma begins with an informative look at kinematics and the mechanisms of trauma injury subsequent chapters provide useful background information on the epidemiology of trauma injury prevention the basics of trauma systems triage and transport and much more the next section meticulously reviews generalized approaches to the trauma patient from pre hospital care and managing shock to emergency department thoracotomy and the management of infections trauma then delivers a clear organ by organ survey of treatment protocols designed to help clinicians respond to any critical care situation with confidence no matter what body system is involved the remaining sections of the book will help readers successfully handle specific challenges in trauma including alcohol and drug abuse and combat related wounds in addition to post traumatic complications such as multiple organ failure media download with high quality procedural videos increased number of algorithms and illustrations more international authors expanded trauma atlas contains precise full color anatomical illustrations and proven surgical techniques high yield section on specific approaches to the trauma patient prepares readers for the complete spectrum of cases in trauma critical surgery care they will face in real world practice a to z overview of the management of specific traumatic injuries detailed discussion of the management of complications

a full color neuroscience text that skillfully integrates neuromuscular skeletal content covers both pediatric and adult issues beautiful full color presentation with numerous images neurorehabilitation in physical therapy delivers comprehensive coverage of the structure and function of the human nervous system it also discusses normal motor development and motor control as well as common treatment techniques in physical therapy in order to be engaging to students cases open each chapter with questions about those cases appearing throughout the chapter the text includes numerous tables flow charts illustrations and multiple choice board style review questions and is enhanced by a roster of world renowned clinical contributors

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