Ellis Lifeguard Manual

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this text presents lifeguarding skills that participants will learn in ellis associates national pool and waterpark lifeguard training program integrating cpr first aid aed and oxygen administration into one curriculum step by step instructions and guidelines are given for rescuing drowning

by jan carel van dorp the board of governors of the maatschappij tot redding van drenkelingen is happy to introduce this congress book the fruit of much effort in recent years of many devoted researchers in the fields of prevention rescue and treatment of drowned people it is a compilation of the results of their successful studies as laid down during the world congress on drowning held in amsterdam on 26 28 june 2002 background through the ages death by drowning like so

many other causes was accepted as a part of life water brings life water takes life burial follows it was not until the the 17 or even as late as the 18 century that it became apparent that people could be effectively rescued by bystanders that many seemingly dead drowning victims only died after burial and that some of them could have been saved from this fate had they received medical attention in europe it was the so called age of enlightenment with changing attitudes towards fellow man and social initiatives underway including the founding of charitable societies at that time three noblemen in amsterdam realised that too many victims who had fallen in the waters of amsterdam were left to their fate and died hence in 1767 they founded a society for the rescue of drowning victims de maatschappij tot redding van drenkelingen their initiative was widely applauded in the years that followed other cities in holland started their own initiatives

since the first edition of the handbook on drowning in 2005 many epidemiological data have confirmed the burden of drowning in several parts of the world studies have increased the understanding of effective drowning prevention strategies rescue techniques and treatment options much has been learned about submersion and immersion hypothermia scuba diving injuries the life saving preparations of water related disasters and how to deal with forensic investigations in this updated second edition experts from around the world provide a complete overview of current research data consensus statements and expert opinions the book drowning provides evidence based practical information and has a unique informative value for various groups with tasks duties and responsibilities in this domain in addition the book may be an inspiration for future networks and research initiatives

this case study based manual provides a variety of scenarios that aquatic staff could face at any time the manual also includes a cd rom which provides a template for creating additional case studies and a database tracking system to conveniently document and printout reports containing personal certifications expiration dates and training hours as a lifeguard and trainer of lifeguards you are responsible for ensuring that your aquatic personnel have the appropriate knowledge and skills to do well on the job this case study based manual gives you a variety of scenarios that your staff could face at any time the user friendly approach will guide you through the many case study training sessions provided achieving and maintaining superior level skills and safety standards requires constant practice and attention and these products in the e a aquatics series are here for you to rely on includes cd rom

safer beaches planning design and operation offers a systematic approach to planning designing renovating and operating all types of beaches it provides practices in beach management and protection and uses a needs analysis

approach to help you identify programming and activities that will maximize people s experience at the beach

introduction to human disease fourth edition presents the basic conce pts of pathophysiology in a beautifully illustrated and highly readable text for students in nursing and other health professions its goal is to provide a solid foundation for students to build upon during the ir professional careers the text strives to provide students with a clear understanding of the structural and functional changes caused by disease in tissues and organs

in campus recreation essentials for the professional 29 contributing national intramural recreational sports association nirsa authors share their expertise on all facets of campus recreation including foundational theories programming facilities and management issues campus recreation essentials for the professional also features a cd rom that includes worksheets forms and checklists to help new professionals in their day to day responsibilities in recreation programming and administration a glossary of terms helps readers to retain the important points of each chapter in part i readers learn about the philosophies and theories of student development and how recreation contributes to that development they also explore the history of campus recreation and of nirsa which provides students and professionals with lifelong learning opportunities part ii focuses on programming and facilities readers will discover how to plan implement and assess a variety of areas including aquatics intramural sports sport clubs instructional programs outdoor recreation and fitness and wellness readers will also become familiar with standard indoor and outdoor facility offerings and structures in part iii readers explore more advanced functions that delve into managerial areas including writing a business plan carrying out a marketing plan understanding risk management issues and assessing programs part iv covers professional aspects of campus recreation including ethical issues sustainability careers in campus recreation and professional standards with its expansive coverage the expertise provided by the many nirsa contributors and its practical approach campus recreation essentials for the professional will help entry level and preprofessionals prepare for a successful career in campus recreation

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