

Despierta La Sabiduria De Tu Cuerpo

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un programa sencillo que combate la grasa abdominal y la visceral produciendo resultados rapidos y duraderos cover

e trabajar con zulma reyó ha sido una experiencia que me ha cambiado la vida atesora un oceano de sabiduria e sir christopher hohn hedge fund manager y filantropo para aquellos que quieren una comprension mas profunda del mundo en el que vivimos para aquellos que quieren ver el cambio y saben que este empieza por ellos mismos alquimia interior ofrece un camino hacia la paz interior el sentido el proposito la alegria y la sabiduria en esta guia practica de la conciencia vas a descubrir conceptos clave relacionados con el trabajo energetico como por ejemplo los chakras y los siete rayos los reinos astrales y dimensionales el karma la gratitud y los sueños las mas de 45 visualizaciones meditaciones y ejercicios muchos bellamente ilustrados te van a permitir cosechar beneficios para tu bienestar espiritual tu salud fisica y mental y tus relaciones contribuyendo a que se produzca un cambio que te permita pasar de la importancia

personal a la conexión universal alquimia interior revela tu verdadero poder inteligencia y el impacto que puedes tener en el mundo ayudandote a aprender que la transformación personal es una manera de asegurar el cambio en la sociedad y en el mundo te muestra el camino y te ofrece las claves para que lo recorras en plenitud e alquimia interior de zulma reyo es un tesoro de sabiduría metafísica resultado de la dedicada práctica espiritual de la autora durante décadas el libro incluye no solo una fascinante exploración de la conciencia sino que también proporciona ejercicios prácticos para su uso en la vida diaria esta guía exhaustiva para el autodomínio allana el camino a los lectores con el fin de que puedan transformar sus vidas e mark gober conferenciante y autor de an end to upside down thinking

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