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emerging areas of interest in nutrition care focus on boxes provide thought provoking information on key nutrition concepts summary boxes highlight crispr the indigenous food movement hearing assessment health disparities and the health at every size movement and include a tribute to dr george blackburn a respected specialist in obesity and nutrition key terms are listed at the beginning of each chapter and bolded within the text new infectious diseases chapter is written by a new author with specific expertise in infectious disease new transgender nutrition chapter is added from two new authors new covid 19 updates are provided in multiple chapters each relating to epidemiology and patient care new information on the fodmap diet is included in the appendix covering the sugars that may cause intestinal distress new emphasis on diversity equity and inclusion is included in all chapters new updated international dysphagia diet standardisation initiative iddsi information is included in the appendix new updated pregnancy growth charts are added to this edition new updated healthy people 2030 information is added throughout the book

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