

Counseling And Therapy For Couples

Dynamics of Couples Therapy Case Studies in Couples Therapy Schema Therapy with Couples Brief Therapy with Individuals and Couples Brief Therapy with Couples Therapy for Couples Emotionally Focused Therapy for Couples Couple Therapy Workbook Clinical Handbook of Couple Therapy, Fourth Edition Encyclopedia of Cognitive Behavior Therapy Short-term Object Relations Couples Therapy If Only I Had Known... Short-Term Couple Therapy Couple Therapy The Art of Co-therapy Couple Therapy for Depression The SAGE Encyclopedia of Marriage, Family, and Couples Counseling Research Perspectives in Couple Therapy Couple Therapy Brief Therapy for Couples Jurg Willi David K. Carson Chiara Simeone-DiFrancesco Jon Carlson Maria Gilbert Billie S. Ables Leslie S. Greenberg Michelle Martin Alan S. Gurman Arthur Freeman James Montgomery Donovan Susanne Methven James M. Donovan Michelle Miller Bill Roller David Hewison Jon Carlson Maria Borcsa Douglas Hooper W. Kim Halford

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table of contents 1 the therapeutic triangle 2 the first talk with the couple 3 indicative criteria for therapy and the choice of therapy method 4 resistance for couples therapy 5 dynamics of the relationships in a therapeutic triangle 6 the therapist s involvement with the marital partners viewed as therapeutic collusion 7 sex determined limitations of the couples therapist 8 couples therapy conducted by a therapist couple cotherapy 9 other methodological problems 10 problems of value in couples therapy 11 divorce and remarriage 12 helga and stani a couple in therapy 13 what this book can teach

this up to date highly readable theory based and application oriented book fills a crucial void in literature on couple therapy few books in the couple therapy market bridge the gap between theory and practice texts tend to lean in one direction or the other either emphasizing theory and research with little practical application or taking a cookbook approach that describes specific techniques and interventions that are divorced from any conceptual or theoretical base however couples therapy requires a high degree of abstract conceptual thinking as well as ingenuity inventiveness and skill on the part of the therapist case studies in couples therapy blends the best of all worlds clinical applications with challenging and diverse couples that have been derived from the most influential theories and models in couples and family therapy all written by highly experienced and respected voices in the field in case studies in couples therapy readers will grasp the essentials of major theories and approaches in a few pages and then see how concepts and principles are applied in the work of well known clinicians the case studies incorporate a wide variety of couples from diverse backgrounds in a number of different life situations it is simultaneously narrow including specific processes and interventions applied with real clients and broad clearly outlining a broad array of theories and concepts in scope and the interventions in it are directly linked to theoretical perspectives in a clear and systematic way students and clinicians alike will find the theoretical overview sections of each chapter clear and easy to follow and each chapter s thorough descriptions of effective practical interventions will give readers a strong sense of the connections between theory and practice

schema therapy for couples represents the first practitioner guide to detail effective schema therapy techniques in couple and relationship therapy shows how the distinctive features of st make it ideal for addressing the cognitive and emotion focused problems typical in couple relationships presents and integrates a series of innovative tools and interventions such as schema therapy with needs versus wants mode cycle clash cards limited re parenting visualization and chair work authored by an international team of experts in couples therapy and schema therapy

table of contents 1 brief integrative behavior therapy with individuals and couples 2 cognitive behavioral strategies 3 rational emotive family therapy 4 multimodal strategies with adults 5 short term therapy for character change 6 depth oriented brief therapy accelerated accessing of the coherent unconscious 7 object relations brief therapy 8 adlerian brief therapy strategies and tactics 9 efficient adlerian therapy with individuals and couples 10 brief reality therapy 11 stage appropriate change oriented brief therapy strategies 12 the satir system brief therapy strategies 13 imago strategies 14 psychoeducational strategies 15 solution focused brief counseling strategies 16 emdr and resource installation principles and procedures 17 biopsychosocial therapy essential strategies and tactics

brief therapy with couples is a practical guide to brief therapy for couples relationship problems that relates therapy to the cultural racial religious context of relationships as well as key issues like parenting same sex relationships

this influential volume provides a comprehensive introduction to emotionally focused therapy eft its theoretical foundations techniques and clinical practice eft is a structured approach to couple therapy that integrates intrapsychic and interpersonal perspectives to help couples create new more satisfying interactional patterns since the original publication of this book eft has been implemented and tested with growing numbers of couples in a wide range of settings the authors who codeveloped the approach illuminate the power of emotional experience in

relationships and in the process of therapeutic change the book is richly illustrated with case examples and session transcripts

turn your relationship into a love story that lasts by improving communication strengthening your bond and creating the trust that s essential in relationships couples therapy isn t just for failing relationships

this authoritative handbook provides a definitive overview of the theory and practice of couple therapy noted contributors many of whom developed the approaches they describe combine clear conceptual exposition with thorough descriptions of therapeutic techniques in addition to presenting major couple therapy models in step by step detail the book describes effective applications for particular populations and problems chapters adhere closely to a uniform structure to facilitate study and comparison enhancing the book s utility as a reference and text see also clinical casebook of couple therapy also edited by alan s gurman which presents in depth illustrations of treatment

since its inception over twenty five years ago this once revolutionary approach to psychotherapy has grown to encompass treatments across the full range of psychological disorders this work brings together all of the key aspects of this field distilling decades of clinical wisdom into one authoritative volume

first published in 2003 routledge is an imprint of taylor francis an informa company

creating tactics for getting it right the first time the co authors draw on over thirty years of experience to show young therapists how and how not to conduct psychotherapy each chapter begins with a vignette illustrating a common mistake then describes the error in detail explains why therapists make the mistake and offers tactics for avoiding it

this unique guide brings together leading practitioners to demonstrate the nuts and bolts of

their brief work with couples the time and cost effective models discussed are explicitly short term not long term on fast forward and detailed case excerpts and clinical examples highlight how each form of therapy is actually conducted practicing therapists and students alike will find much of value in this illuminating and practical resource

do you and your spouse keep on fighting how often do you fight do you address it right away or leave it behind why do you keep on fighting worry no more this book will provide you the answers to your questions do you want to fix your marriage do you want to make your love stronger if you do then read this book marriage is a multi level commitment one that involves responsibilities from person to person from family to family and from couple to state marriage is viewed as a reasonably permanent bond in all cultures so much so that it is virtually inevitable in certain societies when you've got a family there is someone at home with warm hugs and kisses and the sweetest smile in the world waiting for you couple therapy will help you achieve your ideal relationship this book covers understand each partner's inner world strengthen friendship and intimacy finding each other in new ways facing the future together how emotions affect your partner communication is crucial because disputes in partnerships are unavoidable and most people are poorly equipped to cope well with them when you find you need any additional support in interacting with your spouse try counseling couples or marriage therapy not all marriages can be high all the time but a healthy partnership always helps you feel secure content accepted valued and free to be yourself all companies need commitment and effort this book has provided you an idea and information on what to do and what to avoid don't miss out and get your copy now

the house has new owners who do not care about cleaning soon the house is polluted with smoke animal hair powders and many aerosol sprays

depression is second after heart disease as the most damaging health condition in the world the nhs has devoted huge resources to training thousands of psychological therapists to work in improving access to psychological therapies services specifically to treat depression in adults

and couple therapy has been identified as one of the effective ways of treating it couple therapy for depression is an integrative 20 session couple therapy designed to treat depression in couples where there is also relationship distress following the recommendations of the uk s national institute for clinical excellence for a behaviourally based couple therapy treatment it draws on rct studies of efficacy as well as best practice in behavioural cognitive emotionally focused systemic and psychodynamic couple therapies sticking closely to the competencies identified for the treatment of depression and relationship distress in couples it outlines the ways in which couple therapists can reduce damaging interactions between couples build emotional openness and closeness improve communication and behaviour change unhelpful cognitions and perceptions and help the couple cope with the ordinary and not so ordinary stresses that arise in the course of everyday relating written by couple therapists who understand deeply the unique challenges of doing therapy with couples it is based on the training programme for couple therapy for depression commissioned by the nhs for use in its improving access to psychological therapies services it begins by describing the causes and consequences of depression and then focuses on its impact on the adult couple highlighting the particular techniques needed in safe and effective work with distressed couples it goes through the different ways in which the couple s feelings thoughts and behaviours need to be understood and worked with in order to reduce relationship distress it outlines the treatment of 4 different couples to illustrate the therapy in action and will be helpful for any therapist wanting to enhance their work with couples

the sage encyclopedia of marriage family and couples counseling is a new all encompassing landmark work for researchers seeking to broaden their knowledge of this vast and diffuse field marriage and family counseling programs are established at institutions worldwide yet there is no current work focused specifically on family therapy while other works have discussed various methodologies cases niche aspects of the field and some broader views of counseling in general this authoritative encyclopedia provides readers with a fully comprehensive and accessible reference to aid in understanding the full scope and diversity of theories approaches and

techniques and how they address various life events within the unique dynamics of families couples and related interpersonal relationships key topics include assessment communication coping diversity interventions and techniques life events transitions sexuality work life issues and more key features include more than 500 signed articles written by key figures in the field span four comprehensive volumes front matter includes a reader s guide that groups related entries thematically back matter includes a history of the development of the field a resource guide to key associations websites and journals a selected bibliography of classic publications and a detailed index all entries conclude with further readings and cross references to related entries to aid the reader in their research journey

in this powerful volume six qualitative methods are used to analyze a couple therapy with a troubled young couple illustrating the intricate processes and sub processes of therapy through client interactions with their therapists and with each other increasingly popular for revealing the nuances and complexity of human interactions qualitative approaches focus on process and discursive methods which can be particularly rewarding in multi client settings through the examples that make up the text practitioners and researchers become better acquainted with the power of qualitative perspectives and are encouraged to examine their own views on therapy as they consider these and other concepts the development of dialogical space in a couple therapy session introducing novelties into therapeutic dialogue the importance of minor shifts of the therapist therapists responses for enhancing change through dialogue dialogical investigations of change fostering dialogue exploring the therapists discursive contributions in a couple therapy dominant story power and positioning constructing the moral order of a relationship in couples therapy research perspectives in couple therapy discursive qualitative methods ably demonstrates the balance between therapeutic art and science for family and couples therapists psychologists and other mental health professionals in research and practice

this handbook reviews therapy and counselling with couples whether they be married co habiting heterosexual lesbian or gay it explores how the problems of closely involved couples are

assessed and tackled in different circumstances and in different ways it places couples therapy in its theoretical and institutional contexts analyzes immediate therapeutic concerns and examines the wider roles of agencies education research and training

this book provides a complete guide to self regulatory couple therapy srct an innovative clinical approach that maximizes the couple s capacity for self directed change presented is a flexible framework for treating couples effectively in as few as one or two and as many as 25 sessions of highly focused work featuring step by step intervention guidelines and helpful clinical examples the book demonstrates how to identify those couples for whom very brief therapy is possible how to focus in quickly on the processes associated with relationship distress and how to integrate additional therapeutic components for clients needing longer term help

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