

Companys Coming Rush Hour Recipes

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starved for time now you can prepare a meal eat and run out the door in under an hour turn to rush hour recipes ready in no time book jacket

this meal driven cookbook offers sensible solutions with healthy delicious and time efficient recipes giving the cook of today the perfect balance in the kitchen chapters include rush hour dinners lunches on the run and an indispensable mix match menu planner the american institute for cancer research provides nutritional information diabetic exchanges and food facts

challenged to serve up satisfying budget friendly meals on busy weeknights you re in luck rush hour recipes is jam packed with 230 yummy quick easy dinner recipes everyone will enjoy you ll find speedy 5 ingredient favorites like bacon cheddar chicken and melinda s mexican manicotti plus virgil s veggie fettuccine deep dish skillet pizza and other tasty one dish dinners on chilly days warm em up with recipes from soup s on like tom s chili con carne and hearty healthy minestrone slow cooker recipes like beef tips noodles and easy cheesy enchiladas can t be beat for cook all day convenience we ve even included easy crowd pleasers like italian hamburger mac luau baked beans and old fashioned butterscotch bars they make extra large servings so they re perfect to share with friends or tote to a last minute potluck or bake sale many dishes can be prepared in 30 minutes or less using familiar pantry ingredients this is sure to become one

cookbook you'll turn to again and again hardcover 224 pages 9 1/4 x 6 1/2

over 230 quick to fix dinner recipes your family will love even slow cooker meals and potluck dishes

healthy meals for busy cooks from the magazine of food and health easy meals in 1 hour

easy and simple mealtime solutions are within reach of every busy family with the rush hour cook's latest collection

slow cooker recipes has become a bestseller many times over proving that cooks everywhere appreciate the handy convenience and timesaving benefits of the slow cooker in addition to featured main course roast stew and casserole recipes appetizers dips soups beans beverages and even breads and cakes can be made in the slow cooker a useful tips and hints section offers advice on how to make the best use of your slow cooker including which ingredients can be assembled the night before and which ones should be added last

once known as the queen of incapable cooking brook has been spotted securing saran wrap with sailor knots baking a cherry pie without pitting the cherries and coloring unboiled easter eggs frustrated with the lack of a family dinner hour in her home her husband had opted for large lunches at work she set out to create a cooking system much to her husband's dismay that would allow her to put great meals on the table quickly a CEO mom wife daughter volunteer church goer author and speaker brook's time is at a premium brook created simply stellar meals and menus for everyday enjoyment now for the first time brook's first four rush hour pocket series cookbooks are available all in one volume within these pages you'll find presto pasta effortless entertaining one pot wonders and family favorites enjoy over 200 simple quick and easy dishes

family dinners there's nothing like coming home to be greeted by the aroma of a slow simmered meal in super fast slow cooking whether it's down home chicken noodles sunday pork roast dinner brown sugar ham or pulled pork sandwiches you just know dinner will be something to savor and with only 5 ingredients in all of these recipes they're delicious time savers we've kept the prep time short so you can quickly add all the ingredients to your slow cooker turn it on and forget about it no matter how busy the days there's no need to miss out on the flavor of homestyle foods like mom made round out dinner with servings of peachy keen sweet potatoes apple walnut dressing and buttery acorn squash serve up sweet treats like mom's blueberry cobbler southern caramel pie and hot fudge brownies straight from the slow cooker your family can even wake up to a slow cooked breakfast sunrise hashbrowns caramel nut rolls and rise shine ham are super take alongs for on the road rv or camping trips so pull out your new best friend a slow cooker practically does all the work just think you'll have more time to enjoy with family friends hardcover 224 pages 9 1/4 x 6 1/2

with 150 triple tested dinners that go from kitchen to plate in under 30 minutes good housekeeping presents the answer to the harried home cook's dilemma how to put a freshly prepared delectable meal on the table in a hurry in today's hectic and crazy world it's hard to

find time to prepare a healthy home cooked meal that's why good housekeeping's rush hour magazine column has proved so popular it helps busy people make wonderful dinners in less than half an hour now there's an entire new book of rush hour recipes with 150 quick and delicious dishes featuring beef pork fish chicken pasta vegetables and soups some are classic american favorites others are italian thai mexican or other specialties since these entrees take under 30 minutes there's time to bake delicious desserts too the book's introduction offers time saving cooking tips with advice on stocking the pantry the best kitchen equipment and food preparation shortcuts

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