

Case Studies In Counseling Older Adults

Counselling Older Adults Counseling Older Adults Understanding and Counselling Older Persons The Mental Health Desk Reference Handbook of Counseling and Psychotherapy with Older Adults Psychotherapy with Older Adults Counseling Older People Counseling the Older Adult Counseling Older Persons: Guidelines for a team approach to training Counseling the Older Adult Counselling and Psychotherapy with Older People in Care Counseling Older Persons: Basic helping skills for service providers Empowering Older Adults Counseling Older Persons: A trainer's manual for basic helping skills Counseling the Elderly Counseling Older Persons Counseling Older Persons Introduction to the Profession of Counseling An Introduction to the Profession of Counseling A Manual on Planning Educational Programs for Older Adults Bernard Kingston John Blando Helen Ko Elizabeth Reynolds Welfel Michael Duffy Bob G. Knight Charlene M. Kampfe Patricia Alpaugh McDonald Patricia Alpaugh Felicity Chapman Elinor B. Waters Garry L. Landreth Daniel Sinick George Thorman Frank A. Nugent Frank A. Nugent Andrew Hendrickson

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presents an approach derived from the author's use of gestalt therapy

counseling older adults provides an introduction to gerontological counseling covering theories of aging and their practical

application in counseling work with older adults

the handbook covers in greater depth topics such as elder suicide elder abuse sexuality spirituality working with family carers case management gero assessment tools common physical and mental health problems associated with ageing

a practical easy to use and comprehensive reference for mental health professionals the mental health desk reference is the ultimate guide to effective and responsible mental health practice it provides authoritative concise and up to date information from more than seventy experts regarding diagnosis treatment and ethics of practice each entry summarizes key constructs and terminology associated with the topic major findings from research and specific recommendations on theory and practice important topics covered include adjustment disorders and life stress diagnosis and treatment of adults diagnosis and treatment of children crisis intervention diverse populations group and family interventions practice management professional issues ethical and legal issues professional resources these detailed readable entries based on the most extensive and reliable research available form a comprehensive straightforward and quick reference resource applicable to practitioners across every field in mental health the mental health desk reference is the single resource no mental health professional can afford to be without

with the graying of society therapists are seeing more and more older clients in this book editor michael duffy brings together leading experts to explain the unique problems of older adults and describe effective treatment techniques

this third edition of the bestselling psychotherapy with older adults continues to offer students and professionals a thorough overview of psychotherapy with older adults using the contextual cohort based maturity specific challenge ccmsc model it draws upon findings from scientific gerontology and life span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults as well as when it is similar to therapeutic work with younger adults sensitively linking both research and experience author bob g knight provides a practical account of the knowledge technique and skills necessary to work with older adults in a therapeutic relationship this volume considers the essentials of gerontology as well as the nature of therapy in depth focusing on special content areas and common themes

this book provides insight into the primary issues faced by older adults the services and benefits available to them and the knowledge base techniques and skills necessary to work effectively in a therapeutic relationship dr kampfe offers empirically and anecdotally based strategies and interventions for dealing with clients personal concerns and describes ways counselors can advocate for older people on a systemic level individual and group exercises are incorporated

throughout the book to enhance its practicality topics covered include an overview of population demographics and characteristics counseling considerations and empowering older clients successful aging mental health and wellness common medical conditions multiple losses and transitions financial concerns elder abuse veterans issues sensory loss changing family dynamics managing social security and medicare working after retirement age retirement transitions losses and gains residential options and death and dying requests for digital versions from aca can be found on wiley com to purchase print copies please visit the aca website reproduction requests for material from books published by aca should be directed to publications counseling org

an invaluable step by step guide for understanding the basic problems and concerns of the growing population of adults over the age of 65 based on years of clinical research and testing this book provides a thorough review of critical information on older adults the aging process and mental health issues organized into a useful workbook format the book is filled with brief lectures quizzes exercises and sample forms these training materials are designed to help counselors build the interpersonal skills needed to provide aid and comfort for senior citizens requiring psychological services

the global population is ageing rapidly yet there is a shortage of skilled professionals able to support the wellbeing of older people in care older people can be more vulnerable to mental health issues such as loneliness anxiety grief loss and cognitive changes and need therapeutic support that addresses their specific needs and conditions this supportive guide for psychotherapists counsellors and other professionals working with older people addresses the growing demand for mental health services for older adults it covers a range of issues that arise within this demographic including residential living the referral process assessment and engagement and attitudes towards ageing while contextualising these issues within larger social and political frameworks the author describes specific interventions such as narrative therapy reminiscence therapy acceptance and commitment therapy and cognitive behavioural therapy with practical case studies woven in throughout the book

offers practical advice on helping older individuals choose second careers plan their retirement or prepare for death

introducing the field of counseling in a complex multicultural society this text is based on a phenomenological psychosocial life span developmental approach whereby counselors help persons work through situational developmental transitions and conflicts within a multicultural social context ageism productive aging grief loss intergenerational issues needs of caretakers feminist approaches life span cognitive development emotional intelligence spiritual development substance

abuse clients joint school community crises prevention and intervention programs depression addictions theories and techniques practice and process appropriate as an introduction to counseling

offers beginning students an introduction to theories and techniques and their applications to counselling services in elementary and secondary schools colleges and the community

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