

Building Team Resilience In Challenging Times

Resilience In The TeamPaths to Team Resilience. The Relationship between Individual and Team ResilienceResilience In The TeamEnhancing Resilience in Business Continuity ManagementResilience in Modern Day OrganizationsStress and Well-Being in TeamsSocial Psychology in SportThe Routledge International Encyclopedia of Sport and Exercise PsychologyResilience in ActionUnbreakableMeasuring and Monitoring Resilience in AucklandProfessionalism in the Practice of Physical TherapyA Grounded Theoretical Analysis of Team Resilience in the Us ArmyPromoting Capabilities to Manage Postraumatic StressConnectable: How Leaders Can Move Teams From Isolated to All InDisaster ResilienceBuilding the TeamJoe Torre's Ground Rules for WinnersSimulation about Resilience of the Team in the Emergency DepartmentPeople Management Monika Huber Alexander Mai Monika Huber Rouco, José Carlos Dias Ritsa S. J. Fotinatos-Ventouratos Peter D. Harms Louise Davis Dieter Hackfort Michael Ungar Bradley L. Kirkman Douglas Paton Tonya Y. Miller Megan L Dove-Steinkamp Douglas Paton Ryan Jenkins Douglas Paton Chantal Epie Joe Torre Jing Wang

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this essential provides insights into approaches procedures and ideas on how resilience understood as resistance can be promoted and implemented in a team most of the time these concepts are only applied to individuals but many of the findings from resilience research can be transferred to teams and even extended today resilience is also playing an increasingly important role in teams whether it is to strengthen the sense of coherence according to antonovsky s principle of salutogenesis or to consider other resilience factors that support team capability

academic paper from the year 2021 in the subject psychology industrial and organizational psychology grade 10 language english abstract resilience is the ability of a person or an organization to resist adverse events this paper examines the relationship between individual and team resilience the three mediators that were chosen to examine the relationship between individual and team resilience in more detail are meaning and purpose self awareness and psychological response to stress the three mediators were chosen because at first glance they are not the most intuitive variables to expect in linking individual and team resilience and because there is not yet adequate research related to the variables in the proposed cross sectional study the authors use scales that are established in science to measure the different variables this paper contributes to the research field of resilience through the theoretical analysis and in addition through the proposal of a study for future research in the paper it is hypothesized that meaning and purpose self awareness and psychological response to stress mediate the relationship between individual resilience ir and team resilience tr the importance and relevance of the proposed study is discussed at the end of the paper

this essential provides insights into approaches procedures and ideas on how resilience understood as resistance can be promoted and implemented in a team most of the time these concepts are only applied to individuals but many of the findings from resilience research can be transferred to teams and even extended today resilience is also playing an increasingly important role in teams whether it is to strengthen the sense of coherence according to antonovsky s principle of salutogenesis or to consider other resilience factors that support team capability the content resilience research and selected studies on resilience definition of resilience teamwork and resilience in the team resilience factors example of process support to promote resilience in the team the author monika huber works as a change consultant and accompanies teams in their implementation in addition she is a lecturer at a state university on the subject of change management and a training course leader for resilience and stress coach at the private coaching institute in switzerland this book is a translation of an original

german edition the translation was done with the help of artificial intelligence machine translation by the service deepl.com a subsequent human revision was done primarily in terms of content so that the book will read stylistically differently from a conventional translation

resilience in business continuity management is a critical concept in today's unpredictable world where organizations face frequent disruptions and crises it empowers both individuals and institutions to recover, adapt and thrive amidst challenges ensuring stability and long term success exploring resilience provides actionable insights into psychological, strategic and operational aspects that enhance preparedness and response capabilities by understanding and implementing effective risk management and crisis strategies businesses can navigate complexities with confidence contributing to a more stable and sustainable society enhancing resilience in business continuity management delves into the multifaceted aspects of resilience within the context of business continuity management it explores strategies for cultivating resilience among individuals and fostering a culture of resilience within organizations covering topics such as artificial intelligence, interactive management and supply chain management this book is an excellent resource for continuity managers, human resource professionals, organizational leaders, researchers, academicians, educators, students, and more

this international and thought provoking volume addresses both theoretical and conceptual issues of resilience in modern organizations looking at areas of concern and providing suggestions for future preventative measures in recent years organizations across the world have been subjected to major upheavals as several crises including the covid 19 pandemic, the world economic crisis, and the migratory crisis have contributed to the changing landscape of work individuals, organizations, and societies have been forced to re-think, re-adjust, and re-align in the face of adversity the survivors of such upheavals are those who come to grips with the new realities of our times and encompass resilience in its entirety this timely collection assesses resilience on critically important variables such as socio-economic status, occupational type, and gender differences and highlights preventative measures that organizations and individuals should take to maximise wellbeing and adjustment in these everchanging and challenging times essential reading for students, scholars, practitioners, and policy makers this volume sheds light on the multi-faceted ways to enhance the resilience paradigm and offers insights into implications for future research in the area

stress and well-being in teams is focused on stress and well-being in the context of teams focused on how inputs of team processes such as team compositions, leadership, and broader organizational contexts can serve as antecedents of team members stress and well-being

this edited textbook offers a global perspective on research practice and future directions in social psychology in sport topics include relationships communication leadership motivation and morality readers gain insight into the interactions and dynamics that affect sport performance and the sport experience for youth and adult athletes and coaches

the routledge international encyclopedia of sport and exercise psychology integrates the topics of motor control physical education exercise adventure performance in sports and the performing arts in several important ways and contexts drawing upon diverse cultural perspectives more than 90 overarching topics have been systematically developed by internationally renowned experts in theory research and practice each contribution delves into a thematic area with more nuanced vocabulary the terminology drawn upon integrates traditional discourse and emerging topic matter into a state of the art two volume set volume 1 theoretical and methodological concepts is comprised of theoretical topic matter spanning theories and terminology from psychology contextualized to sport and physical activity sport psychology focused theories and expansive discussions related to philosophy of science and methodology volume 2 applied and practical measures draws upon practical concepts that bridge theory and research and practice broader issues that extend beyond sport and physical activity participants are embedded within the entries intended to augment physical mental and social well being this expansive encyclopedia is a must have resource for all professionals scholars and students in the fields of sport psychology and sport science

mental health specialists and researchers contend that the development of resilience in youth is facilitated at several levels relational cultural individual and governmental factors all have a strong influence over the mental well being of young people resilience in action looks at youth interventions with a view to fostering resilience in those living in adverse situations and conditions in order to provide a practical approach to the issue the essays in this volume explore the components of successful interventions encouraging the transmission of effective practices from one community to another across borders it is organized into four sections each dealing with a different aspect of work with at risk youth the first section focuses on individual health and the ways in which intervention and therapy strengthen personal resources the second section explores the dynamics of interventions in relation to specific contexts and localized relationships emphasizing holistic approaches to youth work a review of the cultural relevance of resilience follows in section three and the fourth considers ways of increasing the accessibility to resources that encourage healthy development featuring contributors from a variety of academic and cultural backgrounds resilience in action offers diverse answers to many of the persistent questions mental health professionals ask regarding how to enhance resilience

an essential guide for managers and leaders on building resilient teams in turbulent times as a result of global economic changes new technologies and increased competition business environments are becoming increasingly turbulent and unpredictable requiring new forms of resilient work teams due in part to the increasing complexity of business environments more and more organizations worldwide are using teams of employees to respond to adversity whether it be new product development teams business crisis response teams in companies front line response teams such as fire emergency medical technicians or emergency room teams research and development teams or pharmaceutical development teams employees can no longer rely on their own knowledge skills and abilities to get their work done rather employees have to work collaboratively with one another and combine their expertise to achieve the synergy and breakthrough thinking that is necessary to be successful at completing complex tasks in today s dynamic environments today more than ever before work teams must demonstrate resilience in the face of volatile complex and ambiguous business environments all teams inevitably suffer setbacks bradley l kirkman and adam c stoverink provide in their new book the hands on practical tips for building and leading resilient teams equipped to bounce back from those challenges they highlight four team resources that are essential to any resilient team including team confidence teamwork roadmaps capacity to improvise and psychological safety these four resources are brought to life through compelling stories of teams that performed well in the face of adversity and a few that didn t they also provide leaders with step by step guidance for how to grow these resources in their own teams whether they re in person remote or hybrid this book delivers all the tools necessary to build and lead resilient teams that are virtually unbreakable

the definitive pt leadership management guide brings you fully up to date on the latest developments in this ever evolving field physical therapy professionalism is the authoritative resource on the many roles today s pt professionals must master in a world where the role of the physical therapist widens to include more primary care and diagnostic responsibilities there is a deep need for a single up to date resource that explores professional roles and developments in this changing field this book answers this need concise yet comprehensive physical therapy professionalism covers every vital area important to pt professionalism from documentation to law and ethics to leadership with photographs diagrams and illustrations it describes the pt foundations and principles you need to know with every chapter including at least two cases followed by questions designed to help you retain what you ve learned

in order to develop a scientific understanding of team resilience the three primary goals of the current research effort were to 1 summarize

the research literature on resilience in and of small groups and systems 2 articulate a framework to direct the synthesis of existing and future resilience related research and 3 construct a substantive theory of team resilience this exploratory research used a grounded theory approach to explore resilience phenomena experienced by small unit members in the us army participants were sampled from military occupational specialties within combat arms as classified by the us army regimental system and included members of small units from air defense artillery armor aviation field artillery and infantry herein team is used to refer to a bounded group of us army soldiers working together toward a shared functional goal e g tasking mission review of the cross disciplinary literature on resilience in and of teams suggested multiple plausible and sometimes competing conceptualizations of team resilience the resulting team resilience framework that was developed as part of this study identifies five key components that can be used to clarify and organize varied conceptualizations of team resilience 1 who of whom 2 what to what 3 why for what 4 when at what time and 5 where under what circumstances the team resilience framework was applied in this study and resulted in a rich description of the context in which team resilience occurs qualitative analysis of interview and focus group transcripts indicate that team resilience is an iterative process of managing disruptor cues disruptors and disruptions which includes five primary action phases specification mobilization detection determination adjustment as necessary and reset important elements and influential factors are associated with each phase of the process study findings from this foundational research contribute to an enriched understanding of team resilience generally and also can be used more specifically to articulate an operationalization of small unit team resilience that best suits the needs of the us army other practical applications and implications for future research are also discussed

it will be of interest to emergency worker counselors police counselors disaster workers mental health professionals and individuals that work with people exposed to trauma book jacket

wall street journal bestseller financial times book of the month connect your workforce improve engagement and drive productivity to undreamed of levels feelings of loneliness among employees are on the rise with 72 of global workers suffering from it this sense of isolation is contributing to a real and growing mental health problem that affects both individuals and organizations in connectable you ll learn how tackling the issue of worker loneliness head on can transform an isolated workforce into one that s happier more engaged and more productive with more than a decade of experience spent helping companies lessen worker loneliness ryan jenkins and steven van cohen distill their methodology showing you what s causing today s loneliness the role inclusion plays in solving it and how you can decrease loneliness

and increase belonging engagement and performance with employees at every level including yourself you ll learn how to identify lonely or burned out employees build psychological safety within a team create environments of belonging and inclusion cultivate meaningful connections across team members in person or remote build committed driven and high performing organizations using the authors proprietary 4 step less loneliness frameworktm jenkins and van cohen provide the perfect balance of science statistics stories and strategies to help you move everyone on your team from isolated to all in discover what atms cocaine red sox fans and time travel have to do with moving teams from disconnected to connected connectable delivers the information insights and actionable strategies needed to awaken a renewed sense of connection throughout your organization

this book will fill the gaps that hamper the effective utilization of the resilience and sustainability concepts within emergency planning one concerns the lack of a comprehensive review of this multi level concept the second relates to its multi level nature specifically the text identifies a need for the systematic integration of these different levels in a manner that illustrates the holistic contribution of the resilience concept to emergency planning by integrating these different levels in a manner that illustrates the holistic contribution of the resilience concept to emergency planning a comprehensive working model of disaster resilience and sustainability can be developed

the popular manager of the new york yankees discusses his twelve rules of management including building communication skills showing respect and maintaining calm

teamwork is essential in many different organizations and industries especially in the emergency department of the hospital moreover the emergency department as one of the most important departments is often faced with identified and potential perturbations the identified perturbations include incidents with historical records such as earthquakes the potential perturbations consist of unpredictable absence of doctors and nurses both situations need to be solved by the team in the emergency department the doctors nurses and other staff members need to make decisions within a limited time in addition with increasing number of patients and limited resources the emergency department should pay attention to improving the efficiency of teamwork and reducing the treatment time for patients the limited resources and the overcrowding of patients would result in team resilience team resilience in the emergency department describes the ability of the system to handle all kinds of perturbation when the system goes into a degraded or critical state the team of the emergency department is in a resilient

state moreover team resilience would influence the performance of emergency departments and the waiting time of patients in this thesis the team resilience was analyzed with identified and potential perturbations several proposals were designed and investigated to relief or solve the team resilience in emergency department a discrete event simulation model was fabricated to evaluate the performance of these proposals under varying situations the simulation results in this thesis shows that the best solution to natural disasters or other identified perturbation is to add one nurse and one doctor the primary waiting time for all patients can be reduced to 60 minutes also the utilization of all resources could decrease by 70 in this condition the performance of the team in the emergency department could maintain in a normal state the performance of teams and the utilization of resources are analyzed with respect to potential perturbations the environment is assumed to be a normal state in the beginning and the influence of the absence of one doctor and one nurse is simulated the results shows that this perturbation would increase the primary waiting time and the utilization of resources the primary waiting time for every patient is longer than that of normal state the maximum primary waiting time is longer than 60 minutes and the acuity level of the patient is 5 it can be concluded that no resilience happens when two doctors and two nurses are out of work all day the primary waiting time of 1 or 2 patients can be longer than 60 minutes the possibility of a degraded performance is 66 when identified perturbations happen with one doctor and one nurse absent the performance of the team would be degraded and remain critical for 24 hours varying time strategies of correction actions are analyzed the earlier the corrections are made the better team performed under perturbations the correlation between resilience and amount of supplementary doctors and nurses is further discussed although there are no ways to eliminate the resilience adding three doctors and three nurses could reduce the primary waiting time moreover the coefficient of resilience would increase to 0.284 hence the performance of team could return to normal state after 9h 28 minutes after the occurrence of identified perturbation as a conclusion the performance of the investigated emergency department is simulated and discussed in terms of two types of perturbation according to simulation results a response strategy in terms of supplementary doctors nurses and resources is designed to minimize the expectation of resilience time in case of perturbations

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