

# Brunnstroms Clinical Kinesiology Clinical Kinesiology Brunnstroms

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now celebrating its 50 years in print this text has held onto the foundation of its great success while also being re invented for today s audience the focus of this text remains the practical instruction of functional anatomy in order to quickly and convincingly guide readers to its use in professional performance this text is filled with modern applications that will show your students the relevance of foundational material to their future careers

thorough review of the properties of bone cartilage ligaments and fascia broader coverage of muscle innervations and actions applications of mechanical and physiological principles agonist antagonist and synergistic relationships and closed chain motion each body region chapter emphasizes the kinesiologic issue best illustrated for that region e g the knee chapter includes a section on functional interaction of muscles and ligaments material on joints ligaments end feels and accessory joint motion as well as innervation and anatomical actions of muscles numerous illustrations have been added to support this easy to read text

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