Better Than Steroids

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Clement B. Sledge

a reassuring and realistic comprehensive guide to preemie medical care now updated to reflect the many advances in neonatology preemies second edition is the only parents reference resource of its kind delivering up to the minute information on medical care in a warm caring and engaging voice authors dana wechsler linden and emma trenti paroli are parents who have been there together with neonatologist mia wechsler doron they answer the dozens of questions that parents will have at every stage from high risk pregnancy through preemie hospitalization to homecoming and the preschool years imparting a vast detailed store of knowledge in clear language that all readers can understand preemies second edition covers topics related to premature birth including what are your risk factors for having a premature baby can you do something to delay early labor what do doctors know about you baby s outlook during her first minutes and days of life how will your preemie s progress be monitored how do you cope with a long hospitalization are there special preparations for you baby s homecoming what kind of stimulation during the first year gives your baby the best chance will your preemie grow up healthy normal comprehensive and reassuring preemies provides the answers to questions that any concerned parent might have

this book is a comprehensive guide to the buteyko method written by the director of the moscow buteyko clinic with its rich and colourful illustrations the book is the perfect do it yourself resource for anybody who seeks relief from their breathing related problems a must read for all asthmatics

includes papers from the proceedings of the symposium on advances in tracer methodology

break the drug cycle with safe natural treatments for 200 everyday ailments

based on the research and clinical experience of america's leading children's hospital this reference work several years in the making is the most complete and authoritative guide to child health and development ever published three essential parts form

this unique work a detailed account of all aspects of normal development from birth through the school years a carefully designed emergency section and a comprehensive guide to every common illness or condition that affects children for the first time a single work offers parents all the medical psychological and practical information they need to raise healthy children from birth through elementary school packed full of information on symptoms causes diagnosis treatment and prevention vital up to date advice for choosing medical care and insurance and finding good childcare the children's hospital guide includes the charts of normal development at all ages and a comprehensive resource section

is an up to date concise factual reference describing the dental management of patients with selected medical problems the book offers the dental provider an understanding of how to ascertain the severity and stability of common medical disorders and make dental management decisions that afford the patient the utmost health and safety medical problems are organized to provide a brief overview of the basic disease process the incidence and prevalence of the disease pathophysiology signs and symptoms laboratory findings currently accepted medical therapy of each problem and a detailed explanation and recommendations for specific dental management the accumulation of evidence based research over the last few years has allowed the authors to include more specific dental management guidelines in the sixth edition

this portable reference provides thorough and detailed assessment information for all common primary care conditions including signs and symptoms diagnostic methods drug therapies and treatment written by expert nurse practitioners it features complete practical up to date information on diagnosing and treating primary care disorders in the family practice setting separate sections are devoted to specific populations such as pediatric adult and geriatric patients this reference is well known for its concise guidelines comparative charts and tables that list the symptoms physical assessment findings and possible diagnoses in a quick reference format numerous tables outlines and comparative charts are included for easy reference alerts are provided for both physician referral and emergency conditions practice pearls are featured throughout the chapters to demonstrate the material s applicability to practice blank pages at the end of each chapter allow readers to make

their own notes in the text signs and symptoms diagnostic methods drug therapies and treatment options are described for common diseases reorganized content reflects a head to toe approach to the body systems for easy reference content is divided into two units history and physical examination and common conditions with all special populations chapters located at the beginning of the book material has been added on syncope chronic pelvic pain and vulvar disease a comparison table of hormone replacement therapy hrt lists the available brands doses expanded coverage is provided for emphysema anemia hyperlipidemia migraines diabetes breast conditions hrt and bleeding menopause osteoporosis pain management and diagnostic criteria for chronic fatigue syndrome national guidelines are referenced where appropriate e g pneumonia asthma stds and lipids new thumb tabs in the design allow users to access content more easily updated herbal therapy information is provided appendices include new and updated information on body mass index food sources peak expiratory flow rates peak flow monitoring diabetic foot care allergen control measures hsv hpv symptomatic relief measures oral contraceptives pain management guidelines herbal therapy information and suggested hospital admission orders a new appendix includes timely information on biological disease agents now includes icd 9 codes new insert features 32 color photos of dermatologic conditions for easy identification

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