

Basic Life Support Manual American Heart Association

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basic life support handbook

this book is a simplified manual for cardio pulmonary resuscitation cpr

basic life support bls provider manual the content in this handbook is in compliance with the 2020 guidelines for cpr and ecc emergency cardiac care recently released by the american heart association therefore all the protocols illustrated in this book are based on up to date evidence these guidelines are updated every 5 years the bls provider manual is a complete guide and reference tool that covers all the information students need to know in order to successfully complete the bls course for easier learning multiple choice questions can be found at the end of each chapter the answers to these exercises are found at the very end of the book basic life support bls refers to a set of procedures that can be learned to prolong survival in life threatening situations until more professional help is available any individual can become certified in basic life support protocols these protocols are frequently updated based on the latest evidence available and every individual who undergoes bls certification may need to refresh their knowledge every two years medical professionals usually have a sound understanding of basic life support protocols even then it is essential for them to frequently undergo certifications to update their knowledge regarding the latest evidence based protocols this handbook is designed for both medical professionals and non healthcare individuals it aims to establish a sound understanding of the mechanisms underlying basic life support the intended audience is healthcare students and personnel who need to learn how to perform cpr and other basic cardiovascular life support skills in a wide variety of both clinical and prehospital settings go to the top right of the page and click add to cart

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