

Arthur E Jongsma Jr Series Editor

The Complete Anxiety Treatment and Homework Planner The Complete Adult Psychotherapy Treatment Planner The Addiction Treatment Planner The Veterans and Active Duty Military Psychotherapy Treatment Planner Child Psychotherapy Homework Planner The Child Psychotherapy Progress Notes Planner Child Therapy Activity and Homework Planner The Child Psychotherapy Treatment Planner Couples and Family Client Education Handout Planner Child and Adolescent Client Education Handout Planner Child Psychotherapy Treatment Planner The Child Psychotherapy Treatment Planner Addiction Treatment Homework Planner The California Psychologist The Clinical Documentation Sourcebook The Behavior Therapist Brief Therapy Homework Planner Sexuality Counseling The Gay and Lesbian Psychotherapy Treatment Planner The British National Bibliography David J. Berghuis David J. Berghuis Robert R. Perkinson Bret A. Moore David J. Berghuis Arthur E. Jongsma, Jr. Natalie Sufler Bilynsky Arthur E. Jongsma, Jr. Laurie C. Grand Laurie C. Grand Arthur E. Jongsma (Jr.) David J. Berghuis James R. Finley Donald E. Wiger Gary M. Schultheis Lynn L. Long J. M. Evosevich Arthur James Wells

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Psychologist The Clinical Documentation Sourcebook The Behavior Therapist Brief Therapy Homework Planner Sexuality Counseling The Gay and Lesbian Psychotherapy Treatment Planner The British National Bibliography *David J. Berghuis David J. Berghuis Robert R. Perkinson Bret A. Moore David J. Berghuis Arthur E. Jongsma, Jr. Natalie Sufler Bilynsky Arthur E. Jongsma, Jr. Laurie C. Grand Laurie C. Grand Arthur E. Jongsma (Jr.) David J. Berghuis James R. Finley Donald E. Wiger Gary M. Schultheis Lynn L. Long J. M. Evosevich Arthur James Wells*

utilizing the methodology of the bestselling practiceplanners series the complete anxiety treatment and homework planner provides an all in one resource for treating anxiety and anxiety related disorders saving time and paperwork while allowing you the freedom to develop established and proven treatment plans for adults children adolescents and other subgroups and populations includes a wide range of behavioral definition statements describing client symptoms as well as 25 customizable homework and activity assignments to be used during treatment provides long term goals short term objectives and recommended interventions as well as dsm iv trtm diagnostic suggestions associated with each presenting problem ready to copy exercises cover the most common issues encountered by a wide range of client groups struggling with anxiety and anxiety related disorders a quick reference format the interactive assignments are grouped by patient type such as employee school based child adolescent addicted adult acute inpatient and more expert guidance on how and when to make the most efficient use of the exercises includes access to ancillary site with downloadable resources including sample treatment plans and customizable homework exercises

a time saving resource fully revised to meet the changing needs of mental health professionals the complete adult psychotherapy treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and

federal agencies new edition features empirically supported evidence based treatment interventions including anger control problems low self esteem phobias and social anxiety organized around 43 behaviorally based presenting problems including depression intimate relationship conflicts chronic pain anxiety substance use borderline personality and more over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem or dsm 5 diagnosis includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

the bestselling treatment planning system for mental health professionals the addiction treatment planner fifth edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies new edition features empirically supported evidence based treatment interventions organized around 43 behaviorally based presenting problems including substance use eating disorders schizoid traits and others over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

the veterans and active duty military psychotherapy treatment planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of hmos managed care companies third party payors and state and federal agencies features empirically supported evidence based treatment interventions organized around 39 main presenting problems in treating veterans and active duty military personnel including substance abuse adjustment to killing anger management and domestic violence pre deployment stress survivors guilt and combat and operational

stress reaction over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options easy to use reference format helps locate treatment plan components by behavioral problem designed to correspond with the veterans and active duty military psychotherapy progress notes planner includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including carf the joint commission tjc coa and the ncqa

new and updated assignments and exercises meet the changing needs of mental health professionals the child psychotherapy homework planner fifth edition provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 93 ready to copy exercises covering the most common issues encountered by children such as academic underachievement low self esteem depression and separation anxiety a quick reference format the interactive assignments are grouped by behavioral problems including blended family problems divorce reaction adhd attachment disorder social anxiety language disorders and unresolved grief and loss expert guidance on how and when to make the most efficient use of the exercises assignments cross referenced to the child psychotherapy treatment planner fifth edition so you can quickly identify the right exercises for a given situation or problem downloadable content contains all the exercises in a word processing format allowing you to customize them to suit your and your clients unique styles and needs

the child psychotherapy progress notes planner second edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in the child psychotherapy treatment planner third edition the prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes organized around 33 main presenting problems that range from blended family problems and children of divorce to adhd attachment disorder

academic problems and speech and language disorders features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TR TM diagnostic categories in the child psychotherapy treatment planner third edition offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including the JCAHO and the NCQA

contains 80 ready to copy homework assignments that can be used to facilitate therapy with children expert guidance on how and when to make the most efficient use of the exercises assignments may be quickly customized using the enclosed CD ROM help children develop the skills they need to work through problems the child therapy activity and homework planner provides you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 80 ready to copy exercises covering the most common issues encountered in children in kindergarten through sixth grade a quick reference format the interactive assignments are grouped by behavioral problem such as anger management attention deficit hyperactivity disorder ADHD learning difficulties physical challenges and social skills as well as problems related to divorce and adoption expert guidance on how and when to make the most efficient use of the exercises a CD ROM that contains all the exercises in a word processing format allowing you to customize them to suit you and the child's unique styles and needs

now in its sixth edition the child psychotherapy treatment planner is an essential reference used by clinicians around the country to clarify simplify and accelerate the patient treatment planning process the book allows practitioners to spend less time on paperwork to satisfy the increasingly stringent demands of HMOs managed care companies third party payors and state and federal agencies and more time treating patients face to face the latest edition of this treatment planner offers accessible and

easily navigable treatment plan components organized by behavioral problem and dsm 5 diagnosis it also includes newly updated treatment objectives and interventions supported by the best available research new therapeutic games workbooks dvds toolkits video and audio to support treatment plans and improve patient outcomes fully revised content on gender dysphoria consistent with the latest guidelines as well as a new chapter on disruptive mood dysregulation disorder and bullying victim an invaluable resource for practicing social workers therapists psychologists and other clinicians who frequently treat children the child psychotherapy treatment planner sixth edition is a timesaving easy to use reference perfectly suited for busy practitioners who want to spend more time focused on their patients and less time manually composing the over 1000 pre written treatment goals objectives and interventions contained within

includes 62 elegantly designed client handouts that provide information in a clear user friendly format ideal for use in waiting rooms at presentations or as newsletters to help you inform clients and market your practice enclosed cd rom contains all of the handouts that you can print out and distribute to your clients help educate your couples and families on a variety of mental health topics the couples and family client education handout planner provides you with an array of ready to use handouts designed to educate your clients on a variety of issues and concerns related to their mental health and personal growth this easy to use sourcebook features 62 fact filled handouts on various psychological and emotional disorders and life skills techniques listings of resources where clients can go for reliable in depth information handouts that provide educational information on a wide variety of mental health issues affecting couples and families including addiction depression parent teen conflicts financial stress separation and divorce and many others a cd rom that contains handouts in a pdf format allowing you to easily print out and distribute them to suit you your clients and your practice s unique style and needs

includes 60 elegantly designed client handouts that provide information in a clear user

friendly format ideal for use in waiting rooms at presentations or as newsletters to help you inform clients and market your practice enclosed cd rom contains all of the handouts that you can print out and distribute to your clients help educate your child and adolescent clients on a variety of mental health topics the child and adolescent client education handout planner provides you with an array of ready to use handouts designed to educate your clients on a variety of issues and concerns related to their mental health and personal growth this easy to use sourcebook features 60 fact filled handouts on various psychological and emotional disorders and life skills techniques listings of resources where clients can go for reliable in depth information handouts that provide educational information on a wide variety of mental health issues affecting children and adolescents including attention deficit hyperactivity disorder adhd autism eating disorders abuse self esteem and many others a cd rom that contains handouts in a pdf format allowing you to easily print out and distribute them to suit you your clients and your practice s unique style and needs

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help clients suffering from chemical and nonchemical addictions develop the skills they need to work through problems the addiction treatment homework planner second edition arms you with an array of ready to use between session assignments designed to fit virtually every therapeutic mode this easy to use sourcebook features 78 copier ready exercises covering the most common issues encountered by clients suffering from chemical and nonchemical addictions a quick reference format the interactive assignments are grouped by behavioral problem such as gambling alcoholism nicotine dependence substance abuse and many others expert guidance on how to make the most efficient use of the exercises assignments that are cross referenced to the addiction treatment planner second edition so you can quickly identify the right exercise for a given situation or behavioral problem a cd rom that contains all the exercises in a word processing format allowing you to customize them to suit you and your clients unique styles and needs

all the forms handouts and records a mental health professional needs to meet the documentation requirements of the managed care era the paperwork required when providing mental health services in the current era of third party accountability continues to mount this updated and revised second edition keeps today s mental health professionals on top of all the latest developments by providing a full arsenal of forms checklists and clinical records essential to effectively manage a practice from intake to diagnosis and treatment through discharge and outcomes assessment the clinical documentation sourcebook offers sample forms for every stage of the treatment process expanded by 30 from the first edition the book now includes 30 fully completed forms as well as 36 ready to copy blank forms that are also provided on disk so they may be easily customized with the clinical documentation sourcebook you ll spend less time on paperwork and more time with clients ready to use blank forms handouts and records make it easy to satisfy the paperwork demands of hmos insurers and regulatory agencies completed copies of forms illustrate the exact type of information required clear concise explanations of the purpose of each form including when it should be used with whom

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in an era of brief therapy the time between sessions is an important component of the treatment process this easy to use sourcebook provides pre written psychotherapy homework assignments the exercises are grouped by skill set improving communication techniques changing your perspective developing new coping skills etc the book includes ready to copy blank exercises instructions on when and how to use the assignments and a floppy disk which contains word processing versions of every assignment in the book

features pre written treatment plan components behavioral definitions long term goals short term objectives therapeutic interventions and dsm iv diagnoses for special problems faced by gay and lesbian clients this planner includes coverage of issues such as helping gay and lesbian clients cope with adoption abusive partners coming out hate crimes internalized homophobia rape religious shame aids hiv suicidal ideation etc psychologists counselors therapists and other professionals who work with gay and lesbian clients will find this planner invaluable

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